

### **What is Home Healthcare?**

Home healthcare consists of broad range of professionals providing intermittent health care services within the comfort of your own home. They provide personalized care during the recovery from an illness, surgery, accident or exacerbation of a medical condition. Skilled Nursing and Rehabilitation services are delivered in a person's home under the direction of their primary doctor.

### **Who pays for this service?**

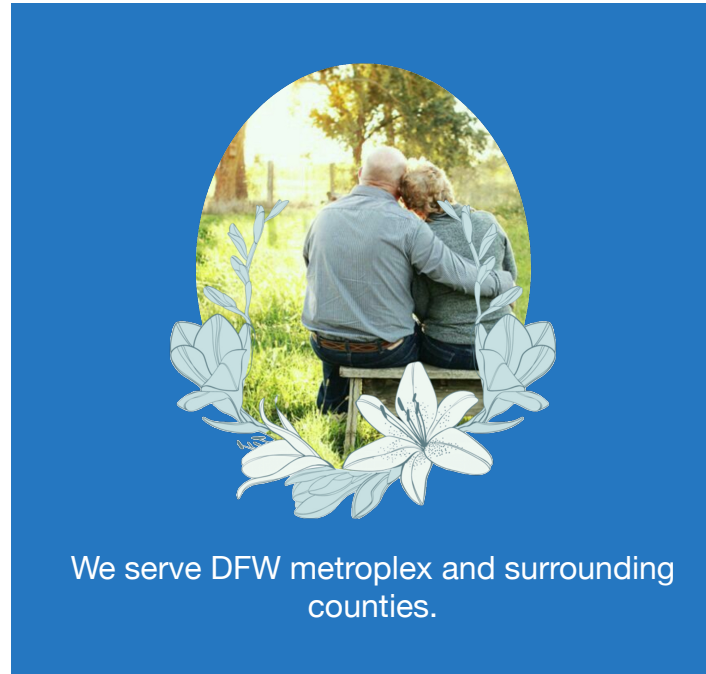
Medicare covers home healthcare at 100%. Medicaid also covers it at 100% with prior authorization. Most private insurance will cover home health services at little to no cost to you. Insurance companies have varying eligibility and payment policies. Because benefits can vary, we can find out with your insurance about your specific benefits. It is best to call our office and ask for assistance. We offer free consultation. To begin services, Please call our office or request your doctor to fax referral.

### **Why choose Independence?**

At Independence Home Health, we have created individualized specialty programs (see below) to focus on your unique needs to deliver highest quality care and achieve superior outcomes. These specialty programs are guided by expert clinical guidelines & evidence based practices. These customized care plan will aid physician's orders to achieve best outcomes. We strive to reduce patient hospitalizations, prevent falls, avoid medication errors, & work towards making you and your loved one healthy & independent within the comfort of your own home.

#### **Specialty Programs ®**

- Care Transition
- Respiratory Care
- Cardiac Care
- Post-operative Care
- Chronic Condition Management
- Orthopedic Care
- Neurology Care
- Balance/Fall Prevention
- Pain Management



We serve DFW metroplex and surrounding counties.

We have on call nurse available 24/7

For more information or questions call  
(469)-455-1797

For referrals  
e-Fax: (469)-455-1797 OR  
e-Mail: [referral@Independencehhc.com](mailto:referral@Independencehhc.com)

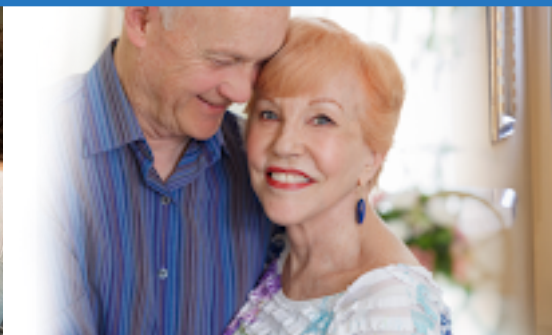
[www.IndependenceHhc.com](http://www.IndependenceHhc.com)



*Let us provide you  
High Quality Care!*

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### Who we are?

Independence home health is a TX Licensed and Medicare Certified family owned agency. We are accredited by CHAP®. We do not have any corporate affiliation. We have to work hard to earn your trust and your business, and we are always grateful to receive it. Our founders have over 20 years of combined home health experience.

Everyone who deals with Independence home health becomes *family*: Doctors, Nurses, Therapists, Patients and even their families. By providing this close-knit relationships, we can provide the highest quality of care. By making the patient and their family *in-charge*, we strive to bring back the *independence* of your life.

We are full-service home health agency specializing in medically complex patients with multiple medical diagnosis of cardiac, respiratory, endocrine, renal,

### Individualized Programs

- High Blood Pressure
- Diabetes
- COPD
- Coronary artery disease
- Recent Hospitalization
- Post-operative Care
- Stroke
- Infection
- Wound Care
- Knee, Hip replacement
- Muscle Weakness
- Chronic Pain
- Low back pain
- Alzheimer's
- Depression
- Dizziness
- Benign tumor
- Multiple Sclerosis
- Prosthetics
- Auto accident
- Heart Failure
- Neuropathy
- Pneumonia
- A-fibrillation
- Kidney Disease
- Spine Surgery
- TIA
- Cellulitis
- Lymphedema
- Bone Fracture
- Fall / Balance
- Fibromyalgia
- Arthritis
- Dementia
- Anxiety
- Vertigo
- Cancer
- Parkinson's
- Prosthetics

### Our Clinicians

**Skilled Nurse (SN):** Our nurses develop individual care plans, monitor temperature, blood pressure, blood sugar, provide patient and caregivers teaching on medications, medical condition management and coordinate care with the health care team.

**Physical Therapist (PT):** Our PTs assist you with getting around better such as walking safely & getting up from chair/toilet easily. They also train on strengthening, balance exercises and improving energy. They can provide home assessment & equipment training to ensure you can be safe & independent in your home as much as possible.

**Occupational Therapist (OT):** Our OTs provide training on daily living activities, energy conservation, work adaptation, cognitive training and orthosis.

**Speech Language Pathologist (SLP):** Our SLPs evaluate and train patients with speech, language, voice, swallowing and cognitive disorders.