

I was referred to Dr. Talerico for Nutrition by a family member. She did not disappoint. She is so very nice, extremely knowledgeable and genuinely cared about what was going to work for my body and help me reach my goals. She listened to my concerns, and did not give unrealistic expectations or quick fixes. She educated me so that I can carry on what I learned when I am on my own. She makes her self accessible as well. If you have any questions or concerns between appointments, she always gets back to you in a timely manner. I truly enjoy my appointments with Dr. Trish and look forward to reaching my health and wellness goals with her by my side. ~ Nina L