

HopeLife Counseling
Healey E. Ikerd, MS, LPC, LMFT, CCMHC
PO Box 11051; Fayetteville, AR 72703
479-202-4206

This information is kept confidential.

Date: _____

Name: _____

Gender (M/F) _____ Age: _____ Date of Birth: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Cell Phone: _____

Is it okay to leave a message at either of these numbers? _____

Employed by: _____ Work Phone: _____

Email: _____ / _____

Is it okay to email you? _____

Religious Preference: _____

Please rank the importance of your faith and spiritual issues:

(lowest) 1 2 3 4 5 6 7 8 9 10 (highest)

Do you want your faith integrated into counseling? _____

Family Information

Marital Status: Single _____ Separated _____ Married _____ Divorced _____ Widowed _____

If Single, Dating _____ Committed relationship _____ Engaged _____

If married, number of years: _____ If divorced, number of years: _____

Spouse Name: _____ Age: _____

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Children: (Name and Age)

Medical Information

General Health _____

Are you now under a doctor's care? _____ If yes, name of doctor _____

Reason for doctor's care _____

Are you taking any medication? _____ If yes, what kind? _____

Reason for medication _____

Do you use alcohol or drugs to (check all that apply): Manage stress? ____ To relax? ____ To change mood? ____ For sleep? ____ If yes, how many years? _____

Crisis Information

Are you having any current suicidal thoughts, feelings or actions?

Y__ N__ If yes, please explain: _____

Any current homicidal or violent thoughts or feelings, or anger control problems?

Y__ N__ If yes, please explain: _____

Any issues, hospitalizations, or imprisonments for suicidal or assault behavior?

Y__ N__ If yes, please explain: _____

Any current threats of significant loss or harm (illness, divorce, custody, job loss, etc.)?

Y__ N__ If yes, please explain: _____

In case of emergency, who is to be contacted?

Name: _____ Relationship: _____

Phone (s): _____

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Primary reason for seeking services:

- | | | | |
|--|---|--|---|
| <input type="checkbox"/> Anger Management | <input type="checkbox"/> Anxiety | <input type="checkbox"/> Coping Skills | <input type="checkbox"/> Depression |
| <input type="checkbox"/> Eating Disorder | <input type="checkbox"/> Fear/Phobias | <input type="checkbox"/> Trauma | <input type="checkbox"/> Sexual Concerns |
| <input type="checkbox"/> Sleeping Problems | <input type="checkbox"/> Addiction | <input type="checkbox"/> Grief | <input type="checkbox"/> Spiritual Issues |
| <input type="checkbox"/> Relationship Concerns | <input type="checkbox"/> Marital Issues | <input type="checkbox"/> Career/Job Issues | <input type="checkbox"/> Infidelity |
| <input type="checkbox"/> Sexual Abuse | <input type="checkbox"/> Domestic Abuse | <input type="checkbox"/> Court Ordered | <input type="checkbox"/> Parenting |

Other Mental Health Concerns: _____

Previous counseling experience: _____

What do you hope to gain from therapy? _____

Other information (past or present) that might be helpful for therapist to know: _____

Referred by: _____

No information is shared with referral source.

Signature: _____ Date: _____