



## Post Spray Tan Guide

### WHILE DEVELOPING

---

- Do not get wet or sweat until after your first warm water rinse. Do not sweat or wash with any soap until 24 hours after your session.
- Make sure to avoid **ALL** fitted or tight clothing after your spray tan application. (Long sleeved t-shirts, long pants & flip flops or lightweight loose slippers are the BEST option to avoid color transfer or color absorption into the clothes)

### RINSE & AFTER CARE

---

- Wait for your designated time to rinse.  
(Tori will tell you at the end of your appointment of what time to rinse)
- 1st Shower:  
Use luke-warm water only (NO soap, pat to dry, don't rub)
- 2nd Shower: (24 hours after appointment)  
Use a PH balanced, mineral oil, sulfate, paraben, alcohol, phosphates **free**, spray tan safe body wash (spray tan safe body wash is available for purchase in the studio as well). Please make sure that whatever you use they **do not** have exfoliating products.
- Hydrate after each shower with a sulfate, paraben, fragrance & mineral oil free moisturizer (ask about our tan extender & moisturizers available)

**I can't stress this enough, be sure to moisturize, hydrate & drink plenty of water, before, during & after your tan! - Tori**