

Thank you for your interest in our Directory of Fresh Pet Food Professionals. It's our goal to provide as many qualified resources as possible for the vast number of people seeking nutritionally adequate recipes to feed to their pets. For this reason, our baseline criteria involves the ability for professionals to formulate recipes that adhere to established nutritional guidelines (AAFCO, NRC or FEDIAF) and beyond meeting minimum established nutritional requirements.

We plan to include a summary paragraph and a photo or image in the profiles on the site. Please feel free to submit those to us when you return this form by email.

FOR PUBLICATION IN THE ONLINE DIRECTORY:

Name: Sabine Contreras

Business Name: Better Dog Care

Website and/ or Facebook Page: <http://www.betterdogcare.com>
<https://www.facebook.com/BetterDogCare>

Geographic Location: Los Angeles, CA but consulting worldwide

Language(s): English, German

- Currently Taking New Clients
 Not Currently Taking New Clients

Do you formulate for:

- Dogs
 Puppies
 Cats
 Kittens
 Medical or special-needs pets
 Other Species ()

General Food Philosophy / Feeding Approach:

I strive to build the most supportive proactive or therapeutic diet for each individual. At the same time I take the needs of the caretaker into consideration to ensure that preparing a homemade diet is not a great burden - including where the human has special needs or limitations.

Areas of Focus:

Special needs including weight management, hepatic, renal, cardiac, allergy/sensitivity, gastrointestinal, elimination diet protocol, hyperuricosuria, multiple concurrent health issues.

Experience / Education / Credentials / Apprenticeship/ Training:

I have been consulting on commercial pet food since 2002 and formulating custom diets for clients worldwide since 2005. After completing coursework in Animal Nutrition, Care, Physiology, Diseases and Parasitology, I earned my certification in Animal Care from the University of Guelph, Ontario, Canada in 2006.

Continuing Education:

Independent study

Membership in Professional Organizations:

When creating diets, what Nutritional Standards do you formulate to (check all that apply):

- AAFCO 2020
- NRC 2006
- FEDIAF 2020
- Other (Please specify: _____)

What methods, tools, and / of software(s) do you use for formulating:

NRC 2006 publication, USDA Database for Standard Reference and independent or manufacturer-provided nutritional analyses in a proprietary utility.

How many diets (approximately) have you formulated professionally for paying clients?

- 1-25
- 26-50
- 51-100
- More than 100

My Professional Product includes:

- Recipe / Meal Plan (PDF or other printable document)
- Cooked recipes if desired
- Raw recipes if desired
- Identification of Nutritional Standard Used (Atwater/ Modified Atwater, AAFCO, NRC or FEDIAF, life stage and activity level)
- Preparation Instructions
- Nutrient levels (including macronutrients, vitamins, minerals, amino acids and fats)
- Calorie Information
- Feeding Advice
- Phone Support
- Email Support

Do you assist pet parents who want to add fresh foods to an otherwise commercial processed diet?

- Yes
- No

Do you assist pet parents who want to optimize a diet based on commercial raw products?

Yes

No

Do you offer reviews of recipes, meal plans, diets, guaranteed analysis and pet food ingredient lists to help pet parents feed more nutritionally optimal diets?

Yes

No

In addition to customized individual recipes and plans, do you have any general DIY nutritionally complete recipes available online for purchase or complimentary use? If so, please supply the links to them online.

Yes (Please supply links)

No