PREMIER PHYSICAL THERAPY & SPORTS PERFORMANCE

www.lvpremierpt.com

Welcome!

We are pleased that you have selected Premier Physical Therapy & Sports Performance (PPT) for your rehabilitative care and physical therapy needs. Our goal is to have you pain free and functional again in as short of time as possible, but physical therapy is a process and based upon your diagnosis and current status, this process may take a few days or a few months. Please let us know how we can serve you best since you are the reason why Premier Physical Therapy & Sports Performance was founded. We hope you enjoy your time with us as we dedicate ourselves to helping you reach your full recovery potential.

Please fill out the attached forms legibly, accurately and completely. This information will be held in strict confidence in accordance with HIPAA as amended and is essential to ensure your understanding of our billing procedures, our determination of your physical therapy diagnosis and developing your complete, individualized, functional plan of care. You have access to your records upon request at any time (subject to record retention regulations). We will require five to ten business days notice to comply with your request fully.

Thank you!

The Premier Physical Therapy Team

Premier Physical Therapy & Sports Performance (PPT)
In Partnership with Fallon Physical Therapy

Patient Information
Please print all information in the spaces provided. Be sure to complete all applicable information.

Last Name ______________________ First Name ______________________ M.I______

DOB ______________ SS# ______________________ ☐ Male ☐ Female

Address ______________________ Apt#______ City ______________ ST____ Zip________

Primary Phone # (______)______________ Cell/ Home Other #: (______)______________ Cell/ Home

Email Address ______________________________

Referring Doctor: ______________ Phone (______)______________ Next follow-up?________

Name and phone # of contact in case of an emergency: ______________________ Relation: __________

Have you received any treatments this year, such as chiropractic, physical, occupational, or speech therapy? ☐ YES ☐ NO

Insurance Information:

Primary Insurance

Insurance Company ______________________________

Employer______________________________

Name of Insured ______________________ DOB __________ Relationship to Patient __________

Secondary Insurance

Insurance Company ______________________________

Name of Insured ______________________ DOB __________ Relationship to Patient __________

Injury Information:

Is your injury job related? **YES** **NO** Date of injury __________

Is your injury due to a motor vehicle accident? **YES** **NO** Date of injury __________

Is your injury due to a Premises Liability? **YES** **NO** Date of injury __________

Is your injury due to an Assault or Battery? **YES** **NO** Date of injury __________

I hereby authorize payment of medical benefits billed to my insurance to PPT. I hereby accept responsibility for payment for any service(s) provided to me which is not covered by my insurance. I also accept responsibility for fees which exceed payment by my insurance if PPT does not participate with my insurance. I agree to pay all copayments, coinsurance, and deductibles at the time the service is rendered.

______________________________ ______________

Signature of patient or legal guardian/representative **Date**

Rev 2/27/23

Premier Physical Therapy & Sports Performance (PPT)

Please Read & Initial All...

_____ **Cancellation Policy:** We request that when possible you give us 24-hour notice if you need to cancel an appointment. We are flexible and understand that situations beyond our control do arise. We will work with you to get your appointment rescheduled without penalty if you call us prior to your appointment time. By initialing, you acknowledge that it is at our discretion to charge you a fee of $85 if you "no call, no show" an appointment.

_____ **Financial Policy:** I understand that I am financially responsible for all charges for services to me, including the balance remaining after payments of possible insurance benefits. I understand that when applicable, my payment portion is collected at the time services are rendered. I hereby authorize payment of medical benefits billed to my insurance to PPT. I hereby accept responsibility for payment for any service(s) provided to me which is not covered by my insurance. I also accept responsibility for fees which exceed payment by my insurance if the Practice does not participate with my insurance. I agree to pay all copayments, coinsurance, and deductibles at the time the service is rendered.

_____ **Collection Policy:** I understand that any outstanding balance on my account may be referred to an outside collection agency or attorney; if so, a collection fee of 33% will be added to the total balance due at the time my account(s) are referred. Methods of contact may include using pre-recorded/artificial voice messages and/or use of an automatic dialing device, as applicable. By initialing, I have read this disclosure and agree that PPT/collection agency/attorney may contact me as described above.

_____ **Assignment of Benefits:** I authorize payment of medical benefits to me or the names provided for professional services rendered by PPT.

_____ **Commitment agreement:** I understand the commitment to the process of physical therapy. I understand to dedicate myself to scheduling appointments according to my doctor's prescription or therapist's discretion. Be consistent in my attendance by not missing scheduled appointments. Be dedicated to my home exercise program and self-treatment so I can achieve the best possible results.

_____ **Treatment Consent:** I understand and represent that I have a condition requiring physical therapy intervention, and consent to the delivery of such care by PPT. In order to improve my physical condition in regards to pain, range of motion, strength or other type of physical impairment, I request and consent to evaluation and treatment by the staff of PPT. I request and authorize PPT to render treatment and to perform procedures that are reasonable and necessary for my diagnosis. I acknowledge that physical touch of or contact with my body by my therapist or staff member may be necessary to render appropriate treatment and hereby consent to such touching and/or physical contact. I understand that my physical therapy care and treatment may be provided by a physical therapist, physical therapist assistant, and/or physical therapy tech. I acknowledge that there are certain risks involved with a physical therapy program, and understanding such risks, have elected to proceed with said physical therapy program. I will promptly inform my therapist of any changes in my condition (medical, physical, etc.,) or medications, as they may necessitate change in my therapy program. I will immediately stop any procedure, activity or treatment and inform my therapist of any symptoms of pain, fatigue, shortness of breath, dizziness or nausea that may develop during treatment; and shall stop or decline any part of such procedure, activity or treatment should I feel any pain, discomfort, uneasiness, or have any other concerns.

_____ **Minors / Children / Chaperone:** I recognize that any Minors/Children/Chaperone that may accompany me to my appointments will be my responsibility and I accept liability for their actions in and around the facility and I release LVPPT from all responsibility and liability. I agree to comply with the requests of the staff if my minor's/children's/chaperone's actions become disruptive. I understand only patients are allowed in the treatment area for everyone's safety. However, my chaperone may accompany me to the treatment area if medically necessary.

_____ **Contact:** You agree in order for PPT/Collection Agency/Billing Company to service your account, collect any amounts you may owe or convey any other information regarding your treatment (including, but not limited to, appointments, insurance information, health care information, surveys, marketing content, and/or balance forwards, etc.), PPT/Collection Agency/ Billing Company may contact you by telephone at any telephone number associated with your account, including wireless telephone numbers which could result in charges to you. PPT/Collection Agency/ Billing Company may also contact you by text messages or emails using any email address or any telephone number you have provided to us at any time.

____ ________________

Signature of patient or legal guardian/representative **Date**

Rev 2/27/23

Premier Physical Therapy and Sports Performance (PPT)
HIPAA Information and Consent Form

The Health Insurance Portability and Accountability Act (HIPAA) provides safeguards to protect your privacy. Implementation of HIPAA requirements officially began on April 14, 2003. Many of the policies have been our practice for years. This form is a "friendly" version. A more complete text, as amended, is posted in the office and is available upon request.

What this is all about: Specifically, there are rules and restrictions on who may see or be notified of your Protected Health Information (PHI). These restrictions do not include the normal interchange of information necessary to provide you with office services. HIPAA provides certain rights and protections to you as the patient. We balance these needs with our goal of providing you with quality professional service and care. Additional information, illustrations and the full complete law, which includes educational videos, are available from the U.S. Department of Health and Human Services. www.hhs.gov

We have adopted the following policies:

1. Patient information will be kept confidential except as is necessary to provide services or to ensure all administrative matters related to your care are handled appropriately. This specifically includes the sharing of information with other healthcare providers, laboratories, and health insurance payors as is necessary and appropriate for your care. Patient files may be stored in open file racks and will not contain any coding which identifies a patient's condition or information which is not already a matter of public record. The normal course of providing care means that such records may be left, at least temporarily, in administrative areas such as the front office, examination room, etc. Those records will not be available to persons other than office staff. You agree to the normal procedures utilized within the office for the handling of charts, patient records, PHI and other documents or information.

2. It is not the policy of this office to remind patients of their appointments. If, however, we choose to do so, we may do this by telephone, e-mail, U.S mail, or by any means convenient for the practice and/or as requested by you. We may send you other communications informing you of changes to office policy and new technology which you might find valuable or informative.

3. The practice utilizes a number of vendors in the conduct of business. These vendors may have access to PHI but must agree to abide by the confidentiality rules of HIPAA and have been offered Business Associate Contracts to execute.

4. You understand and agree to random inspections of the office and review of documents which may include PHI by government agencies or insurance payors in normal performance of their duties.

5. You agree to bring any concerns or complaints regarding privacy to the attention of the HIPAA Compliance Officer or the physical therapist. If you do not believe your complaints are being heard or acted upon you may contact HHS.

6. Your confidential information will not be used for the purposes of marketing or advertising of products, goods or services.

7. We agree to provide patients with access to their records in a timely manner in accordance with state and federal laws.

8. We may change, add, delete or modify any of these provisions to better serve the needs of both PPT and the patient.

9. You have the right to request restrictions in the use of your protected health information and to request change in certain policies used within the office concerning your PHI. However, we are not obligated to alter internal policies to conform to your request.

I, ______________________________, do hereby consent and acknowledge my agreement to the terms set forth in the HIPAA INFORMATION FORM and any subsequent changes in office policy. I understand that this consent shall remain in force from this time forward even though amendments may be enacted.

DATED: ____________________

HIPAA Right of Access Form for Family Member/Friend

I, ______________________________, authorize Premier Physical Therapy & Sports Performance, their billing company(ies), affiliates and/or payers (collectively known as "Company") to discuss my case/treatment (including, but not limited to, appointments, treatment, billing, and/or anything related to my case/treatment) and/or disclose and release my protected health information described below to:

Name: ____

Relationship: ____

Address: ____

City, State & Zip: ____

Cell #:____________________Home #: ________________ Other:____________

Health Information to be disclosed upon the request of the person named above
(Check either A or B):

_____A. Disclose my complete health record (including, but not limited to, diagnoses, lab tests, prognosis, treatment, appointments, and billing, for all conditions)

_____B. Disclose my health record, as above, BUT do not disclose the following (check as appropriate):

- ____Mental health records
- ____Communicable diseases (including HIV and AIDS)
- ____Alcohol/drug abuse treatment
- ____Other (please specify): ________________________________

Form of Disclosure: I authorize Company, to disclose my protected health information verbally, electronically, through an online portal, and/or via hard copy unless another format is mutually agreed upon between Company and designee.

This authorization shall be effective until (check one):

_____All past, present, and future periods, OR

_____Until (date)________________________ unless I revoke it. (NOTE: You may revoke this authorization in writing at any time.)

____ ____________________

Name of the Individual Giving this Authorization Date of birth

____ ____________________

Signature of the Individual Giving this Authorization Date

HIPAA Authority for Right of Access: 45 C.F.R.

Premier Physical Therapy and Sports Performance (PPT) Medical History

(Federal regulations require a medical history to be included in your medical chart)

Patients Name: ______________________________

Do you have/or ever had any of the following:

Diabetes	Yes	No	Sensitive Heat/Ice	Yes	No
High Blood Pressure	Yes	No	Currently Pregnant	Yes	No
Heart Disease	Yes	No	Other Allergies	Yes	No
Heart Attack	Yes	No	Previous Surgery	Yes	No
Pacemaker	Yes	No	Hernia	Yes	No
Headaches (chronic)	Yes	No	Seizures	Yes	No
Kidney Problems	Yes	No	Metal Implants	Yes	No
Nervous Disorders	Yes	No	Cancer	Yes	No
Visual/hearing Impairments	Yes	No	Peripheral Neuropathy	Yes	No
Numbness	Yes	No	Tingling	Yes	No

Other health condition(s) past or present: ______________________________

List Relevant Surgeries : ______________________________

Date of past Surgeries: ______________________________

Are you presently taking any medication? Yes________ No________

Medication Name	Condition
1.____________	____________
2.____________	____________
3.____________	____________
4.____________	____________
5.____________	____________
6.____________	____________

The above information is correct and complete to the best of my knowledge, information and belief

______________________________ ____________

Patient Signature Date

Rev 2/27/23

Patient Health Questionnaire

Patient Name______________________________ **Date**________________________________

1. **Chief Complaint** ____

____

A. **DOI/Surgery** ___________________________

B. **What tests have you had for you symptoms and when were they performed?**

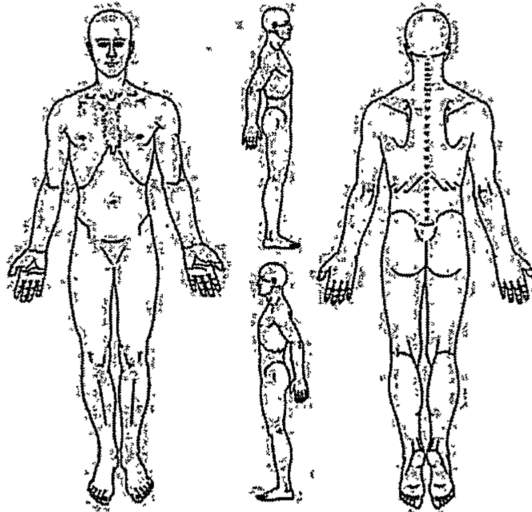
A. X-rays Date_______________ B. MRI Date________________ C. CT Scan Date ___________

C. In general, would you say your overall health right now is....

1. Excellent 2. Very Good 3. Good 4. Fair 5. Poor

2. **How often do you experience your symptoms? Indicate where you have pain or other symptoms**

A. Constantly (76-100% of the day) B. Frequently (51-75% of the day)
C. Occasionally (26-50% of the day) D. Intermittently (0-25% of the day)



3. **What describes the nature of your symptoms?**
A. Sharp B. Dull Ache C. Numb D.Shooting E. Burning F. Tingling

4. **How are your symptoms changing?**
A. Getting Better B. Not changing C. Getting Worse

5. **During the past 4 Weeks, indicate the average intensity of your symptoms?**

None Unbearable
0 1 2 3 4 5 6 7 8 9 10

______________________________________ ________________________

Patient Signature Date

Rev 2/27/23