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## **PREMIER PHYSICAL THERAPY & SPORTS PERFORMANCE**

www.lvpremierpt.com

Date: \_\_\_\_\_ Pt. Name: \_\_\_\_\_

Pt. DOB: \_\_\_\_\_ Pt. Phone #: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Referring Physician: \_\_\_\_\_

### **Evaluate & Treat**

Neck  Back  Shoulder  Wrist/Hand  Hip  Knee  Ankle/Foot

#### Functional Programs/Procedures:

- |   |   |
|---|---|
| <input type="checkbox"/> Pain Management                            | <input type="checkbox"/> Range of Motion              |
| <input type="checkbox"/> Manual Therapy                             | <input type="checkbox"/> Joint Mobilization           |
| <input type="checkbox"/> McKenzie Program                           | <input type="checkbox"/> Therapeutic Exercise         |
| <input type="checkbox"/> Posture/Body Mechanics Training            | <input type="checkbox"/> Functional Strength Training |
| <input type="checkbox"/> Home Exercise Program/Patient Education    | <input type="checkbox"/> Functional Mobility Training |
| <input type="checkbox"/> Work Conditioning/Work Hardening           | <input type="checkbox"/> Proprioceptive Training      |
| <input type="checkbox"/> Functional Capacity Evaluation (FCE)       | <input type="checkbox"/> Core/Lumbar/Stabilization    |
| <input type="checkbox"/> Functional Restoration Program             | <input type="checkbox"/> Vestibular/Balance Therapy   |
| <input type="checkbox"/> Pain Education Program                     | <input type="checkbox"/> Soft Tissue Mobilization     |
| <input type="checkbox"/> Corrective Exercise Program                | <input type="checkbox"/> Strain-Counterstrain         |
| <input type="checkbox"/> Osteoporosis Program/Power Plate Training  | <input type="checkbox"/> Myofascial Release           |
| <input type="checkbox"/> Injury Prevention/Kinetic Chain Assessment | <input type="checkbox"/> Other: _____                 |
| <input type="checkbox"/> Performance Enhancement/Return to Sport    |   |

#### Modalities:

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Electrotherapy (TENS/IFC) | <input type="checkbox"/> Biofeedback/NMES | <input type="checkbox"/> Moist Heat             |
| <input type="checkbox"/> Cryotherapy               | <input type="checkbox"/> Paraffin         | <input type="checkbox"/> Contrast Bath          |
| <input type="checkbox"/> Ultrasound/Phonophoresis  | <input type="checkbox"/> Iontophoresis    | <input type="checkbox"/> Infrared Light Therapy |

Frequency \_\_\_\_\_ x week                      Duration \_\_\_\_\_ weeks

Physician Signature: \_\_\_\_\_

*The above treatment program is approved and considered medically necessary*