

The Official Newsletter of the SHIRE WOODWORKING CLUB Inc. Reg. No. Y2889524
"The WORKSHOP", 2B Turriell Bay Road, Lilli Pilli. NSW. 2229
Workshop Phone 0490 861 606 Membership Enquiries: (02) 9522 7674 Newsletter Editor: Phone 0414 538 475

An election day visitor to our sales stall outside the Gallery



On his way to the polling station at the school next door to our workshop. Stopping to admire Ray Tregoning's lovely Santa sleigh.

Permanent Change to Friday workshop days

Members, please note that due to lack of demand the June monthly meeting decided to revert Friday from a standard club day to a 3 member in attendance day (arranged by those members). The club calendar on page 8 has been updated to reflect the change.

Members your annual subscription is now due.

The \$30 subscription is money well spent. You get access to excellent equipment, great advice, friendly members and a home away from home where you can make lots of sawdust and build your own project or you can work on projects to assist other members of the Sydney community. **If you don't have the club's bank details for electronic transfers, contact the Club's Treasurer, Alan Ritchie for those details.**

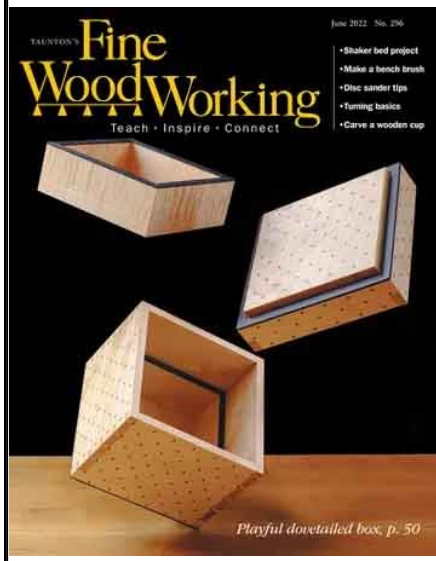
CLUB COMMITTEE:

President: Ian Rudd
Vice President: Malcolm Armstrong
Secretary: Graham Ethell
 Telephone 9522 7674
Treasurer: Alan Ritchie
Committee Members: Roger Dixon, David Edwards
 Maurice Smith

SUB-COMMITTEES & Auxiliary Positions

Assistant Secretary: Roger Dixon
Assistant Treasurer: Roger Walsh
Project Sub-Committee: Barry Gardner, Alan Ritchie,
 Bob Quigley & Ray Tregoning.
Librarian: Roger Walsh
Safety Officers: Roger Dixon, David Edwards, Graham
 Ethell, Alan Ritchie, Ian Rudd & Ray Tregoning.
Welfare Officer: Peter Mott
First Aid Officers: Graham Ethell & Alan Ritchie
Newsletter Editor: Maurice Smith
Assistant Newsletter Editors: TBA
Catering Officers: Richard Cain, Steve Lansley, Trevor
 Lewis, Neil Mathews, Lynn Messenger & Ray Tregon-
 ing
Equipment & Training : Roger Dixon, David Edwards,
 Neil Mathews, Alan Ritchie, Ian Rudd, Ray Tregoning
 & James Windschuttle
Raffles: Peter Mott
Exhibitions Sub-Committee: Malcolm Armstrong, Roger
 Dixon, Graham Ethell & Mike Green
Property Sub-Committee: Roger Dixon, David Ed-
 wards, Graham Ethell, Bob Quigley, Alan Ritchie &
 Ray Tregoning
Toymaking: Malcolm Armstrong, Barry Gardner, Gary
 Halder, Steve Lansley, Neil Matthews, Glen Reeve,
 Reno Scriberras & Maurice Smith.
Woodcarvers' Liaison: Don Williams

Librarian's Report *We have received the latest edition of Fine WoodWorking magazine, June 2022 Issue 296. A good tip under workshop tips for 'simple, effective setup for trimming plywood edging. Check out the Woodpeckers section for shop aids. Interesting article on 'Carve a wooden cup'. An article on the 'Versatile Disc sander'. Take a look at a 'Low Pencil-Post Bed' explanation plus plans plus the article 'Polka Dot Box' makes a perfect gift. Magazine in the Gallery. Happy and Safe Woodworking. Roger Walsh - Club Librarian.*



**MAXIDAY:
 SATURDAY 11 JUNE, 2022
 AGENDA**

8:45am	Open Lilli Pilli Workshop and Gallery
9:00am	Monthly Meeting
9:30am	Video — Ian's selection
10:00am	Morning Tea
10:30am	Show & Tell
11:00am	Visitor—Paramedic Justine Fisher - Drugs and Alcohol in our community
12:00noon	Lunch –
1:00pm	Raffle Draw
1:30pm	Members projects
3.00pm	Workshop Close

Presidents Report June 2022

Please be aware that our expenses are continually rising and our fundraising is declining. Covid has caused the cancellation of the Gynea Fair for the last two years and this has always been a major event for our club. The results of our sales on election day were extremely disappointing and where election days in the past were a great source of income, changes in pre polling now have significantly reduced this opportunity. We have a Bunnings Sausage BBQ booked for Saturday 3rd September at the Taren Point/Caringbah store. We are looking for members to assist on that day.

During May, the club purchased two Gripper Push Handles to be used when appropriate for ripping when using either of the two Saw Stop table saws. These items reduce the risk of accidents and I urge all members to learn how to correctly use these aids. They are not intended for every table saw visit but do provide safe working practice when ripping shorter lengths.

When using any of our three bandsaws, always check the alignment of the rollers before switching the band saw on. Make sure the height adjustment is correctly set and locked for the piece of wood you are about to cut. Always make sure the saw has been turned off and the blade is stationary before you clean down and leave the machine.

My thanks to Roger Dixon and Bob Quigley for carrying out the necessary maintenance on the Micronair Dust Collection system and also to Bob Quigley and Graham Ethell for completing the electrical Test and Tag program on all our equipment.

Happy Woodworking. Ian Rudd President

2022 Plank Competition is under way

The planks for the competition have arrived and ready to be collected. The annual competition to make toys for the club to sell or donate to a charity is a great opportunity for members to be creative and enhance their skills. This year's planks are really great quality.

Members are asked to make toys from their plank. We don't care whether you follow some plans in one of our library books or magazines or whether you just make up the design as you go. The key thing is to enjoy the process and build your skills.

If you're new to the club the competition is in three groups. Class C is for any member who hasn't placed first or second in any of the previous competitions. Class B is for members who have placed first or second in previous competitions. Class A is for any member who has won Class B in previous competitions. Winners and placegetters receive Bunnings gift vouchers as well.

The photos below show some of the toys made by members in previous years, some of these toys won prizes in their respective groups, some didn't.



SHOW & TELL

Cobb & Co stage a mini comeback

Barry Gardner reports: On my "must make" list for many years was a timber model of a Cobb & Co coach. With more than a passing interest in Australian history I was fascinated on how Australians post 1788 travelled so readily around the countryside. We are talking of the pre steam and pre internal combustion engine. The only alternatives were by walking, riding a horse and cart or by boat on the rivers or creeks. This was the case until the gold rush started in Victoria in the 1850's.

Four Americans arrived on the Victorian Gold fields in 1853 and had shipped with them 10 "Concord" style coaches. These coaches were unique in that the coach was sprung on leather straps thus giving a less bumpy ride than the usual rigid cart. Initially their business was named "American Telegraph Line of Coaches. However the name changed to Cobb & Co. Freeman Cobb a 23 year old was the promotor but may have been sent to Victoria by Adams Express a US freight forwarder to set up a coaching business to the goldfields. Cobb & Co immediately spread to NSW and to Queensland in 1865. In 1865 Cobb & Co was sold and Cobb returned to the USA. The name Cobb & Co appears to have become almost a generic name for coaching in Victoria, NSW and Queensland. There was no standard Cobb & Co coach. Each reasonably sized town in each state generally had a blacksmith, a wheelwright and a coach builder and these artisans used to make the local passenger coaches.



At one stage in the 1880's it was understood that Cobb & Co had over 6,600 horses under its control. It is important to remember in the 1850's to the 1920's roads were not what they are today and at best a coach horse may get up to a canter speed.

There are hundreds if not thousands of stories surrounding travelling on these coaches and the pitfalls associated with such travels. Here is just one to whet your appetite. Around 1865 the bushranger Ben Hall held up the Royal Mail Coach just outside Harden in south western NSW. Some of his spoils as a result of the holdup he took the silver fob watches from a number of passengers. He then proceeded to melt down the watches until they became a solid blob of silver. With the police hard on his tracks he attempted to sell the silver to the Barnes General Store at Murrumburrah, NSW. They refused to buy the silver and as the police were very close he spooked and left the silver and fled. That lump of silver was used as a paper weight in the store until it closed in the 1960's. That lump of silver is still in the possession of the Barnes family.

Back to the model; I started with a plan to make a full size Cobb & Co Coach. (Not a model) But determined that this was well beyond my limited abilities, I did further searches but could not find a plan to make a model. Reluctantly, about 4 years ago I downloaded a plan from CNC of a very basic model of a "stage coach & 4 horses". With the help of President Ian (many thanks Ian) The basics of a stage coach were cut out on the laser. From that point many hours spent on attempting to get it near what an early Cobb & Co coach would look like. Given time and the inclination I would start again."

SHOW & TELL

Ian Rudd's unique Yin Yang Keepsake Box

This box has two drawers that open simultaneously from each end. The idea of how to make this box came from some clever packaging of a simple magnifying glass that I purchased. This packaging intrigued me because of how it opened. I spent many hours studying the packaging to figure out how it worked. The engineer in me was challenged.



My box uses some very strong Mylar film in a loop and the drawers are fixed to the loop. Because of the loop when the top drawer is opened the bottom drawer is also opened. The top side of the box was laser engraved with the Yin Yang symbol; it was sanded to a 400 grit finish and then finished with six coats of Feast Watson Satin Wipe On Poly.



Neil Matthews



"When you find that you have a number of thin offcuts you look to find a use for them instead of throwing them out. Solution: put them through the thicknesser so that they are all the same thickness, cut them and turn them into crucifixes.



I recently made some bandsaw cats and found the kids up bush loved them. In response, I drew an outline of the 3 pieces, and made a pdf copy to program the Laser. I asked Alan if he could cut some out on the Laser for me. Alan cut up a couple of bits of plywood and we finished up with 7 cats.

Maybe someone will buy them?"

Has Roger Dixon taken up knitting?



The Shire Woodworking club wishes to thank Margaret Towell for her kind donation of knitted bears made by her for The Children's Hospital, Randwick.

They will be delivered to the hospital together with other (wooden) items made by the club.

Roger Dixon is showing Margaret's work.



SHOW & TELL

Gary's Acoustic Guitar

Gary Bye has told your editor:

The guitar is a custom made based on an OM type design.

Timbers used are as follows:

- *Sound box front is Australian red cedar,*
- *The back and sides are an unknown Australian hardwood, this timber was part of the billiard table donated to the club.*
- *Neck, kerf linings and internal back bracing is Queensland maple*
- *Sound board bracing and back internal joining strip is Sitka Spruce (native to North America)*
- *The rosette on the sound box is a manufactured and dyed timber insert.*
- *Sound box external binding is Jarrah (West Australian hardwood)*
- *The bridge and fret board are Gidgee (Australian timber, third hardest timber in the world)*
- *The machine head veneer is teak (Asian hardwood, very resistant to rot).*



The finish is 6 coats of Danish oil and 2 coats of Gilly Stephenson polish. The fret board is finished with lemon oil.

The machine heads (the hardware at the top of the guitar) are made by Gotoh (in Japan), the nut and bridge are bone .

Editor here: The guitar is truly an international one judging by the source of the timbers incorporated into the guitar. Well done Gary.

Peter O'Connell has built another box, etc for one of his radios



Most Amateur Radio or Ham Radio operators operate from their homes. Peter however likes to take his radios and operate portable from National Parks or other country areas. To help protect one of his radio combinations, he made a custom set of "tactical rails". Owners of many modern radios can purchase commercial tactical rails machined from aluminium or 3D printed from plastic. Peter however built a set of wooden tactical rails for his 1980's High Frequency Radio to both protect the radio and it's companion antenna tuning unit. The very made from Bunnings 19mm pine thinned down to 13mm then finished off though the drum sander. As well as the tactical rail, Peter also built yet another of his suitcases, with protection and functionality as the prime design criteria. The Morse code key that Peter showed with the radio had belonged to Doug Wickens and was given to him by Doug's wife Betty earlier this year.

Odds and ends

Gluing Tips

Editor here: I recently came across a useful article in the Australian Wood Review magazine giving tips about how to glue up. I think this topic can be very esoteric so if you'd like to read the article, the link is shown below:

<https://www.woodreview.com.au/how-to/staying-stuck-gluing-tips>

Well worth a read, you may also find it useful.

Does this apply to you? Many of our members are in the age group mentioned below.

Particularly for anyone over 60, but it applies to anyone. Very interesting info that, quite frankly, I never thought about...By: Arnaldo Liechtenstein, physician

"Whenever I teach clinical medicine to students in the fourth year of medicine, I ask the following question:.. What are the causes of mental confusion in the elderly?

Some offer: "Tumors in the head". I answer: No! Others suggest: "Early symptoms of Alzheimer's". I answer No! With each rejection of their answers, their responses dry up.

And they are even more open-mouthed when I list the three most common causes:

- (a)- uncontrolled diabetes;
- (b)- urinary infection
- (c) - dehydration

It may sound like a joke, but it isn't. People over 60 generally stop feeling thirsty and consequently, stop drinking fluids. When no one is around to remind them to drink fluids, they quickly dehydrate. Dehydration is severe and affects the entire body It may cause abrupt mental confusion, a drop in blood pressure, increased heart palpitations, angina (chest pain), coma and even death. This habit of forgetting to drink fluids begins at age 60, when we have just over 50%of the water we should have in our bodies. People over 60 have a lower water reserve.

This is part of the natural aging process.*

But there are more complications. Although they are dehydrated, they don't feel like drinking water, because their internal balance mechanisms don't work very well.

Conclusion:

People over 60 years old dehydrate easily, not only because they have a smaller water supply, but also, because they do not feel the lack of water in the body.

Although people over 60 may look healthy, the performance of reactions and chemical functions can damage their entire body. So here are two alerts:

- 1) *Get into the habit of drinking liquids*. Liquids include water, juices, teas, coconut water, milk, soups, and water-rich fruits, such as watermelon, melon, peaches and pineapple, orange and tangerine also work.
- 2) *The important thing is that, every two hours, you must drink some liquid. Remember this!

Alert for family members: constantly offer fluids to people over age 60.

At the same time, observe them. If you realize that they are rejecting liquids and, from one day to the next, they are irritable, breathless or display a lack of attention, these are almost certainly recurrent symptoms of dehydration. Inspired to drink more water now? Send this information out to others! Your friends and family need to know for themselves and help you to be healthier and happier.

It's good to share! *For people over 60**

Coming Up!

NOTICE BOARD

SAFETY







SAFETY FIRST: Members are asked on all club days to bring along and use their personal safety gear. ie. hearing protection, dust mask, eye protection, ensure they are wearing good sturdy protective footwear and no loose fitting clothes.

Club Calendar

June 2022							6
S	M	T	W	Th	F	Sa	
			1	2	3	4	
5	6	7	8	9	10	11	
12	PH	14	15	16	17	18	
19	20	21	22	23	24	25	
26	27	28	29	30			

July 2022							7
S	M	T	W	Th	F	Sa	
					1	2	
3	4	5	6	7	8	9	
10	11	12	13	14	15	16	
17	18	19	20	21	22	23	
24	25	26	27	28	29	30	
31							

Legend:

	Committee meeting 12.30 pm
	Club Days—members own projects
	Toy Making—No own projects
	MaxiDays
	Club Day & Woodcarvers Evening
	First Saturday is Woodcarvers use of the Workshop

11 JUNE 2022 MAXIDAY THEME

Drug and Alcohol in the Community; with a guest speaker.

Sydney Timber, Tools & Artisans show has been rescheduled to 22– 24 July 2022.

If you have already purchased your tickets they will be valid for the relevant day(s) but just add 6 weeks to the date. Don't forget to update your diary.



Man Uses Piece Of Wood He Put In Garage In 1982 'Because It Might Come In Handy In The Future'

Raffle winners

Saturday 14th May, MaxiDay winners

1. Trevor Lewis
2. Graham Ethell
3. Ian Rudd
4. Geoff Tong

Welcome to new member:

Please make welcome Peter Toby, member #371. Members now total 99.

Date for your Diary

When: 3rd September

Where: Bunnings Taren Point store

Why: We will be cooking and selling our Sausage Sizzle, for the first time in several years. This event has been a great fund raiser for us in previous year.

More Details: Will be provided a few weeks prior to the event.

Members with Birthdays in June

Day	Member
5	Ray Tregoning
6	Geoffrey Tong
11	Frank van Luyt
12	Gary Healey
13	Robert Steege
13	Peter Godden
18	Roger Walsh
22	Robert Leake
26	Michael Sladek
29	Tony Cauchi
30	John Field

Hope every one of you have a wonderful birthday and lots more of them.



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