



# **AFRICA CENTERED ANCESTRAL HEALING**

"SPIRIT WITHOUT FORM DOES NOT EXIST"

## **COURSE-PATH GUIDE 2024**

*"If you keep your soul clean, you'll wind up a much healthier person,  
and if you feel good about yourself you usually look it."*

***Eartha Kitt***



## Path Facilitators 2024

Holistic Mental Wellness Programs: These are rotating programs; some terms are longer depending on the curriculum requirements and course offerings.



**Joye W. Hardiman, Ph.D.** has conducted independent studies in African antiquities, comparative religion, and ANCIENT science since 1971. He will be teaching, The African Background of Medical Science and Science and Symbol in Egyptian Medicine (*Spirituality*)



**T. Owens Moore, Ph.D.**, is trained as a Physiological Psychologist and is a popular Blog Talk Radio Host on the Melanology Hour. He is the author of several books and teaches the basics of Ancient Wisdom to Unlock the Keys to the Future and Psychoneuromelanology



**Luisah Teish** is a teacher and an author, most notably of *Jambalaya: The Natural Woman's Book of Personal Charms and Practical Rituals*. ANCIENT science since 1971.



The **Institute of African-Centered Thought** believes that prejudices are to be uprooted, false views are to be corrected, and truth must be unveiled and permitted to walk forth by creating specializations that enhance an academic environment in psychology based on African-centered thought. IACT's goal is to improve cultural understanding and communication through education, conferences, seminars, summits/debates, partnerships, and collaborations of like-minded organizations to strengthen the social fabric of communities and improve relationships that will empower and motivate an optimistic human condition.

After some examination and investigation, results depicted that the national academic system psychology curriculums, including HBCUs, accreditation and credentialing institutions including Licensing, approvals are based upon the Eurocentric academic value system that lacks cultural sensitivities and neglects cultural learning models based on values, hypotheses, and theories. IACT has considered and reviewed most of these psychology systems that were primarily proposed by a white male-dominated field and therefore, aims to improve curriculums and enhance the field through its African-centered thought-based specialization certificate programs.

## **IACT Registration Policy**

IACT does not discriminate based on age, gender, race, creed, sexual orientation, disability, or national or ethnic origin of its admission or educational policies.

### **APPLICATION**

Early application is encouraged, admissions will be considered on a space-available basis since there is a **10 Slot** maximum.

### **In-Person EARLY REGISTRATION – Black Dot, 1437 S. Jackson, Seattle**

**May 4, 2024**

- **Noon to 1 PM**

### **VIRTUAL REGULAR REGISTRATION**

**June 1, 2024**

- **Noon to 3 PM**

Contact IACT via website email at [www.iactnow0119.com](mailto:www.iactnow0119.com)

- **Applicant Criteria – Two (2) page essay**
  1. Current or previous field of study in Social Sciences
  2. Bachelor's Degree in fields of Education, Psychology, and Social Work
  3. Essay on African-Centered Thought
  4. Black Community needs
  5. Aspirant Goals
  6. How will any of IACT's programs support your endeavors?

- **Zoom Video Presentation Scheduled When Register**

The presentation question is “What Is Your Purpose?” In your words, “Define how African-Centered Thought is related to your purpose.

## **PATH REGISTRATION**

- A Registration form and **50% deposit is due at Registration**
- Registration on a first come first serve basis, **maximum is ten (10) Learners**
- Virtual Early Registration is on May 4 from **Noon to 1 pm**

## **ATTENDANCE**

All **PATHS** are ten-week classes except where stipulated. Learner Participants are expected to arrive on time for and to attend all online virtual sessions. If a Learner cannot attend a session, faculty must be contacted in advance except in emergency cases. Specialization programs are offered on an annual basis, unlike traditional institutions, one course continues Cycle to Cycle until its full term is completed. Therefore, if a Learner Participant begins a Cycle and misses the consecutive quarter, the Learner will not move on until the previous Cycle is complete.

## **EVALUATIONS**

Learner Participants are interviewed upon Cycle Completion and must submit an online assessment of their experience to complete the program. Once the narrative evaluation is completed, a Certificate is granted at an in-person Certificate Presentation program where professional goals are recognized. **PATH** requirements include, but are not limited to, demonstrated understanding of reading assignments and theory, demonstrated competence in the performance of healing work, satisfactory completion of written work, satisfactory attendance and participation in course and other field experiences.

## **GRIEVANCES**

Learners who wish to file a grievance regarding an academic or administrative decision may do so in writing to the president within ten days of the event or decision and can expect a meeting or response from the president within two weeks.

**PATH Courses** are certified as an **INDEPENDENT STUDY, LIFE EXPERIENCE CREDIT**, and/or **CONTINUING EDUCATION** depending on your institution's criteria and policies. IACT is an independent non-degree-granting institution in the State of Washington. The Institute offers a Certificate of Completion.

## **TRANSCRIPTS**

Transcripts are required during the first semester of the Root Psychology Program. An undergraduate or graduate degree in social work, psychology, or education is required for this program.

## **FACILITIES**

All **PATH Courses** are Virtual Learning.

## **ACAH Conference 2025**

All actively enrolled PATH Course Learners will receive a 25% discount off the Convention Package and free access to workshops/lectures only.

## **P-Positive A-Action will T-Transform H-Humanity PATH Certificate Programs 2024**

**Winter Cycle**      January 30 to March 5  
**Summer Cycle**     June to July

### **Root Psychology (1)**

This **PATH** contrasts foundational and general psychological theories with Black psychology theories and healing modalities based on African-centered thought and the Ancestral Healing Identity Theory. It provides a basis of cultural understanding to help strengthen opportunities and alliances for Black Psychologists, Ancestral Healing Practitioners and Mental Health clinicians who work with Black populations.

### **Curriculum Six-Month Program**

<b>Course</b>	<b>Weeks</b>
Black Psychology Theories	5
Root Transcendence	5
The Seasoning	5
Optimal Psychology	5
Pigment Power	5

### **Root Psychology (2)**

Root Psychology 1 is a prerequisite for this **PATH** and is a continuum of studies that examine the rudimentary cultural belief systems, patterns, and traditions influences that have impacted the beliefs and human behavior. It provides opportunities to examine the self discuss emergent factors of discipline and understanding and consider how

dormant behavior between automation and human interaction contribute to acculturation and assimilation.

### **Curriculum Twelve Month Certificate Program**

<b>Course</b>	<b>Weeks</b>
Root Psychology	4
Optimal Psychology	5
Melanin Series	5
The Family Unconscious	5
African Centered Healing Models	5

### **Ancestral Healing Practitioner Twelve-Month Program**

Family history helps current generations discover information about their biological lineages. More than genealogy, yet inclusive of genealogy, this **PATH** is the study of family history and recognition of patterns of negative and positive behavior that have influenced and motivated healthy and unhealthy family lifestyles.

<b>Course</b>	<b>Weeks</b>
The Seasoning	4
Genealogy	5
Generational Trauma	5
Ancestral Healing	5
Genetics	5

### **African Spirituality is a Nine-Month Program and consists of (3) Cycles**

This **PATH** is created to dispel a myriad of myths that were derived about African spiritual beliefs, rituals, mystery systems, and its influence as an intrinsic motivational source that strengthens life processes.

<b>Course</b>	<b>Weeks</b>
The Black Church	4
African Traditions	5
African Spiritual Beliefs	5
Religion	5
Myths	5



### **Social Work Six-Month Program**

This program addresses addiction and mood disorders in general as a challenge to a healthy lifestyle. It helps to provide social workers, chemical dependency counselors, and mental health counselors who work with this population how to identify the needs of their clients and refer them appropriately. *Completion Certificate granted.*

### **Healing Circle Facilitator Ten-Week Program**

The **AH Healing Circle Facilitator** training is based on African-centered thought. IACT believes that Healing Circles are key in helping families and individuals cope and meet a variety of the mental and emotional challenges that impact mental wellness, especially as a key to a balanced lifestyle among Black families post-COVID-19. The purpose of the AH Circles is to provide safe spaces for participants to vent and share internal and external experiences that impede the progression of mental wellness in their environments. There is no degree requirement for this Training. *Community Certificate granted*

### **Community Liaison**

This is a community program to provide and discuss with community leaders the importance to and how to engage with families and grass\_roots organizations to effectively integrate established programs and provide resources. Available May 2023.

## **PATH COURSE TUITION 2024**

<b>Registration</b>	<b>Course Start Date</b>	<b>Course</b>	<b>Cycles</b>	<b>Investment</b>
<b>May 4</b>	June 4	ACAH		
		Ancestral Healing Practitioner	4 Cycles	\$595
<b>September 1</b>	September 10 – November 5	African Spirituality with Luisah Teish	2 Cycles	\$695

<b>December 1</b>	January 7 to February 18	Ancestral Healing Facilitator	8 Weeks	\$395