

	KS3 (7/8/9)	Activity	Activity title
28-Aug-2023	Teamwork	1&2	What does Teamwork look like?
4-Sep-2023	Teamwork	3	Using Teamwork
11-Sep-2023	Teamwork	4	Critical Thinking
18-Sep-2023	Teamwork	5	Define Teamwork
25-Sep-2023	Teamwork	6&7	Careers and Teamwork
2-Oct-2023	Teamwork	8&9	Good working relationships
9-Oct-2023	Teamwork	10&11	Me and My Career
16-Oct-2022	Half Term		
23-Oct-2023	Study Smart	1&2	How can the following skills be used in your future life
30-Oct-2023	Study Smart	3	Getting motivated and identifying barriers
6-Nov-2023	Study Smart	4	Getting motivated and identifying barriers
13-Nov-2023	Study Smart	5	Thinking about who is on your team
20-Nov-2023	Study Smart	6	Capturing the key points
27-Nov-2023	Study Smart	7	Reflection
4-Dec-2023	Study Smart	8	Planning your study
11-Dec-2023	Introducing Resilience	1	Rate yourself
18-Dec-2023	Introducing Resilience	2	What does resilience mean?
20-Dec-2022	Christmas Holidays		
27-Dec-2022			
8-Jan-2024	Introducing Resilience	3	Being resilient
15-Jan-2024	Introducing Resilience	4	Team me
22-Jan-2024	Introducing Resilience	5	What makes a supportive person?
22-Jan-2024	Introducing Resilience	6	Reflections
29-Jan-2024	Introducing Resilience	7	Dealing with stress- mindful doodling
5-Feb-2024	Introducing Resilience	8	Self care
12-Feb-2024	Introducing Resilience	9	Ways to chill for cheap
19-Feb-2024	Half TErm		
26-Feb-2024	The Best of Me	1&2	Keyword definitions
4-Mar-2024	The Best of Me	3	What makes me who I am
11-Mar-2024	The Best of Me	4	What makes me who I am
18-Mar-2024	The Best of Me	5	Brand #

25-Mar-2024	Easter Holidays		
1-Apr-2024			
8-Apr-2024	The Best of Me	6	Growth and Fixed Mindset
15-Apr-2024	The Best of Me	7	My Best self timeline
22-Apr-2024	The Best of Me	8	Finding my passion
29-Apr-2024	The Best of Me	9	Me as an advertisement
6-May-2024	The Best of Me	10&11	Marketing yourself
13-May-2024	Positive me- Introduction to growth mindset	1&2	Explore where you are right now
20-May-2024	Positive me- Introduction to growth mindset	3	Real life examples
27-May-2024			
3-Jun-2024	Positive me- Introduction to growth mindset	4	Reframing your thoughts
10-Jun-2024	Positive me- Introduction to growth mindset	5	Why is positivity and a growth mindset important
17-Jun-2024	Positive me- Introduction to growth mindset	6	RAG rate yourself
24-Jun-2024	Positive me- Introduction to growth mindset	7	Reflection
1-Jul-2024	Positive me- Introduction to growth mindset	8	Positive Relationships
8-Jul-2024	Positive me- Introduction to growth mindset	9	Setting your goal

