

GCSE PE 2 x 1 Hour written papers

Sports Studies 1 x Exam 1 hour 15 minutes

Practical Core PE available right up to Exam Leave

Post 16
A Level PE
Cambridge Technical in PE & Sport
BTEC's in Sport, Fitness & Leadership
Leisure Industry roles
Coaching Roles

EXERCISE FOR BETTER MEMORY?



Thinking and Linking



How to break Exam questions down



Deeper analysis

Easter Revision School

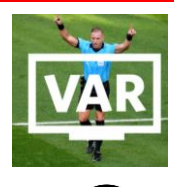
Feb Half Term Sports studies Coursework Catch up Day



Remembering terminology

Contemporary Issues in Sport

Use of Technology



Recreational Activities with the emphasis on participation



How do we do effective research?

Welcome back - What can we remember?

Build on Year 10 knowledge independently during the summer

YEAR 11

REVISION

Applying & demonstrating

November Mocks



Describing, interpreting & Evaluating



Health & Fitness



Coursework deadlines

Perfecting the Technique

Summer Mock Exams



Moderation



Anatomy & Physiology



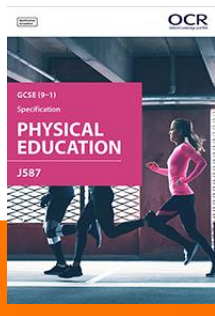
Sportmanship

Sports Psychology

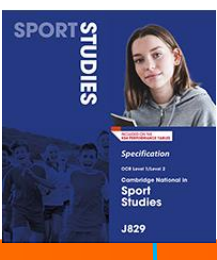
Importance of health and well being

Practical Performance

Recreational Activities with the emphasis on participation



Socio economic influences



RISK ASSESSMENT

Leadership

60 % Coursework



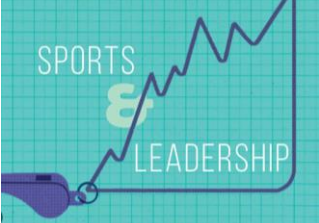
Analysing performance



YEAR 10



Activities taught on a rotation - Netball, Football, Rugby, Handball, Basketball, Volleyball, Fitness & Team Building



Y9 Specialisms Leadership Project
 You will be learning Leadership skills that will help you plan and prepare a Primary School activity - the first rotation will be a multi skills activity, the second rotation will be a Primary School sports day

Evaluate your performance



YEAR 9



Develop the skills to be an effective leader

Transfer of skills from one activity to another

Why is team work important?

Winter activities taught on a rotation including, Netball, Football, Rugby, Handball, Basketball, Volleyball, Fitness & Team Building



Skills development in all areas, building on the learning & knowledge from Year 7

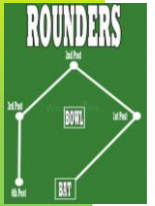
Recreational activities at break & lunch as well as after school

Autumn Term Theory work based on the Muscular System

Theory work used for assessments

Warm ups student led and sports specific

School Teams across year 8 to carry on Year 7 competitive opportunities



Summer activities including Athletics, Cricket, Rounders & Tennis

YEAR 8



Summer activities including Athletics, Cricket, Rounders & Tennis

Summer teams in Athletics & Cricket

Spring Term teams in Indoor Athletics, Girls Futsal and Basketball

Recreational activities such as Dodgeball & Badminton

Extra Curricular Opportunities in non competitive sports

School Teams in Cross Country Netball and Football

Promoting a Healthy Lifestyle



YEAR 7

Why are warm ups important?

Independent warm ups that are sports or activity specific

Continuous assessment from one activity to the next. Transfer of skills.

What is Spatial Awareness?

Autumn Term Theory work on the Skeletal System including assessment

Winter activities taught on a rotation including, Netball, Football, Rugby, Handball, Basketball, Volleyball, Fitness & Team Building

welcome