

SENIOR PAGES

April 2024

Volume 29 Issue 4

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A.B.L.E

A lawyer with Legal Aid of Western Ohio will be here on the 2nd Thursday of the month in March, June, September and December, 2024. Appointments are 30 minutes each. This is a free service.

Most of the cases they can handle for seniors are the following: drafting a will/financial power of attorney, living will, healthcare power of attorney; collection defense/bankruptcy; landlord-tenant issues; simple probate issues; and avoiding probate advise (drafting a transfer on death for a house?).

We are now taking appointments for June 13, 2024 from 9:00 a.m.-12:30 p.m. Appointments are required and can be made by calling 419-691-2254 ext 207.

R.S.V.P Program

The Retired Senior Volunteer Patrol is a FREE service for senior citizens that live in Toledo OH. It strives to assist in keeping a watchful eye on those citizens that , through age, family situation, of health reasons, need attention. It is a joint effort of the Toledo Police Dept. and the Area Office on Aging. Volunteers are given a back ground check and go through trainings to participate. The volunteers go to homes to check on the safety and well being of clients. Assist with referrals if needed. Even just come over to visit and talk to help provide companionship. If you would like to have someone visit with you or know someone, have them call the TPD RSVP Office at 419-936-3270. I highly recommend this to anyone that lives alone and doesn't get out or have much company.

MISSION STATEMENT

In the community, for the community, strengthening one life at a time.

MARK YOUR CALENDAR

April 2,9,16,23,30

Euchre
12:15 p.m.

April 1,15,22,29

Trivia
12:30 p.m.

April 1,15,22,29

Line Dancing
1:00p.m.

April 11,25

Bunco
12:30

April 4

Beach Party
11:45 a.m.

April 5,19

Coffee & Sweets
9:00 a.m.

April 5,12,19,26

Golf, Card game
10:00 a.m.

April 1,15,22,29

Shuffleboard
9:30 a.m.

April 16

Nurse Kelly
9:30 a.m.-12:30 p.m.

April 12,26

Breakfast
8:30 am- 9:30 am

April 4,11,
Well Check

Various (see inside)

April 17
Diamond Club
11:00 a.m.

April 11,25

Bunco
12:30 pm.

April 4,18

Bingo
12:30

April 25
Book Club
1:00 p.m.

BEACH PARTY!!

To celebrate World Party Day, we are having a Beach Party on Wednesday, April 4, 2024 beginning with lunch at 11:45! We will be flying a "kite", fishing and "playing in the sand". We will also have yummy ice cream!!

The cost is \$5 which includes lunch. Please make sure you also fill out a menu for this day also!

SPEAKERS

It is important that when we have speakers at the center that we give them our undivided attention. They are here to educate us on various topics which can be very helpful to all of us at some point.

Please do not talk during their presentation and if you don't want to listen, please move to the other room until they are done.

COLLABORATIVE PARTNERS

- Area Office on Aging of NW Ohio
- Cleveland Cliffs
- Eggleston-Meinert-Pavley Funeral Home
- Walker Funeral Home
- Hope Community Church
- Majestic Care
- Orchard Villa
- Seagate Food Bank
- St. Charles Mercy Hospital
- Toledo Refining
- Toledo Police Department

PARTICIPANT'S COUNCIL

The East Toledo Senior Center is required to have a Participant's Council. This group meets once a month on the first Wednesday at 3:00 p.m. They discuss ideas or issues that may be going on with programming. We have a few people but would like to add a few more. The people just need to be a senior participant and be a current member. Please let Derek know if you are interested. The next meeting will be on March 6, 2024.

RESTAURANT OF MONTH

Beginning in April, we will be having Restaurant of the Month again.

April 4, 2024
Mail Pouch Saloon (Swanton)
Leave center at 3 p.m.
\$5 for transportation.

May 2, 2024
Shorty's True American Roadhouse 5111 Monroe St.
Leave center at 3 p.m.
\$5 for transportation.

EUCHRE

Euchre is every Tuesday beginning at 12:15 p.m. The cost is \$1 per person. Why not join us for lunch before Euchre starts? Grab the current month's menu the next time you are here.

LINE DANCING

Join Jo Kandik as she teaches you Country Line Dancing. This is a FREE program! Classes are every Monday beginning at 1:00 p.m.

REMINDER ABOUT TRANSPORTATION

Just a notice that it is very important to make sure you sign up for transportation when you need it to come the center for lunch.

If you call early enough before a staff has left the building we could still add you. If the staff has already picked everyone up and came back here, they will not go back out to pick others up.

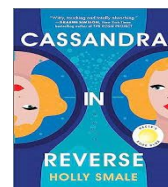
So please make sure you sign up for transportation after ordering your meals so you do not miss out on lunch.

BOOK CLUB

Cassandra in Reverse by Holly Smale

Thursday, April 25, 2024 @ 1

If you had the power to change the past...where would you start? Cassandra Penelope Dankworth is a creature of habit. She likes what she likes..and strongly dislikes what she doesn't. Her life runs in a pleasing, predictable order...until now. She's just been dumped. "She's just been fired. Her local café has run out of banana muffins. The something truly unexpected happens: Cassie discovers she can go back and change the past. One small rewind at a time, Cassie attempts to fix the life she accidentally obliterated, but soon she'll discover she's trying to fix the wrong things.



**See Patty for a book

FREE BINGO

There will be Bingo on Thursday, April 4 at 12:30 p.m. sponsored by First Health. Stephanie from Majestic Care will be sponsoring Bingo on Thursday, April 18 both begin at 12:30 p.m. While this is a drop-in activity we recommend signing up in advance. BINGO is FREE.

CANCELLATIONS!

If you are signed up for lunch and cannot make it, PLEASE call the food line and cancel. We, have wasted a lot of food due to making meals for those not coming after signing up. If you are going to be out more than one day, leave that on the message also. **Beginning Feb 1st, if someone is signed up and misses 3 days without calling, you will be removed for the rest of the month and have to fill out a new menu.**

SHUFFLEBOARD

Shuffleboard will be played on Monday's at 9:30 a.m. We need at least 4 people to play but can have 8 people by using both courts.

This is for men & women and is easy to learn. Please make sure you sign up for each week.



WISH LIST

50" New Smart TV
New/Gently used adult wheel-chairs

YOGA

Yoga is held every Monday at 4:30 p.m. This is a free drop in program.



FOOD COMMODITIES

Our food commodities are distributed on the second Tuesday of the month beginning at 9:00 a.m.

The income guideline is 185% below poverty. Bags of food are available on a first come first serve basis.

NURSE KELLY

Nurse Kelly will be here on Tuesday, April 16, 2024 from 9:30 a.m.-12:30 p.m. for well checks consisting of blood pressures and weight. She will also check your sugar upon request.

TOPS

TOPS (Taking Off Pounds Sensibly) welcomes new members who want to lose weight and make new friends. Join them on Mondays. Weigh ins from 5:45 p.m.– 6:15 p.m. Meetings begin at 6:30 p.m. at the Senior Center.

TRIVIA

The East Toledo Senior Center does Trivia every Monday at 12:30. This is a FREE, drop-in activity. All participants have fun and sometimes surprised at how much they know. Come join us for fun and make new friends!

TRIPS AND LUNCHES

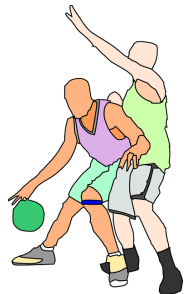
Many of you sign up for lunch for the entire month and we love that! If you sign up for a trip or event not at the center, please remember to cancel your lunch for that day. If you cannot come to lunch due to the center not being able to provide transportation, please cancel. We do not know if you found another way to get to the center for lunch. Too much food is being wasted because the kitchen is getting higher numbers than needed for lunch. Thank you for your cooperation on this matter.

BASKETBALL

Basketball will be played in the gym at the East Toledo Family Center through April. They will be playing on Tuesday's and Thursday's at 7 p.m.

It's a great way to stay in shape for Softball this summer!

This is a drop in program so there is no registration.

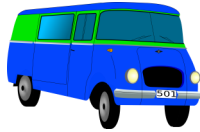


REFUNDS

Just a quick reminder that if you pay for a party/day trip you may get a refund UNLESS we have shopped for the party or purchased tickets for the trip. I am sorry for this inconvenience.

TRANSPORTATION

We provide transportation to and from the Senior Center for lunches and activities. To schedule transportation, call 419-691-2254 and ask for a staff member. There is a suggested \$1.00 donation for a one-way trip.



BOOK MOBILE

The Toledo Lucas County Public Library book mobile will be here on the following dates in February:

**April &
1:30 p.m.-2:30 p.m.**

Come check out what they have.

This is open to the community.

GOLF: THE CARD GAME

We offer the card game GOLF from 10:00-11:30 a.m. every Friday. Everyone is welcome to join us. No experience is necessary. We will teach you!

COFFEE & SWEETS

We will enjoy coffee & sweets on Friday April 12 & 26.

You can enjoy & music and mingling with friends until lunch time! Voluntary donations will be accepted. **We must have at least 5 signed up by the Wednesday before to have this event.**



MINOR HOME REPAIR PROGRAM

The East Toledo Senior Center, in conjunction with the Area Office on Aging, provides minor home repair to Lucas County residents who qualify with little or no cost to the senior. The purpose of this program is to ensure that area seniors have a safe home in which to live in. All applicants must own the home in which they are living and that requires repairs and be current on their real estate taxes. If you or someone you

know is in need of repairs, not limited to, but including window, gutters, plumbing, furnace, railings, tubs, etc. Call the Senior Center and ask for the Home Repair Coordinator at (419) 691-2254.

You will be asked to fill out an application and provide proof of income. You will be placed on a waiting list in order of most pressing needs.

ART EXPLORATION Toledo Museum of Art

A new session will begin on Tuesday, March 12, 2024 at 10 a.m.. The leader will be Adrienne and will be teaching a more advanced class on fibers. The class is for Seniors 60 and better and limited to 15 students. Sign up early to secure your spot in the class.



OHIO DEPT. ON AGING

50 W. Broad St./9th Floor
Columbus OH 43215
(614) 466-5500
www.goldenbuckeye.com

LUNCH PROGRAM



We offer lunches Monday-Friday at 11:45 a.m. (Dine-In Only). Stop in and get a menu and order form or call and **ask for the lunch line (ext. 9)**. There is a \$2.50 suggested donation for lunch.

During Fall and Winter we will be doing soup on Tuesdays as often as possible!

We are no longer able to allow you to take your food out.

If you do not have transportation to come to the center for lunch, call the center at 419-691-2254 to schedule a ride.

PLEASE NOTE:

If you sign up for an activity that includes lunch, make sure that you turn in an order form for the date of the activity.

RALPHIES

Please help the ETSC Softball League by saving receipts from Ralphie's! You can drop them off or mail them in to:

ETSC
1001 White St.
Toledo OH 43605

DREAM TRAVELERS

This isn't just any kind of Dream Travelers. This is dream traveling at its best with an awesome guest host and food. Join us for a trip to:

**The Balkans
Thursday,
April 11, 2024
10:30 a.m.**

With Judy Pfaffenberger leading the tour.

The cost is a suggested donation of \$2.50 for the lunch.

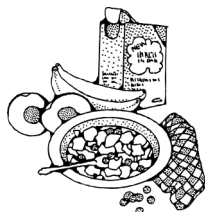
Please mark Y for yes, or N for no, for lunch when you sign up.

BREAKFAST

We offer breakfast a couple of times a month! It's a \$2 voluntary donation. We serve from 8:30 a.m.-9:30 a.m. The dates and menus are as follows:

Apr. 12– Breakfast buffet , juice & coffee.

Apr. 26– Breakfast tacos, juice & Coffee



**LUNCH ORDER OR
CANCEL EXT. 9**

**2024 SENIOR
SOFTBALL**

We are still accepting registrations for 2024 with no late fee!

Registration deadline is March 11, 2024. Registrations postmarked after this date will be assessed a \$10 late fee. This fee must be paid before player is placed on a roster.

We have several convenient ways to pay your registration fees: Check, Cash, Money Order, Credit Card. If paying with a credit card, please use the enclosed form and mail in with your registration form.

You may also use the option of registering on our website at <http://HTOsports.com/etsacsoftball> and paying with PayPal. There is a \$2 bank fee for all PayPal transactions. If you did not receive one in the mail by the second week of January 2024, please notify us. Let's make this a great season!

Practice will be on Monday's and Wednesday's at 6 p.m. beginning April 1st! (weather permitting)



CENTER CLOSED

**MONDAY, APRIL 8,
2022
DUE TO SOLAR
ECLIPSE**

**LADIE'S NIGHT OUT
FUNDRAISER!!**

The East Toledo Senior Center will be having a Ladies' Night Out on Friday, May 17, 2024 from 6:00 p.m.– 10:00 p.m. The theme is the "Fabulous 50's"!!! The cost is \$20.00 and includes food, music, dancing, photo booth. Everyone will receive 3 drink tickets (Sangria, water and soda.)

We will be auctioning off some amazing baskets and some 50/50 raffles and more! All proceeds will benefit the ETSC programs and services.

Everyone always has a great time at this event. So get your tickets now because we are selling a limited number of them. For more information, call 419-691-2254.

WELL CHECKS

.Landings of Oregon will be here on April 4th from 11:15 am.– 12:15 p.m.

First Health will be here on Thursday, April 11th from 11:15– 12:30 p.m.

Mercy Health will be here Monday, April 22 from 10:00-12:30.

CHORE

There are only a few spots available in East Toledo and Oregon. We only have so many spots available annually and once those are filled, sadly we have to turn people away.

Chore is a suggested donation and will be based on your household income and a sliding scale fee.

Remember, the fee is just a suggested donation and it goes back into the program. We DO NOT stop service for non-payment.

RED HAT SOCIETY

We have our very own registered chapter of the National Red Hat Society, the RED HOT MAMAS!

At the printing of this newsletter, there is not activity planned for April. Please keep your eyes open for any changes



SENIOR SOFTBALL SPONSORS

East Point Physical Therapy
 Hartkopf DDS
 Bull Moose Retirement Planning Co.
 NDS Payroll & HR
 Pacesetter Property Mgmt.
 Chase Freight Systems
 Navarre Carryout
 Sidelines
 Clean Care
 Ralphie's
 Michelob Ultra
 Barrow's Jewelers

DESIGNER PURSE PARTY BINGO

We will be having our 2nd Annual Purse Party Bingo Fundraiser on Thursday, July 11, 2024 from 6 p.m.– 8:30 p.m. The cost is \$35/person and includes 10 rounds of Bingo and the coverall. Winners receive a designer purse!!! It also includes catered food. Everyone will receive 2 drink tickets (Soda, water, beer, sangria). There will also be 50/50 raffles and door prizes. Additional cards can be purchased as well as dobbers. All proceeds benefit the ETSC programming. For tickets or more information, call 419-691-2254.

BIRTHDAY CAKE!!!!

On Wednesday, April 25th Newcomer Funeral Home will be sponsoring a birthday cake and ice cream! They will also be doing a presentation!



PRAYER CORNER

Please say a special prayer for all of our friends who are ill, recuperating or have lost loved ones:

Mary Sundling
 Laura Nixon
 Neoma Kreais

To the Family of
 Charlotte Pharis

Let us know if you or someone you know are in need of prayer.



HEALTH FAIR

We are having a health fair that will be open to the community of Monday, April 15, 2024 from 10 a.m.– 1 p.m. Invite your family, friends and neighbors to come see what our community has to offer. Mercy Health, Neighborhood Health, Majestic Care, RSVP program though the Toledo Police Dept. and the Lucas County Health Dept are some of the organizations that will be in attendance.

WEBSITE

Check out our Website!!

We would like feedback from you to ensure that it is easy to navigate and find the information you are looking for.

The address is:

easttoledoseniorcenter.org

2024 DAY TRIPS & MULTI-DAY TRIPS

MUD HEN'S GAME

Wednesday, May 29, 2024
\$20.00

SHIPSHEWANA

Tuesday, June 18, 2024
\$30.00

CINCINNATI ZOO

Friday, July 25, 2024
\$40.00

SANDPIPER CRUISE

August 8, 2024
\$50.00

AMISH COUNTRY

(Millersburg, Sugar Creek)
Thursday, Sept. 19, 2024
\$50.00

FRANKENMUTH

Friday, Oct. 11, 2024
\$30.00

**MUST PAY TO BE ON LIST
FOR ALL TRIPS!!! THEY ARE
FILLING UP QUICKLY!!!**



LANCASTER SHOW TRIP

June 10-14, 2024

CANCELLED!!!!

***VERMONT**

September 16-21, 2024
\$955 per person (based on double occupancy).
TRIP IS FULL!!!

Motor coach transportation
5 nights lodging
8 meals

- *Tour of an authentic Vermont Maple Farm.
 - *Tour of Ben & Jerry's Ice Cream Factory
 - *Dinner Cruise of Beautiful Lake Champlain with Entertainment
 - *Admission to Shelburne Museum
 - *Visit to Cold Hollow Cider Mill
 - *Tour of Rock of Ages Granite Quarry
 - *Visit to Stowe Village
- \$75/per person due by 5/1/2024

DIAMOND CLUB

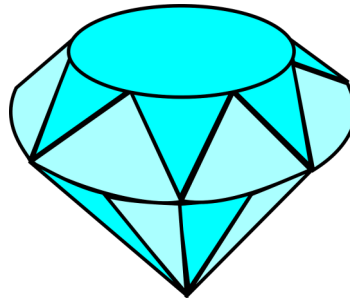
"Diamond Club" is for all participants aged 75 and over.

The cost is \$5.00 . Must rsvp and pay by Friday, April 12, 2024.

Membership to the Diamond Club is FREE. **If you are not a member and are aged 75 and over,** simply fill out the form below and give to a staff member.

On April 17, 2024, the Diamond Club will be going to Mayberry Diner in Sylvania.

Bus will leave promptly at 11 a.m.



BUNCO

Bunco is the 2nd & 4th Thursday's at 12:30 p.m. **Please note change of day and time!**

Cost to play is \$1.00; no experience necessary, we will teach you.

East Toledo Senior Center

**DIAMOND CLUB
Registration Form**

Name: _____

Address: _____

City/State/Zip: _____

Phone Number: _____

LADIES NIGHT OUT

May 17th 2024

6pm to 10pm

Please RSVP by May 6th 2024

Price: \$20

Includes: 3 Drink tickets, Hors d'oeuvres, Entertainment, a photobooth and more!!!

East Toledo Senior Center

1001 White Street

Toledo, OH 43605

419-691-2254 Ext 205

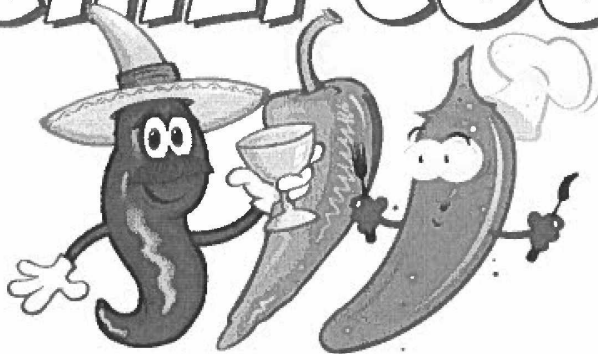
Scan the QR Code to purchase via Paypal



**Fabulous 50's
Fundraiser**

SAVE THE DATE!!!!

CHILI COOK-OFF



SEPT. 14,

2024

6-10 P.M.

Tickets will be \$20 each and will include:

All the food you can eat (chili, hot dogs, baked potatoes, chips, dessert), 4 drink tickets (Beer, Wine, Pop, Water)

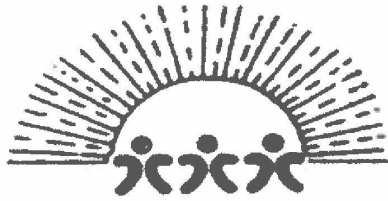
Consider being a volunteer at the Cook-off! There will be a schedule of opportunities in half hour increments!

We will be in need of donations such as:

Unscratched lottery tickets, new or re-gifted items for our auction baskets, craft items, and of course cash!

Any and all donations will be greatly appreciated!

All proceeds to benefit the ETSC Senior Softball League



**EAST TOLEDO
SENIOR CENTER**

1001 White St. Toledo OH 43605

JOIN THE WALK OF MEMORIES

Join East Toledo families, businesses, and organizations in preserving a part of our heritage through the engraved bricks displayed on the East Toledo Navarre Park Memorial Walkway. The Memorial Walkway sits between the East Toledo Senior Center and the East Toledo Historical Cultural Center. Personalized bricks help support the East Toledo Senior Center and the upkeep of the Memorial Walkway.

The East Toledo Senior Center provides daily nutrition and activities Monday-Friday for those aged 50 and over. They also offer essential services for seniors, helping them remain independent and in their own homes.

The East Toledo Cultural Center houses some of the East Toledo Historical artifacts, pictures and documents for display, along with East Toledo organizational literature and information and memorabilia that is available for purchase.



\$65.00
4" x 8" Red Brick Paver
Includes 3 script lines of
16 letters each

Mail check or money order payable to:
 East Toledo Senior Center
 1001 White St.
 Toledo OH 43605

Name: _____

Red Brick Paver Quantity: _____ x \$65 _____

Address: _____

Grand Total \$ _____

City/State/Zip: _____

Date: _____

Phone: _____

BRICK APPLICATIONS DUE NO LATER THAN MAY 31, 2024
For more information call 419-691-2254.

**Please print and use all CAP letters.*

4" x 8" Red Brick Paver

Brick 1

Brick 2

Brick 3

Brick 4

Brick 5

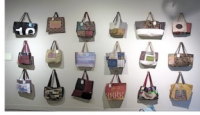
Office use only

Date purchased: _____

Date dedicated: _____

Receipt #: _____

Verified by: _____



Designer Purse FUNDRAISER

East Toledo Senior Center

\$35

**Thursday, July 11, 2024
6:00 PM to 8:30 PM**

**1001 White Street
Toledo, Ohio 43605**

**Must be 21+ to participate in our event.
10 rounds, plus one Cover-All Round.**

**Refreshments will be available. Including soft drinks, snacks,
beer and sangria. Limit of 2 drink tickets per person. Tickets
are available at the East Toledo Senior Center.**

**Guests have the chances to win one of eleven (11) designer
handbags, with brand names such as Kate Spade, Michael
Kors, Coach and more! Doors open at 5:30 PM. Food served
at 6:00 p.m.**

Games begin at 6:30 PM!



The East Toledo Senior Center is sponsored in part by
Area Office on Aging of NW Ohio



EAST TOLEDO FAMILY CENTER
1020 Varland Ave.
TOLEDO OH 43605

SENIOR PAGES

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