

SENIOR PAGES

May 2024

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A.B.L.E

A lawyer with Legal Aid of Western Ohio will be here on the 2nd Thursday of the month in March, June, September and December, 2024. Appointments are 30 minutes each. This is a free service.

Most of the cases they can handle for seniors are the following: drafting a will/financial power of attorney, living will, healthcare power of attorney; collection defense/bankruptcy; landlord-tenant issues; simple probate issues; and avoiding probate advise (drafting a transfer on death for a house).

We are now taking appointments for June 13, 2024 from 9:00 a.m.-12:30 p.m. Appointments are required and can be made by calling 419-691-2254 ext 207.

CHICKEN DINNER FUNDRAISER

The East Toledo will be having a Chicken Dinner Fundraiser on Wednesday, June 26, 2024 from 4:00 p.m.– 7:00 p.m. The cost is \$15.00 and includes Baked Chicken, Mashed Potatoes with gravy, Vegetable, Salad with dressing, Dinner Roll/butter and Dessert. Dine in and carry-out available. Beverage will be available for dine-in orders.

Food will be provided by “Country Catering”. All proceeds benefit ETSC Programming.



MISSION STATEMENT

In the community, for
the community,
strengthening one life
at a time.

MARK YOUR CALENDAR

May 7,14,21,28
Euchre
12:15 p.m.

May 6,13,20,
Trivia
12:30 p.m.

May 6, 13,20
Line Dancing
1:00p.m.

May 9,23
Bunco
12:30

May 17, 31
Coffee & Sweets
9:00 a.m.

May 3,10,17,24,31
Golf, Card game
10:00 a.m.

May 6,13,20
Shuffleboard
9:30 a.m.

May 14
Nurse Kelly
9:30 a.m.-12:30 p.m.

May 10,24
Breakfast
8:30 am– 9:30 am

May 17
Ladies Night Out
6 pm-10 pm

May 2, 29
Well Check
Various (see inside)

May 10
Diamond Club
10:30 a.m.

May 2, 16
Bingo
12:30

May 22
Meatloaf Dinner
4:30-6:30

May 30
Book Club
1:00 p.m.
May 27
Center Closed

CENTER CLOSED!

The East Toledo Senior Center will be closed on Monday, May 27, 2024 in observance of Memorial Day.



CHICKEN DINNER

The ETSC will be having a Chicken Dinner Fundraiser on Wednesday, June 26, 2024 from 4 p.m.– 7 p.m. Tickets are \$15 and include, baked chicken, mashed potatoes with gravy, salad/dressing, vegetable, roll/butter and dessert! Food is provided by “Country Catering”. See a staff member for tickets. All proceeds benefit our programming and services.

COLLABORATIVE PARTNERS

- Area Office on Aging of NW Ohio
- Cleveland Cliffs
- Eggleston-Meinert-Pavley Funeral Home
- Walker Funeral Home
- Hope Community Church
- Majestic Care
- Orchard Villa
- Seagate Food Bank
- St. Charles Mercy Hospital
- Toledo Refining

PARTICIPANT’S COUNCIL

The East Toledo Senior Center is required to have a Participant’s Council. This group meets once a month on the first Wednesday at 3:00 p.m. They discuss ideas or issues that may be going on with programming. We have a few people but would like to add a few more. The people just need to be a senior participant and be a current member. Please let Derek know if you are interested. The next meeting will be on March 6, 2024.

RESTAURANT OF MONTH

Beginning in April, we will be having Restaurant of the Month again. .

May 2- Shorty’s Roadhouse
5111 Monroe St.
Leave center at 3 p.m.
\$5 for transportation.

June 6- Erie Diner
9788 S Dixie Hwy.
Erie MI
Leave center at 3 p.m.
\$5 for transportation

EUCHRE

Euchre is every Tuesday beginning at 12:15 p.m. The cost is \$1 per person. Why not join us for lunch before Euchre starts? Grab the current month’s menu the next time you are here.

LINE DANCING

Join Jo Kandik as she teaches you Country Line Dancing. This is a FREE program! Classes are every Monday beginning at 1:00 p.m.

REMINDER ABOUT TRANSPORTATION

Just a notice that it is very important to make sure you sign up for transportation when you need it to come the center for lunch.

If you call early enough before a staff has left the building we could still add you. If the staff has already picked everyone off and came back here, they will not go back out to pick others up.

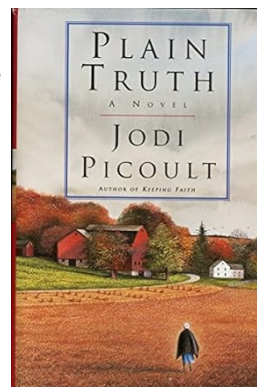
So please make sure you sign up for transportation after ordering your meals so you do not

BOOK CLUB

Plain Truth by Jodi Picoult

Thursday, May 30, 2024 @ 1 p.m.

The small town of Paradise, Pennsylvania, is a jewel in Lancaster County known for its picture post-card landscapes and bucolic lifestyle. But that peace is shattered by the discovery of a dead infant in the barn of an Amish farmer. A police investigation quickly leads to two startling disclosures: the newborn’s mother is an unmarried Amish woman, 18 yr. old Katie Fisher. And the infant did not die of natural causes. Although Katie denies the medical proof that she gave birth to the child, circumstantial evidence leads to her arrest for the murder of her baby.



**See Patty for a book

FREE BINGO

There will be Bingo on Thursday, May 2 at 12:30 p.m. And May 16 at 12:30 sponsored by Stephanie from Majestic Care.

While this is a drop-in activity we recommend signing up in advance. BINGO is FREE.

CANCELLATIONS!

If you are signed up for lunch and cannot make it, PLEASE call the food line and cancel. We, have wasted a lot of food due to making meals for those not coming after signing up. If you are going to be out more than one day, leave that on the message also. **Beginning Feb 1st, if someone is signed up and misses 3 days without calling, you will be removed for the rest of the month and have to fill out a new menu.**

SHUFFLEBOARD

Shuffleboard will be played on Monday's at 9:30 a.m. We need at least 4 people to play but can have 8 people by using both courts.

This is for men & women and is easy to learn. Please make sure you sign up for each week.



WISH LIST

50" New Smart TV
New/Gently used adult wheel-chairs

YOGA

Yoga is held every Monday at 4:30 p.m. This is a free drop in program.



FOOD COMMODITIES

Our food commodities are distributed on the second Tuesday of the month beginning at 9:00 a.m.

The income guideline is 185% below poverty. Bags of food are available on a first come

NURSE KELLY

Nurse Kelly will be here on Tuesday, May 14, 2024 from 9:30 a.m.-12:30 p.m. for well checks consisting of blood pressures and weight. She will also check your sugar upon request.

TOPS

TOPS (Taking Off Pounds Sensibly) welcomes new members who want to lose weight and make new friends. Join them on Mondays. Weigh ins from 5:45 p.m.– 6:15 p.m. Meetings begin at 6:30 p.m. at

TRIVIA

The East Toledo Senior Center does Trivia every Monday at 12:30. This is a FREE, drop-in activity. All participants have fun and sometimes surprised at how much they know. Come join us for fun and make new friends!

TRIPS AND LUNCHES

Many of you sign up for lunch for the entire month and we love that! If you sign up for a trip or event not at the center, please remember to cancel your lunch for that day. If you cannot come to lunch due to the center not being able to provide transportation, please cancel. We do not know if you found another way to get to the center for lunch. Too much food is being wasted because the kitchen is getting higher numbers than needed for lunch. Thank you for your cooperation on this matter.

MEATLOAF DINNER

The East Toledo Senior Center will be having a Meatloaf Dinner fundraiser on Wednesday, May 22, 2024 from 4:30 p.m.– 6:30 p.m. The cost is \$13.00 and includes Meatloaf (Brenda's), Mashed potatoes/gravy, Vegetable, Dinner Roll and Dessert!!!

All proceeds benefit senior center programming. See a staff member for tickets!



REFUNDS

Just a quick reminder that if you pay for a party/day trip you may get a refund UNLESS we have shopped for the party or purchased tickets for the trip. I am sorry for this inconvenience.

TRANSPORTATION

We provide transportation to and from the Senior Center for lunches and activities. To schedule transportation, call 419-691-2254 and ask for a staff member. There is a suggested \$1.00 donation for a one-way trip.



BOOK MOBILE

The Toledo Lucas County Public Library book mobile will be here on the following dates in February:

Date: TBD
1:30 p.m.-2:30 p.m.

Come check out what they have.

This is open to the community.

GOLF: THE CARD GAME

We offer the card game GOLF from 10:00-11:30 a.m. every Friday. Everyone is welcome to join us. No experience is necessary. We will teach you!

COFFEE & SWEETS

We will enjoy coffee & sweets on Friday May 17th & May 31st.

You can enjoy & music and mingling with friends until lunch time! Voluntary donations will be accepted. **We must have at least 5 signed up by the Wednesday before to have this event.**



MINOR HOME REPAIR PROGRAM

The East Toledo Senior Center, in conjunction with the Area Office on Aging, provides minor home repair to Lucas County residents who qualify with little or no cost to the senior. The purpose of this program is to ensure that area seniors have a safe home in which to live in. All applicants must own the home in which they are living and that requires repairs and be current on their real estate taxes. If you or someone you

know is in need of repairs, not limited to, but including window, gutters, plumbing, furnace, railings, tubs, etc. Call the Senior Center and ask for the Home Repair Coordinator at (419) 691-2254.

You will be asked to fill out an application and provide proof of income. You will be placed on a waiting list in order of most pressing needs.

ART EXPLORATION Toledo Museum of Art

A new session will begin on Tuesday, March 12, 2024 at 10 a.m.. The leader will be Adrienne and will be teaching a more advanced class on fibers. The class is for Seniors 60 and better and limited to 15 students. Sign up early to secure your spot in the class.



LUNCH PROGRAM



We offer lunches Monday-Friday at 11:45 a.m. (Dine-In Only). Stop in and get a menu and order form or call and **ask for the lunch line (ext. 9)**. There is a \$2.50 suggested donation for lunch.

During Fall and Winter we will be doing soup on Tuesdays as often as possible!

We are no longer able to allow you to take your food out.

If you do not have transportation to come to the center for lunch, call the center at 419-691-2254 to schedule a ride.

PLEASE NOTE:

If you sign up for an activity that includes lunch, make sure that you turn in an order form for the date of the activity.

OHIO DEPT. ON AGING

50 W. Broad St./9th Floor
Columbus OH 43215
(614) 466-5500
www.goldenbuckeye.com

RALPHIES

Please help the ETSC Softball League by saving receipts from Ralphie's! You can drop them off or mail them in to:

ETSC
1001 White St.
Toledo OH 43605

DREAM TRAVELERS

This isn't just any kind of Dream Travelers. This is dream traveling at its best with an awesome guest host and food. Join us for a trip to:

Australia & New Zealand
Thursday,
May 9, 2024
10:30 a.m.

With Judy Pfaffenberger leading the tour.

The cost is a suggested donation of \$2.50 for the lunch.

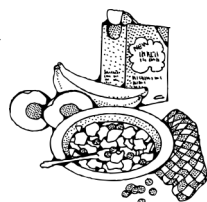
Please mark Y for yes, or N for no, for lunch when you sign up.

BREAKFAST

We offer breakfast a couple of times a month! It's a \$2 voluntary donation. We serve from 8:30 a.m.-9:30 a.m. The dates and menus are as follows:

May 10– Pancakes, bacon, juice & coffee.

May 24– Scrambled eggs, potatoes, sausage, juice, coffee & Muffins.



LUNCH ORDER OR CANCEL EXT. 9

2024 SENIOR

We are still accepting registrations for 2024 with no late fee!

We have several convenient ways to pay your registration fees: Check, Cash, Money Order, Credit Card. If paying with a credit card, please use the enclosed form and mail in with your registration form.

You may also use the option of registering on our website at <http://HTOsports.com/etsacsoftball> and paying with PayPal. There is a \$2 bank fee for all PayPal transactions. If you did not receive one in the mail by the second week of January 2024, please notify us. Let's make this a great season!

The rules and uniform meeting will be on Wednesday, May 1, 2024 at 7 pm. In the East Toledo Family Center gym.

Practice will be on Monday's and Wednesday's at 6 p.m. beginning April 1st! (weather permitting)

Games begin on Monday, May 6th @ 5:45 pm. Come out and watch them play!



CHAIR YOGA

Angie Hayes, from Wider Circle through United Health Care will be coming to lead Chair Yoga on Wednesday, May 1st & 22nd from 10-11:30. Class is FREE.

LADIE'S NIGHT OUT

The East Toledo Senior Center will be having a Ladies' Night Out on Friday, May 17, 2024 from 6:00 p.m.– 10:00 p.m. The theme is the "Fabulous 50's"!!! The cost is \$20.00 and includes food, music, dancing, photo booth. Everyone will receive 3 drink tickets (Sangria, water and pop.)

We will be auctioning off some amazing baskets and some 50/50 raffles and more! All proceeds will benefit the ETSC programs and services.

Everyone always has a great time at this event. So get your tickets now because we are selling a limited number of them. For more information, call 419-691-2254.

WELL CHECKS

.Landings of Oregon will be here on Thursday, May 2nd from 11:15 am.– 12:30 p.m.

Mercy Health will be here Wednesday, May 29th from 10:00-12:30.



CHORE

WE HAVE NO SPOTS AVAILABLE FOR LAWN CARE FOR 2024. If you call, you will be placed on a waiting list. Please note: very seldom are we able to remove people from the waiting list.

A change for this year: **We will no longer be trimming bushes or cleaning gutters.**

Chore is a suggested donation and will be based on your household income and a sliding scale fee.

Remember, the fee is just a suggested donation and it goes back into the program. We DO NOT stop service for non-payment.

RED HAT SOCIETY

We have our very own Red Hat Society, the RED HOT MAMAS!

On Sunday, May 5th we will be attending the Oregon Community Theatres production of "I Love You, You're Perfect, Now Change".

We hope everyone attends the Fashion show and Tea on May 8th.

And we hope everyone purchases a ticket and attends the Ladies' Night Out fundraiser on May 17th.



SENIOR SOFTBALL SPONSORS

Compass Care Management
 Hartkopf DDS
 NDS Payroll & HR
 Oregon Senior Center
 Pacesetter Property Mgmt.
 Navarre Carryout
 Sidelines
 Ralphie's
 Barrow's Jewelers

THANK YOU FOR YOUR SUPPORT!!!

DESIGNER PURSE PARTY BINGO

We will be having our 2nd Annual Purse Party Bingo Fundraiser on Thursday, July 11, 2024 from 6 p.m.– 8:30 p.m. The cost is \$35/person and includes 10 rounds of Bingo and the coverall. Winners receive a designer purse!!! It also includes catered food. Everyone will receive 2 drink tickets (Pop, water, beer, sangria). There will also be 50/50 raffles and door prizes. Additional cards can be purchased as well as dobbers. All proceeds benefit the ETSC program. For tickets or more information, call 419-691-2254.

BIRTHDAY CAKE!!!!

On Thursday, May 23rd, we will have Birthday Cake and Ice Cream!

It's not just for those with May birthday's either!!!



PRAYER CORNER

Please say a special prayer for all of our friends who are ill, recuperating or have lost loved ones:

Gina Duris
 Richard Friess
 Laura Nixon
 Neoma Kreais

Our sympathies go out to the families of:
 Mary Sundling
 Roland Pratt

Let us know if you or someone you know are in need of prayer.



NUTRITION/SNAP-ED

Sarah Schmitt, from the Ohio State University will be coming to lead nutrition classes the 2nd and 4th Wednesday from 10:30 am-11:30 am beginning in June and going through August. With the price of groceries, this may be a great way to learn different recipes and different ways to keep our fresh food longer. This is a FREE class!! Please consider joining as these classes have really helped seniors in the past!

WEBSITE

Check out our Website!!

We would like feedback from you to ensure that it is easy to navigate and find the information you are looking for.

The address is:

easttoledoseniorcenter.org

2024 DAY TRIPS & MULTI-DAY TRIPS

MUD HEN'S GAME

Wednesday, May 29, 2024
\$20.00

SHIPSHEWANA

Tuesday, June 18, 2024
\$30.00

CINCINNATI ZOO

Friday, July 25, 2024
\$40.00

SANDPIPER CRUISE

August 8, 2024
\$50.00

AMISH COUNTRY

(Millersburg, Sugar Creek)
Thursday, Sept. 19, 2024
\$20.00

FRANKENMUTH

Friday, Oct. 11, 2024
\$30.00

**MUST PAY TO BE ON LIST
FOR ALL TRIPS!!! THEY ARE
FILLING UP QUICKLY!!!**



LANCASTER SHOW TRIP

June 10-14, 2024

CANCELLED!!!!

*VERMONT

September 16-21, 2024
\$955 per person (based on
double occupancy).

LIMITED SPOTS LEFT!!!

Motor coach transportation
5 nights lodging
8 meals

- *Tour of an authentic Vermont Maple Farm.
- *Tour of Ben & Jerry's Ice Cream Factory
- *Dinner Cruise of Beautiful Lake Champlain with Entertainment
- *Admission to Shelburne Museum
- *Visit to Cold Hollow Cider Mill
- *Tour of Rock of Ages Granite Quarry
- *Visit to Stowe Village

\$75/per person due by



DIAMOND CLUB

"Diamond Club" is for all participants aged 75 and over.

Membership to the Diamond Club is FREE. **If you are not a member and are aged 75 and over,** simply fill out the form below and give to a staff member.

On May 10th, the Diamond Club will be going to the Whitehouse Inn and Butterfly House.

Bus will leave promptly at

10:30 a.m. and return at approximately 3 p.m.

The cost is \$15.00 for transportation and admission to the Butterfly House. Must rsvp and pay by Friday, May 3, 2024.

Everyone is responsible for the cost of their lunch.



East Toledo Senior Center

DIAMOND CLUB Registration Form

Name: _____

Address: _____

City/State/Zip: _____

BUNCO

Bunco is the 2nd & 4th Thursday's at 12:30 p.m. **Please note change of day and time!**

Cost to play is \$1.00; no experience necessary, we will teach you.

LADIES NIGHT OUT

May 17th 2024

6pm to 10pm

Please RSVP by May 6th 2024

Price: \$20

Includes: 3 Drink tickets, Hors d'oeuvres, Entertainment, a photobooth and more!!!

East Toledo Senior Center

1001 White Street

Toledo, OH 43605

419-691-2254 Ext 205

Scan the QR Code to purchase via Paypal



**Fabulous 50's
Fundraiser**

EAST TOLEDO SENIOR CENTER

Designer Purse Party FUNdraiser



Thursday, July 11th
6:00 PM to 8:30 PM

1001 White Street Toledo Oh 43605
East Toledo Senior Center



*Must be 21+ to participate in our event
*10 rounds, plus one Cover-All Round
*Refreshments, including various snacks, soft drinks, beer, sangria. Limit of 2 drink tickets per person.
*Tickets available online by scanning the qr code or by calling 419-691-2254.
*Guests have the chance to win one of eleven (11) designer handbags, with brand names such as Kate Spade, Coach and Michael Kors!
*Doors open at 5:30 PM, Games begin promptly at 7:00 PM

EAST TOLEDO SENIOR CENTER SENIOR SOFTBALL FALL LEAGUE

NAME _____ HOME PHONE _____
ADDRESS _____ CELL PHONE _____
CITY/STATE/ZIP _____ EMAIL _____
AGE (as of 12/31/24) _____ BIRTHDAY _____
EMERGENCY CONTACT NAME & PHONE NUMBER _____

GAME SHIRT SIZE: _____ MEDIUM _____ LARGE _____ XLARGE _____ XXLARGE _____ XXXLarge

*If playing on both leagues, you will only receive one (1) hat.

I WOULD LIKE TO PLAY IN THE:

_____ 48 AND OVER LEAGUE—\$65.00 (Early Bird by January 31, 2024 \$60.00)

_____ 56 AND OVER LEAGUE— \$65.00 (Early Bird by January 31, 2024 \$60.00)

_____ BOTH LEAGUES—\$95.00 (Must be at least 56) (Early Bird by January 31, 2024 \$90.00)

_____ Please accept a donation for the softball league of \$ _____ in addition to my registration fee.

Because of other commitments, I will be missing games. I may miss _____ weeks of games.
(by filling this question out, you will be helping managers when they are selecting teams.)

I AM INTERESTED IN: _____ PITCHING _____ CATCHER _____ OUTFIELD _____ MANAGING**
_____ 1st BASE _____ 2nd BASE _____ 3rd BASE _____ SHORT STOP

****DRAFT WILL BE ON THURSDAY, APRIL 11, 2024**

Please consider me as a Commissioner in the future: _____

If you have any questions, comments, or concerns you can email

Brenda Holdren at brendah_etsac@yahoo.com

Visit us at <http://HTOsports.com/etsacsoftball> for league information or to register online.

I fully understand that neither the East Toledo Family Center or the City of Toledo nor any of the other agencies affiliated with the East Toledo Family Center in producing the recreational activities are responsible for any and/or all injuries that might occur during the activity or travel to or from said program, and I do hereby release the East Toledo Family Center, its officers, agents, employees, and all agencies affiliated with the recreation activities, either directly or indirectly, from the responsibility of injuries that may occur as the result of participation in the program.

I also understand that the rules and regulations set forth by the East Toledo Family Center is for the safety and enjoyment of everyone involved. I agree to follow and support the East Toledo Family Center League and facility rules.

Signature of Player

Date

Please make check payable to:
EAST TOLEDO SENIOR CENTER

Please return application and registration fee to:
Brenda Holdren
East Toledo Senior Center
1001 White St.
Toledo OH 43605

FOR OFFICIAL USE ONLY

Amount Due: _____ Verified by: _____

Date Paid: _____ Receipt #: _____

Cash _____ Check _____ Credit Card _____ PayPal _____

EAST TOLEDO SENIOR CENTER

Senior Softball League

Player Info Sheet

Please fill out the following information that will be posted on our website along with a photo (if available). You may choose what information you would like to share or not share. Return this sheet along with your registration form and payment. Thanks for your cooperation!

Name: _____

Birthday: _____ Hometown: _____

Height: _____ Weight: _____

Position(s): _____

Bats: _____ Throws: _____

Year you were last active playing Softball: _____

Tell us about yourself (you can include your softball history, family, pets, career, etc.):

By signing this, I agree to allow the East Toledo Senior Center to post this information along with my photo on their Senior Softball website.

Signature

Date

THIS IS NOT THE REGISTRATION FORM!



Designer Purse

FUNDRAISER

East Toledo Senior Center

\$35

Thursday, July 11, 2024
6:00 PM to 8:30 PM

1001 White Street
Toledo, Ohio 43605

Must be 21+ to participate in our event.
10 rounds, plus one Cover-All Round.

Refreshments will be available. Including soft drinks, snacks, beer and sangria. Limit of 2 drink tickets per person. Tickets are available at the East Toledo Senior Center.

Guests have the chances to win one of eleven (11) designer handbags, with brand names such as Kate Spade, Michael Kors, Coach and more! Doors open at 5:30 PM. Food served at 6:00 p.m.

Games begin at 6:30 PM!



The East Toledo Senior Center is sponsored in part by
Area Office on Aging of NW Ohio



Non-Profit Org.
US. Postage
PAID
Permit No. 661
Toledo OH

EAST TOLEDO FAMILY CENTER
1020 Varland Ave.
TOLEDO OH 43605

SENIOR PAGES