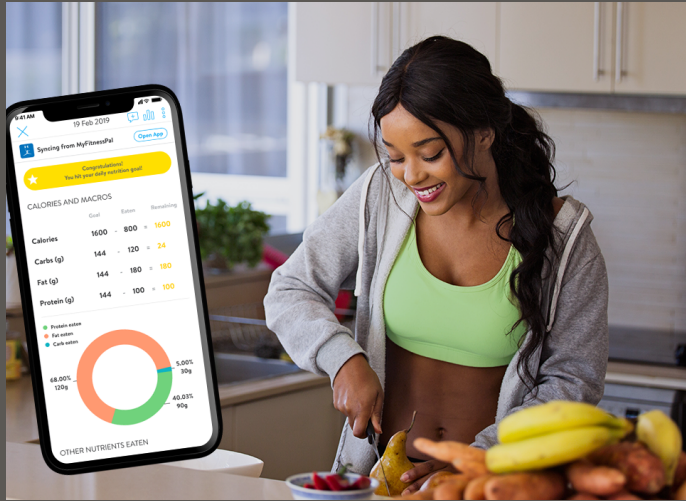


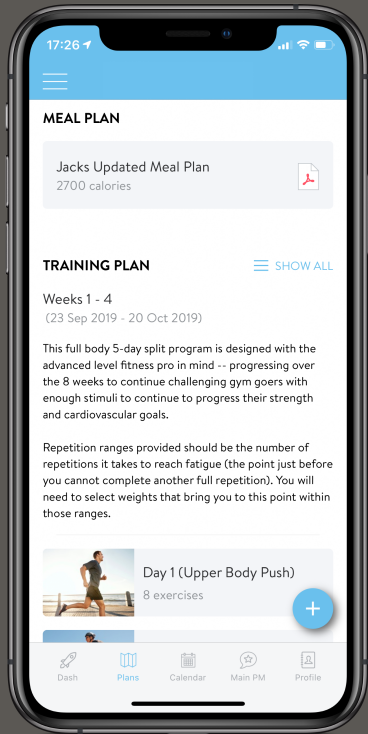
STATE OF THE ART APP TO STAY ON TRACK



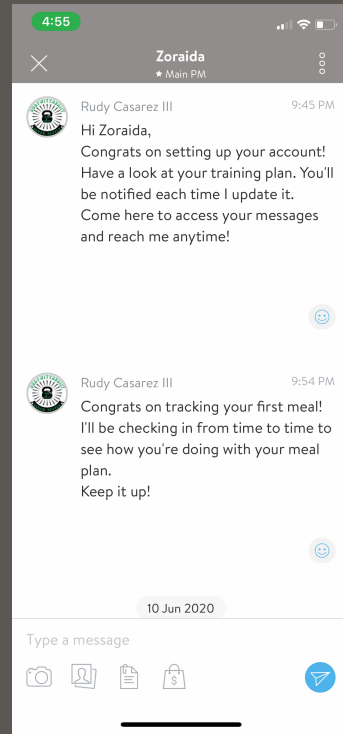
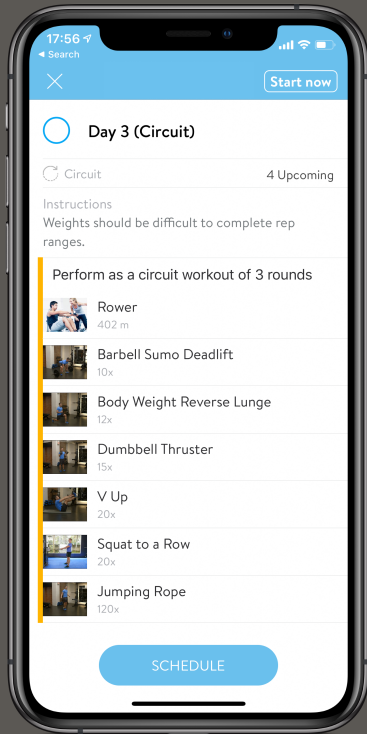
MyFitnessPal integration to stay on top of your food intake.



Structured days so that you know exactly what to do.



Customized macros and guided workouts at the palm of your hand.



Daily macro and activity completion check-ins as well as 24/7 support from me.

