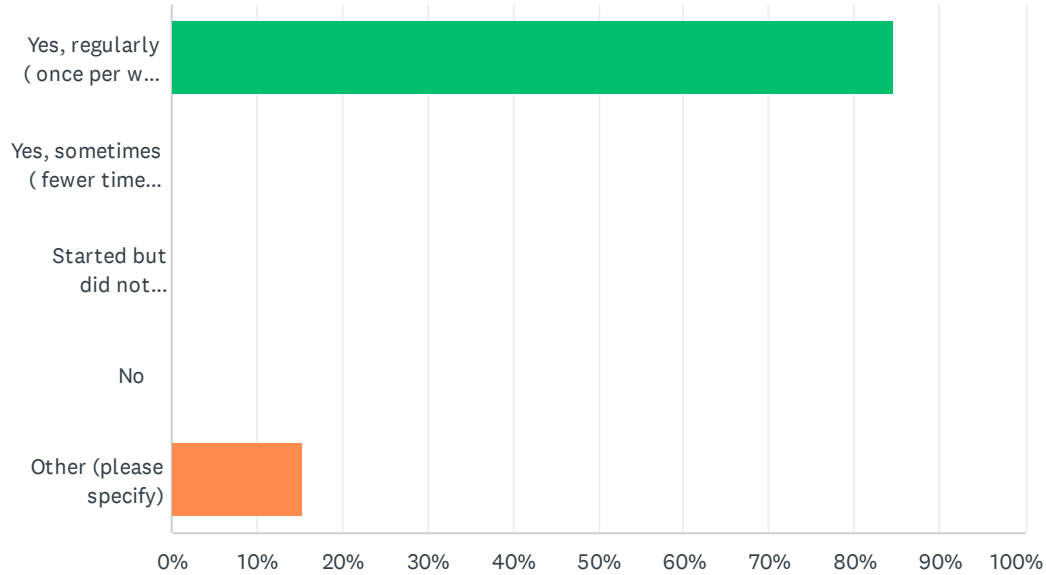


Q1 Did you participate in the Community Renewal Fund supported Volunteer Programme at Silverburn Park in Spring 2022? (Choose one answer)

Answered: 13 Skipped: 0

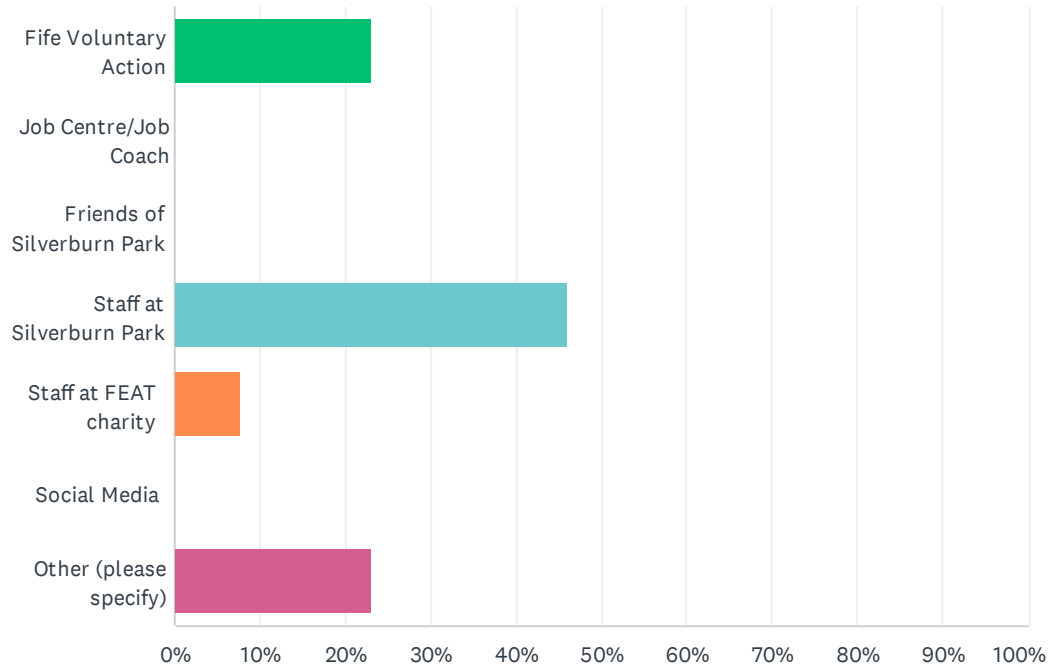


ANSWER CHOICES	RESPONSES
Yes, regularly (once per week or more)	84.62% 11
Yes, sometimes (fewer times than once per week)	0.00% 0
Started but did not continue	0.00% 0
No	0.00% 0
Other (please specify)	15.38% 2
TOTAL	13

#	OTHER (PLEASE SPECIFY)	DATE
1	not sure	8/1/2022 11:37 PM
2	Assisted by working with clients in garden	7/20/2022 6:41 PM

Q2 Where did you hear about the Volunteer Programme? (Tick any that apply)

Answered: 13 Skipped: 0

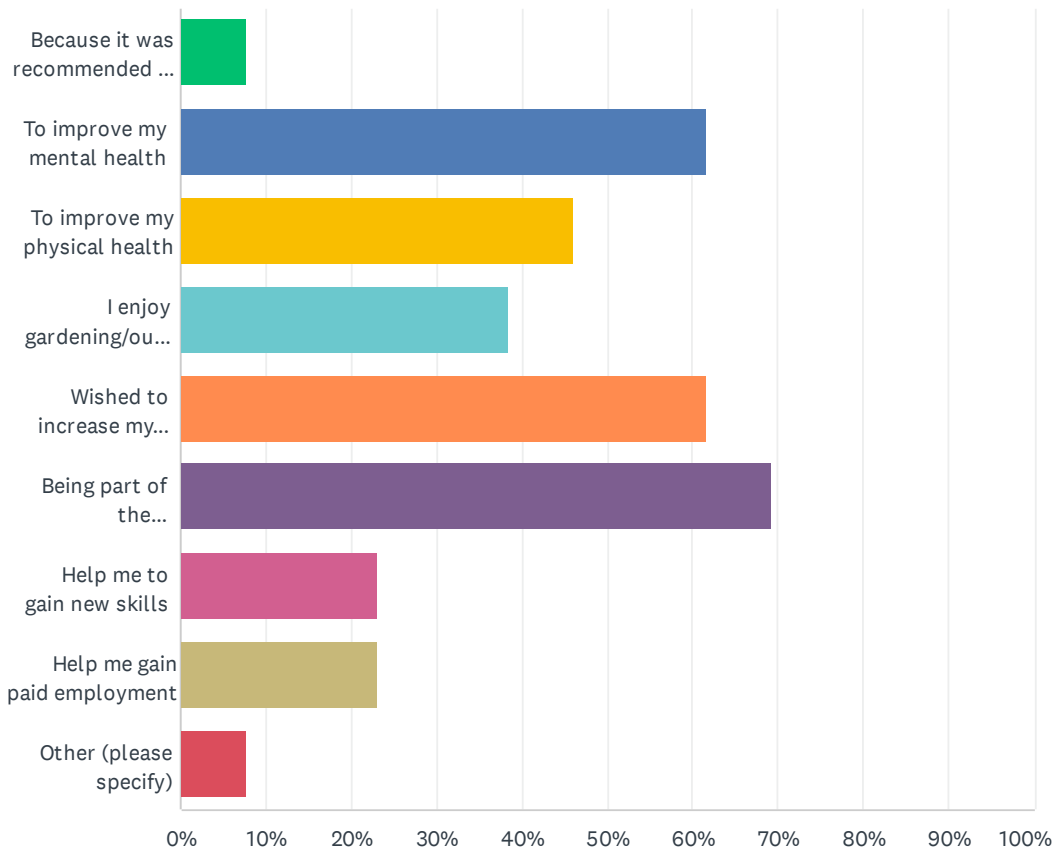


ANSWER CHOICES	RESPONSES
Fife Voluntary Action	23.08% 3
Job Centre/Job Coach	0.00% 0
Friends of Silverburn Park	0.00% 0
Staff at Silverburn Park	46.15% 6
Staff at FEAT charity	7.69% 1
Social Media	0.00% 0
Other (please specify)	23.08% 3
Total Respondents: 13	

#	OTHER (PLEASE SPECIFY)	DATE
1	not sure	8/1/2022 11:37 PM
2	Used to briefly volunteer in 2013, mother is a member of one of the voluntary groups	7/20/2022 12:34 PM
3	Volunteer Scotland	7/6/2022 5:58 PM

Q3 Why did you decide to participate in the programme? (Tick any that apply)

Answered: 13 Skipped: 0



ANSWER CHOICES	RESPONSES
Because it was recommended to me	7.69% 1
To improve my mental health	61.54% 8
To improve my physical health	46.15% 6
I enjoy gardening/outdoor work	38.46% 5
Wished to increase my social interactions	61.54% 8
Being part of the community/giving back to the community	69.23% 9
Help me to gain new skills	23.08% 3
Help me gain paid employment	23.08% 3
Other (please specify)	7.69% 1
Total Respondents: 13	

#	OTHER (PLEASE SPECIFY)	DATE
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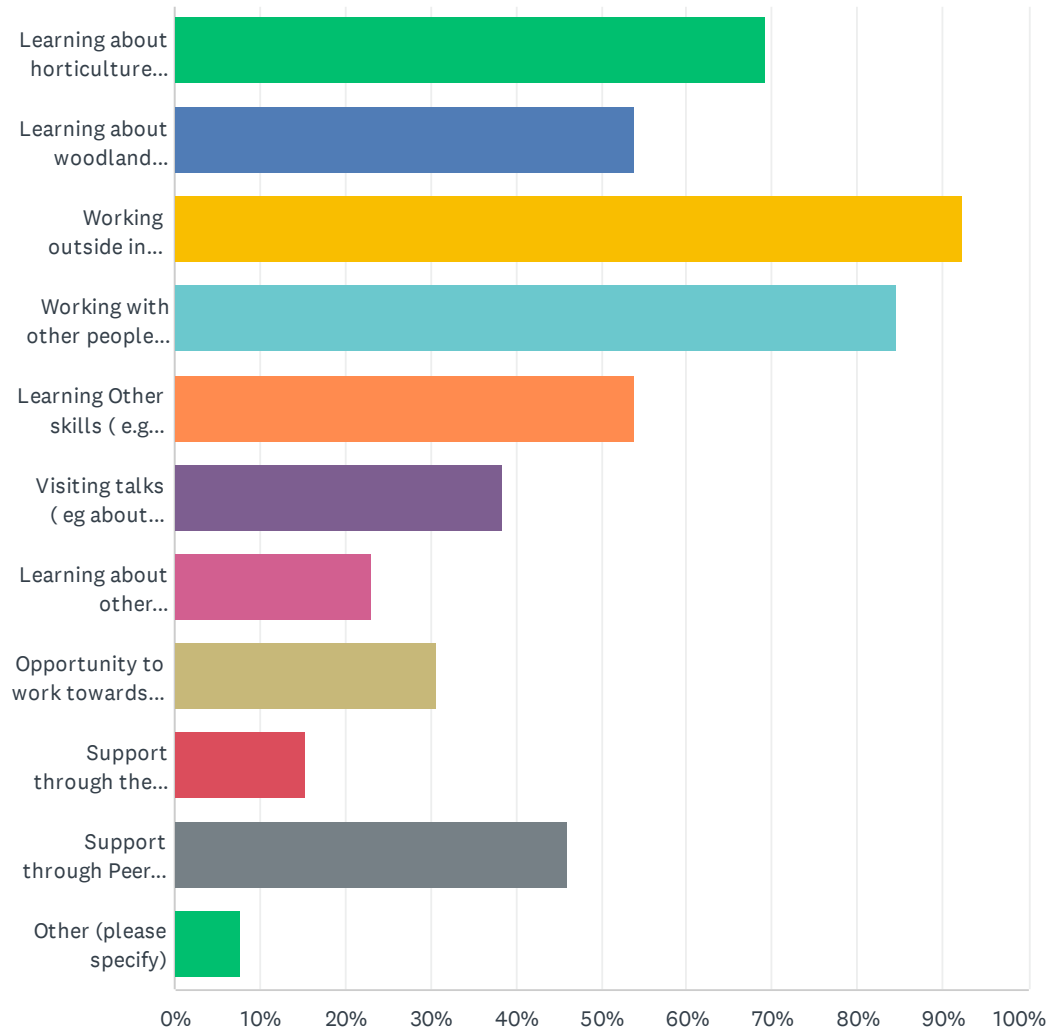
1

I have heard about FEAT and what they do.

7/6/2022 5:58 PM

Q4 Which programme activities did you find most helpful or enjoyable? (Tick as many as apply)

Answered: 13 Skipped: 0



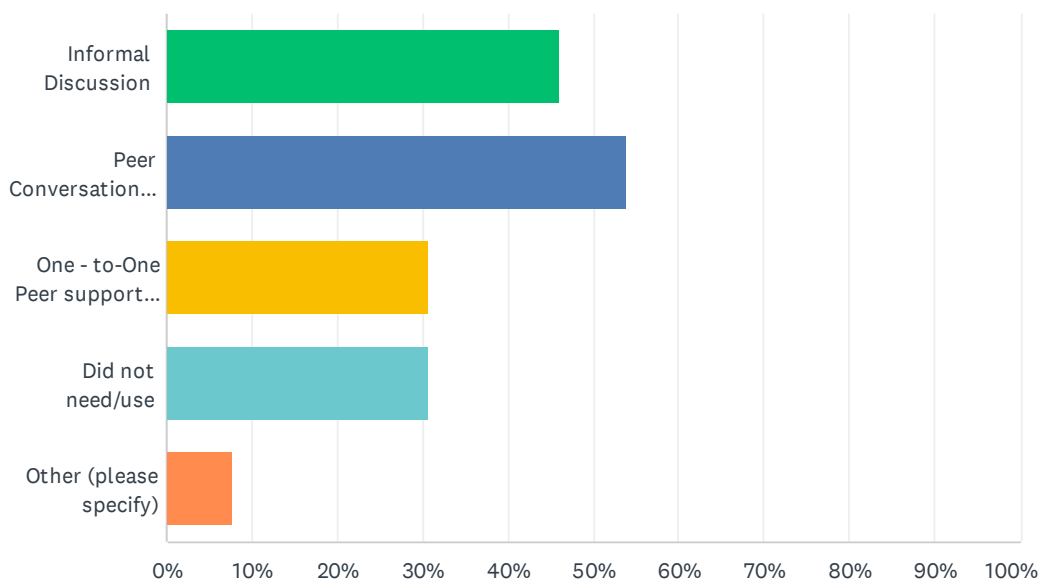
Heart, Mind and Soul: Community Renewal Fund Volunteer Programme at Silverburn Park

ANSWER CHOICES	RESPONSES	
Learning about horticulture/gardening	69.23%	9
Learning about woodland management	53.85%	7
Working outside in nature	92.31%	12
Working with other people as a team	84.62%	11
Learning Other skills (e.g. woodworking)	53.85%	7
Visiting talks (eg about history pf the Park, history of gaelic in Fife etc)	38.46%	5
Learning about other opportunities for work placements	23.08%	3
Opportunity to work towards qualifications , awards or certificates	30.77%	4
Support through the Volunteer Progression Coordinator to think about your own development or progression	15.38%	2
Support through Peer Support to think about your own development or progression	46.15%	6
Other (please specify)	7.69%	1
Total Respondents: 13		

#	OTHER (PLEASE SPECIFY)	DATE
1	See 1st answer	7/20/2022 6:41 PM

Q5 Which Peer support activities were helpful? (Tick any that apply)

Answered: 13 Skipped: 0

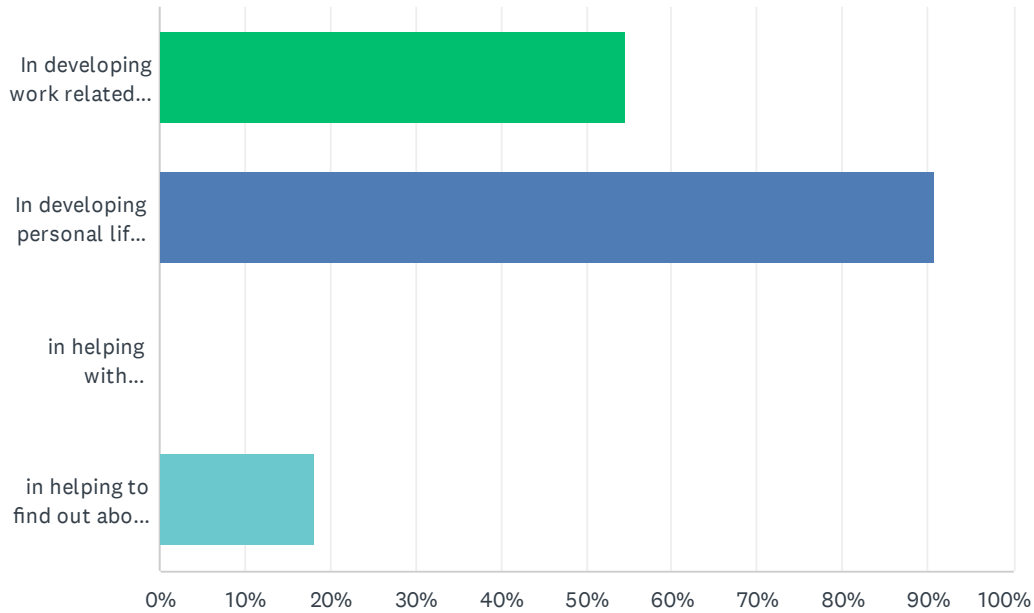


ANSWER CHOICES	RESPONSES
Informal Discussion	46.15% 6
Peer Conversation Cafe sessions	53.85% 7
One - to-One Peer support meetings	30.77% 4
Did not need/use	30.77% 4
Other (please specify)	7.69% 1
Total Respondents: 13	

#	OTHER (PLEASE SPECIFY)	DATE
1	N/A	7/20/2022 6:41 PM

Q6 Did you feel the programme supported you in any of the following? (Tick any that apply)

Answered: 11 Skipped: 2

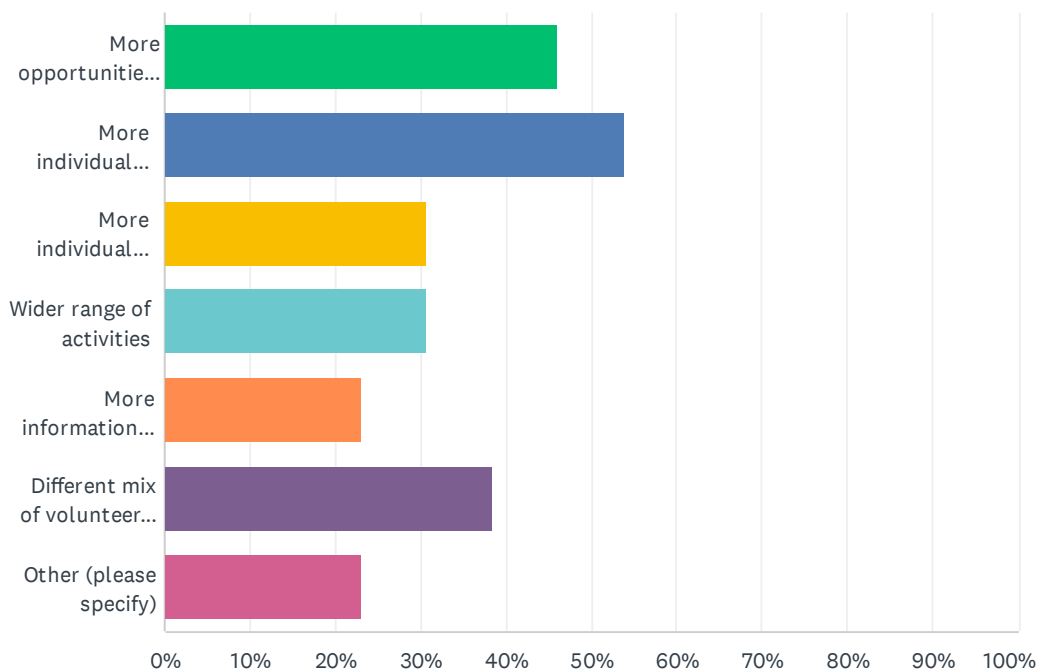


ANSWER CHOICES	RESPONSES
In developing work related skills	54.55% 6
In developing personal life skills (for example improved confidence, interaction with other people, better mental health)	90.91% 10
in helping with job-searching	0.00% 0
in helping to find out about other work or volunteering opportunities	18.18% 2
Total Respondents: 11	

#	OTHER (PLEASE SPECIFY)	DATE
1	N/A	7/20/2022 6:41 PM

Q7 The programme was a new, more structured, approach to volunteering. This was intended to help people get the most out of the programme and to progress to other activities afterwards (e.g. employment/other volunteering etc .) Can you suggest things that could be done in the future to improve the volunteer experience? (Tick any that apply)

Answered: 13 Skipped: 0

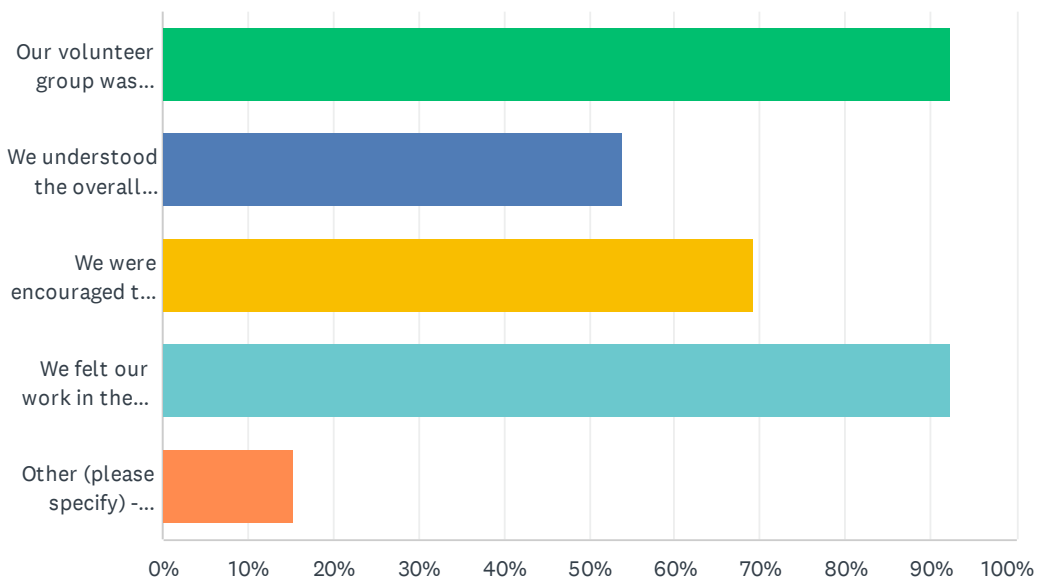


ANSWER CHOICES	RESPONSES
More opportunities for gaining skills or qualifications	46.15% 6
More individual one-to-one peer support	53.85% 7
More individual one-to-one support for practical guidance (e.g. form filling or where to look for external opportunities)	30.77% 4
Wider range of activities	30.77% 4
More information about the Park and the purpose of different activities	23.08% 3
Different mix of volunteer groups	38.46% 5
Other (please specify)	23.08% 3
Total Respondents: 13	

#	OTHER (PLEASE SPECIFY)	DATE
1	I can't think of any improvements at the moment.	7/22/2022 9:22 PM
2	Nothing to add	7/20/2022 6:41 PM
3	The program is already very good.	7/6/2022 5:58 PM

Q8 Another key aim of the programme was To improve the maintenance and development of Silverburn Park as a Community Asset. Do you feel any of the following statements apply to your experience ? (Tick any that apply)

Answered: 13 Skipped: 0

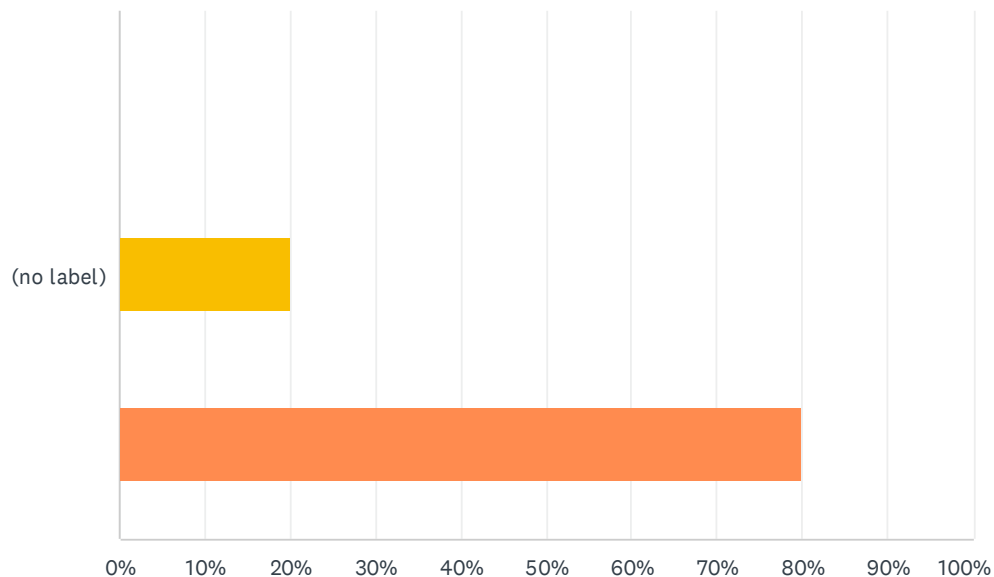


ANSWER CHOICES	RESPONSES
Our volunteer group was making a positive difference to the park maintenance and development	92.31% 12
We understood the overall aims and goals for the Park maintenance and development	53.85% 7
We were encouraged to input ideas and suggestions for Park improvements	69.23% 9
We felt our work in the Park was valued by staff and by visitors	92.31% 12
Other (please specify) - Please write here any suggestions for how you think this could have worked better or any other comments you have on this	15.38% 2
Total Respondents: 13	

#	OTHER (PLEASE SPECIFY) - PLEASE WRITE HERE ANY SUGGESTIONS FOR HOW YOU THINK THIS COULD HAVE WORKED BETTER OR ANY OTHER COMMENTS YOU HAVE ON THIS	DATE
1	I felt like I was a part of the Silverburn Park community which motivated me to turn up to volunteer.	7/22/2022 9:22 PM
2	See 1st answer	7/20/2022 6:41 PM

Q9 Overall how would you rank your experience on the Community Renewal Fund Volunteer Programme

Answered: 10 Skipped: 3



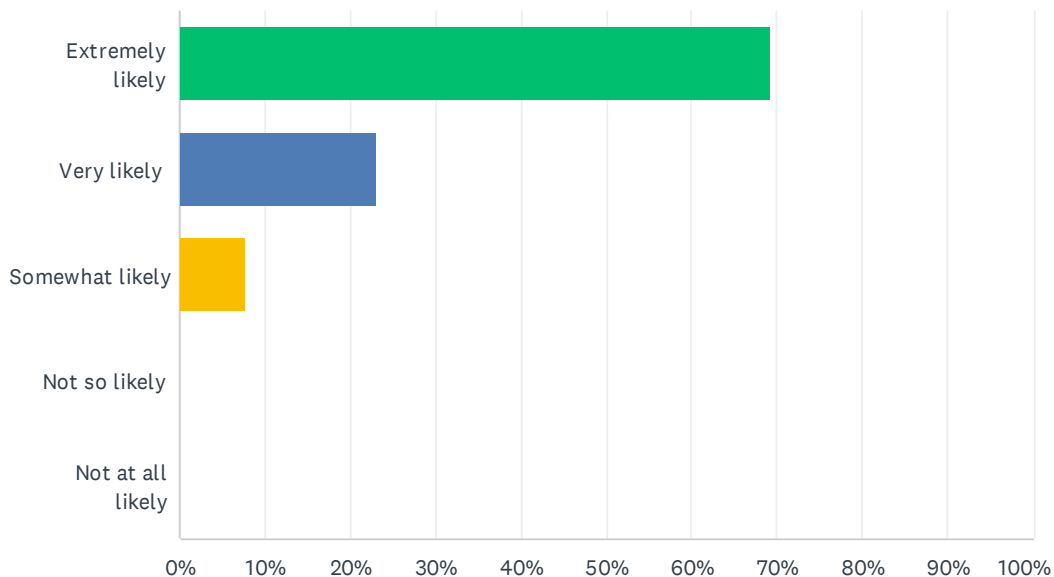
■ It was a ver...
 ■ I got somet...
 ■ The progra...
 ■ The progra...
 ■ The progra...

	IT WAS A VERY POOR EXPERIENCE, DIDN'T WORK FOR ME AT ALL	I GOT SOMETHING POSITIVE OUT OF THE PROGRAMME BUT NOT A GREAT DEAL	THE PROGRAMME WAS FINE, I HAD A REASONABLY GOOD EXPERIENCE	THE PROGRAMME WAS VERY GOOD, I GOT A GREAT DEAL OUT OF IT	THE PROGRAMME WAS EXCELLENT AND A REALLY POSITIVE EXPERIENCE	TOTAL	WEIGHTED AVERAGE
(no label)	0.00% 0	0.00% 0	20.00% 2	0.00% 0	80.00% 8	10	4.60

#	OTHER (PLEASE SPECIFY)	DATE
1	not sure	8/1/2022 11:37 PM
2	The program was not for me. I helped as a volunteer.	7/20/2022 6:41 PM
3	The programme was good/staff very good. I enjoyed working outdoors in a team/s	7/20/2022 10:44 AM

Q10 How likely are you to recommend Silverburn Park to others as a place to volunteer?

Answered: 13 Skipped: 0



ANSWER CHOICES	RESPONSES	
Extremely likely	69.23%	9
Very likely	23.08%	3
Somewhat likely	7.69%	1
Not so likely	0.00%	0
Not at all likely	0.00%	0
TOTAL		13

Q11 And finally, we would be very happy to hear any other comments you have about your experience on the programme, both positive and negative. This can help us design the programme better in the future, and help show the funders if it was money well-spent. All your comments are anonymous and will only be used anonymously

Answered: 10 Skipped: 3

#	RESPONSES	DATE
1	not sure	8/1/2022 11:37 PM
2	The volunteer programme has been a very positive experience for me and I think more public spaces could benefit from similar programmes. Both the individual volunteers and the park gain from the programme.	7/22/2022 9:22 PM
3	Better I think to have a clear plan to avoid clashing with other groups. Otherwise very satisfying to watch our volunteer grow in confidence and ability	7/20/2022 6:41 PM
4	It would have been nice to learn a bit more about gardening/horticulture as we were doing practical activities (a bit more why as well as what). I didn't realise when I applied that this programme had a focus on mental health. That wasn't a problem, just a surprise.	7/20/2022 10:44 AM
5	The programme helped my mental and physical health, I built up some more confidence but everything felt very informal to the point of little structure, However I did not join at the beginning of the programme so I don't think that helped, I was however not aware of events etc until last minute or missed them completely. It was an enjoyable experience but I wasn't aware of many opportunities or long term goals etc, I only knew they would like the park to be a nicer place to visit, and had received funding for the mill to be turned into a community centre. The park is now more improved, it did feel confusing on identifying who is a volunteer and who is not, and who I was meant to turn too if there was any issues etc. Overall I enjoying volunteering there and staff were never annoyed if you couldn't make it for any reason but it didn't feel like there was much for me to learn or do whilst there, however this may have been due to not being aware of the opportunities, and joining the programme later on.	7/19/2022 9:18 PM
6	You MUST keep it going. I think people who haven't experienced Peer support before would benefit from the experience	7/19/2022 6:51 PM
7	Had an excellent time, the staff and volunteers were fantastic in making me feel welcome and very friendly in their manner.	7/10/2022 9:44 PM
8	I would do it again, have had a great time, I am very grateful to the staff.	7/6/2022 5:58 PM
9	I had a brilliant experience on the programme and definitely believe, the park and volunteers would definitely benefit with an increased peer support programme to give support to future volunteers.	7/5/2022 4:21 PM
10	It would be great to continue having peer support on further courses as they provide help and encouragement during the process	7/2/2022 1:06 PM