

# NEL NEW LIGHT CHURCH

EMPOWERING BELIEVERS, EQUIPPING LEADERS, EVANGELIZING THE WORLD

# 201

## DISCOVERING SPIRITUAL MATURITY



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*Discovering  
Spiritual  
Maturity*

201

## WELCOME TO NEW LIGHT 201 DISCOVERING SPIRITUAL MATURITY

We're glad you signed up! This class is the second of New Light's four basic classes. Because these classes build on each other, you must first attend Discovering Church Membership #101 before taking this class.

### THE PURPOSE OF THIS CLASS:

*"... that you may become mature Christians and may fulfill God's will for you."*  
Col. 4:12b (Ph)

*"We are not meant to remain as children ... but to grow up in every way into Christ..."* Eph. 4:14-15  
(Ph)

### THE FOCUS OF THIS CLASS:

We will focus on the **Four Basic Habits** every Christian needs to develop in order to grow to spiritual maturity. This class will ...

- Equip you with the **skills** you need to begin these habits
- Explain the **tools** you need to continue these habits.

### WHAT IS "SPIRITUAL MATURITY"?

*"...In the unity of common faith, and knowledge of the Son of God, we arrive at real maturity - the measure of development which is meant by 'the fullness of Christ.'" Eph 4:13(Ph)*

**Spiritual Maturity is underline** \_\_\_\_\_

*"For from the very beginning God decided that those who came to him ... should become like his Son...."*  
Rom.8:29(LB)

## FACTS ABOUT SPIRITUAL MATURITY

### 1. IT'S NOT AUTOMATIC

*"You have been Christians for a long time now, and you ought to be teaching others, but instead ... you need someone to teach you ... When a person is still living on milk, it shows he isn't very far along in the Christian life ... He's still a baby Christian!"* Heb. 5:12-13 (LB)

### 2. IT IS A PROCESS

*"Learn to be mature."* Prov. 8:5 (GN)

*"Continue to grow in the grace and knowledge of our savior Jesus Christ."* 2 Peter 3:18 (GN)

### 3. IT TAKES DISCIPLINE

*"Take **the time and the trouble** to keep yourself spiritually fit."* 1Timothy 4:7b (Ph)

*"**Discipline** yourself for the purpose of godliness."* 1 Timothy 4:7b (NASB)

### UNDERSTANDING DISCIPLESHIP

1. Mature believers are called \_\_\_\_\_

2. I cannot be a disciple without being \_\_\_\_\_

3. The more disciplined I become \_\_\_\_\_

4. The mark of a disciple is \_\_\_\_\_

(Jesus) *"Anyone who does not carry his cross and follow me cannot be my disciple."* Luke 14:27

5. How often am I to do this? \_\_\_\_\_

(Jesus) *"If anyone would come after me, he must deny himself, and take up his cross **daily**, and follow me."*  
Luke 9:23

6. What is involved in "cross bearing"?

\_\_\_\_\_ to give Christ first place in my life!

### FOUR HABITS OF A DISCIPLE

HOW CAN I BECOME A DISCIPLE? Develop \_\_\_\_\_

*"... You have **put off the old self** with its **HABITS**, and have put on the new self ... which God is continually renewing in his own image, to bring you to a full knowledge of himself."* Col. 3:9-10

#### 1. TIME WITH GOD'S WORD

*"If you **continue in my Word**, then you are my disciples indeed. And you will know the truth and the truth will set you free."* John 8:31-32

#### 2. PRAYER

*"If you remain in me, and my words remain in you, then you will **ask for anything you wish**, and you shall have it ... in this way you become my disciples."* John 15:7-8 (GN)

### 3. TITHING

"None of you can be my disciple unless **he gives up all of his possessions.**"  
(JB)

Luke 14:33

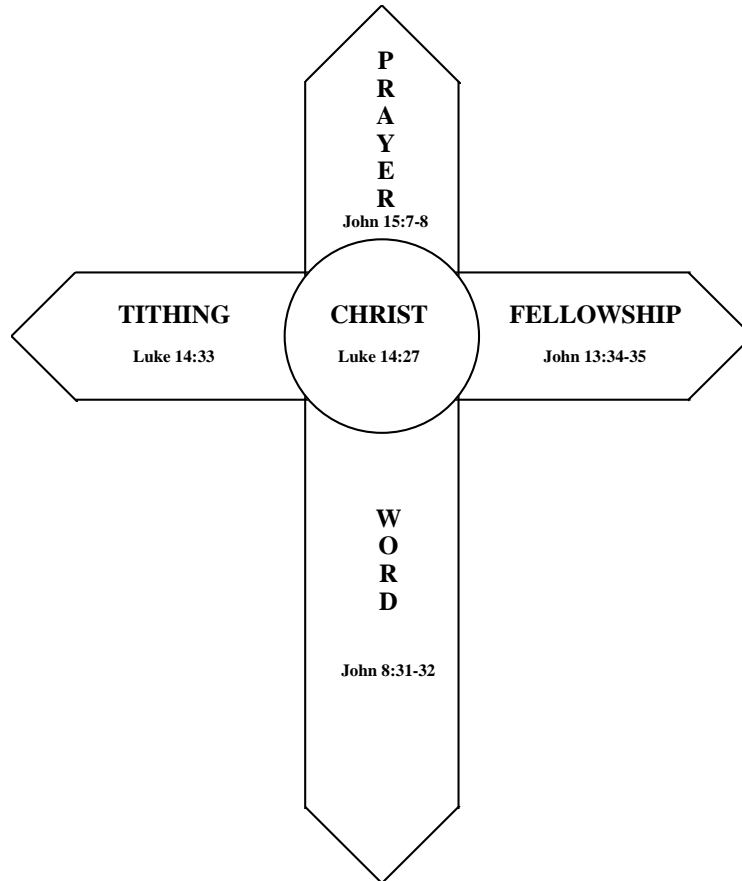
"The purpose of tithing is to teach you to always **put God first** in your lives."  
(LB)

Deut. 14:23

### 4. FELLOWSHIP

"Love each other just as much as I love you. Your **strong love for each other** will prove to the world that you are my disciples."

John 13:34-35 (LB)



## DEFINITIONS OF "HABIT": (Webster's II Dictionary)

1. "A continual, often unconscious inclination to do a certain activity, acquired through frequent repetition."
2. "An established disposition of the character."  
Thoughts = Actions = Habits = Character = Destiny
3. "A customary practice"

### CLASS OUTLINE

#### SESSION ONE:

- **Introduction: Spiritual Maturity and Habits**
- **How to Get A "Grasp" On Your Bible**
- **The Habit of A Daily Time With God**

#### SESSION TWO:

- **The Habit of Prayer: Talking with God**
- **The Habit of Tithing: Giving Back to God**
- **The Habit of Fellowship: Enjoying God's Family**
- **How To Start And Maintain Good Habits**

### THE GOAL OF THIS CLASS

**That I will \_\_\_\_\_ to the habits necessary for spiritual maturity.**

*"In the past you voluntarily gave your bodies to the service of vice and ... the purposes of evil. So now give yourselves to the service of righteousness - for the purpose of becoming truly good."*

Rom.6:19 (Ph)

# ***HOW TO GET A “GRASP” ON YOUR BIBLE***

*"The whole Bible was given to us by inspiration from God and is useful to teach us what is true and to make us realize what is wrong in our lives; it straightens us out and helps us do what is right. It is God's way of making us well prepared at every point, fully equipped to do good to everyone."*

**2 Tim 3:16-17 (LB)**

# **SIX WAYS TO GET A “GRASP” ON YOUR BIBLE**

## The Hand Illustration

On this page trace an outline of your own hand!



## HOW TO HEAR GOD'S WORD

"Faith comes from **hearing** the Word of God." Rom. 10:17

### Ways to Hear God's Word

- The Bible on CD/mp3
- Church services and studies
- Sermon CDs/social media outlets
- Radio/TV teachers

PROBLEM: We forget \_\_\_\_\_ % of what we hear after 72 hours.

## HOW TO IMPROVE YOUR HEARING

### 1. Be ready and eager to hear God.

(Jesus) "*He who has ears to hear, let him hear!*" Luke 8:8

*"How sweet are your words to my taste, sweeter than honey to my mouth!"* Psalm 119:103

### 2. Deal with attitudes that prevent hearing God (Luke 8:4-15)

*"Consider carefully how you listen ..."* Luke 8:18

- **A Closed Mind:** Is fear, pride or bitterness preventing me from hearing God?
- **A Superficial Mind:** Am I really serious about wanting to hear God speak out of His Word?
- **A Preoccupied Mind:** Am I too busy and concerned with other things to concentrate on what God has to say out of His Word?

### 3. Confess any sin in your life.

*"... Get rid of all moral filth and humbly accept the Word..."*  
James 1:21

### 4. Take notes on what you hear.

*"We must pay more **careful attention** to what we've heard, so that we do not drift away!"* Heb. 2:1

## 5. Act on what you hear!

*"Do not merely listen to the Word, and so deceive yourselves. **Do what it says!**"* James 1:22

*"Whoever ... does not simply listen and then forget, **but puts it into practice** - that person will be blessed in what he does." James 1:25 (GN)*

## HOW TO READ GOD'S WORD

*"Happy is the one who **reads** this book ... and obeys what is written in it!"* Rev. 1:3 (GN)

How often should I read God's Word? \_\_\_\_\_

*"(The Scriptures) shall be his constant companion. **He must read from it everyday of his life** so that he will learn to respect the Lord his God by obeying all of his commands." Deut. 17:19 (LB)*

## SUGGESTIONS

Read it systematically

Read it in a Bible without notes

Read it in different translations (Good News, Living Bible, etc.)

Read it aloud quietly to yourself

Underline or color code key verses

Choose a reading plan and stick with it

If I read approximately \_\_\_\_\_ minutes a day, I can read through the Bible once a year.

**A BIBLE READING PLAN  
THROUGH THE NEW TESTAMENT IN 30 DAYS**

1. Matthew 1-9
2. Matthew 10-15
3. Matthew 16-22
4. Matthew 23-28
5. Mark 1-8
6. Mark 9-16
7. Luke 1-6
8. Luke 7-11
9. Luke 12-18
10. Luke 19-24
11. John 1-7
12. John 8-13
13. John 14-22
14. Acts 1-7
15. Acts 8-14
16. Acts 15-21
17. Acts 22-28
18. Romans 1-8
19. Romans 9-16
20. 1 Corinthians 1-9
21. 1 Corinthians 10-16
22. 2 Corinthians 1-13
23. Galatians - Ephesians
24. Philippians - 2 Thessalonians
25. 1 Timothy - Philemon
26. Hebrews
27. James - 2 Peter
28. 1 John - 3 John
29. Revelation 1-11
30. Revelation 12-22

## HOW TO STUDY GOD'S WORD

"... they accepted the message eagerly and **studied the Scriptures** everyday ..." Acts 17:11 (Ph)

"Be a good workman ... **Know what His Word says and means.**" 2 Tim. 2:15

The difference between reading and studying the Bible is that you \_\_\_\_\_ when you study.

The secret of effective Bible study is knowing how to \_\_\_\_\_.

### SUGGESTED RESOURCES FOR BIBLE STUDY

#### Study Bibles:

- Personal Study Bible:  
"**The Life Application Bible**" (Tyndale)
- Topical Study Bible:  
"**Thompson Chain Reference Bible - NIV** (Kirkbride)
- Background Study Bible:  
"**The NIV Study Bible**" (Zondervan)
- Doctrine Study Bible:  
"**The Disciples Study Bible**" (Holman)

#### Bible Handbooks:

- "**Richard's Complete Handbook**" (Word)
- "**Haley's Bible Handbook**" (Zondervan)
- "**Eerdman's Bible Handbook**" (Eerdmans)

#### Other Important Study Tools:

**As many different translations as you can afford**  
(These can be purchased in parallel editions)

**A complete concordance to match your translation**

**A Bible on computer program such a "WordSearch" or "PCBible"**

- "**The New Bible Dictionary**" (Eerdmans)

- **"The Baker Encyclopedia of the Bible" (Baker)**
- **"The New Bible Commentary" (Eerdmans)**
- **"The Moody Atlas of Bible Lands" (Moody)**

## **HOW TO MEMORIZE GOD'S WORD**

*"Guard my words as your most precious possession. Write them down, and also keep them deep within your heart." Pr. 7:2-3 (LB)*

## **BENEFITS OF MEMORIZING SCRIPTURE**

### **1. It helps me resist temptation.**

*"I have hidden your Word in my heart that I might not sin against you." Ps. 119:11*

### **2. It helps me make wise decisions.**

*"Your Word is a lamp to guide me and a light for my path. Ps. 119:105*

### **3. It strengthens me when I'm under stress.**

*"... Your promises to me are my hope. They give me strength in all my troubles; how they refresh and revive me!" Ps. 119:49 (LB)*

### **4. It comforts me when I'm sad.**

*"Your words are what sustain me ... They bring joy to my sorrowing heart and delight me." Jer. 15:16 (LB)*

### **5. It helps me witness to unbelievers.**

*"Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have." 1 Peter 3:15*

## **WHEN TO MEMORIZE A VERSE**

- During your Quiet Time
- While Exercising
- While waiting (spare moments)
- At bedtime (Ps 63:6)

## HOW TO MEMORIZE A VERSE

1. Pick a verse that speaks to you.
2. Say the verse reference before and after
3. Read the verse aloud many times. Record it!
4. Break the verse into natural phrases.
5. Emphasize key words when quoting the verse.
6. Write down a verse and erase a word one at a time.
7. Write the verse out on flash cards.
8. Carry those cards with you at all times for review.
9. Display your verses in prominent places
10. Always memorize the verse word perfect. Memorize it exactly the way it's written.
11. Put the verse to music. Write a song.
12. Get a partner so you can check each other.

**Suggested beginning rate: 2 new verses a week.**

THREE KEYS TO MEMORIZING: \_\_\_\_\_,  
\_\_\_\_\_, \_\_\_\_\_.

We remember what is \_\_\_\_\_.

“Your teachings are worth more to me than thousands of pieces of gold and silver.” Psa 119:72 (NCV)

## SCRIPTURE MEMORY COURSE

The following verses suggest a "balance" in Scripture Memory. The verses selected are key verses in understanding the foundations of the Christian Life and Christian Growth. Do not feel tied-down to this suggested list. This is only a tool to lead you in an understanding of the importance of memorizing "key" verses.

### *Live the New Life:*

Christ the Center	II Cor. 5:17; Gal. 2:20
Obedience to Christ	Rom. 12:1; John 14:21
The Word	II Tim. 3:16; Josh. 1:8
Prayer	John 15:7; Phil. 4:6-7
Fellowship	Matt. 18:20; Heb. 10:24
Witnessing	Matt. 4:19; Rom. 1:16

***Proclaim Christ:***

All Have Sinned	Rom. 3:23; Isa. 53:6
Sin's Penalty	Rom. 6:23; Heb. 9:27
Christ Paid the Penalty	Rom. 5:8; I Peter 3:18
Salvation Not by Works	Eph. 2:8-9; Titus 3:5
Must Receive Christ	John 1:12; Rev. 3:20
Assurance of Salvation	I John 5:13; John 5:24

***Rely on God's Resources:***

His Spirit	I Cor. 3:16; I Cor. 2:12
His Strength	Isa. 41:10; Phil. 4:13
His Faithfulness	Lam. 3:22; Num. 23:19
His Peace	Isa. 26:3; I Peter 5:7
His Provision	Rom. 8:32; Phil 4:19
His Help in Temptation	Heb. 2:18; Ps. 119:9, 11

***Be Christ's Disciple:***

Put Christ First	Matt. 6:33; Luke 9:23
Separate from the World	I Jn. 2:15-16; Rom. 12:2
Be Steadfast	I Cor. 15:58; Heb. 12:3
Serve Others	Mark 10:45; II Cor. 4:5
Give Generously	Prv. 3:9-10; II Cor. 9:6-7
Develop World Vision	Acts 1:8; Matt. 28:19-20

***Grow in Christ likeness:***

Love	John 13:34-35; I Jn. 3:18
Humility	Phil. 2:3-4; I Peter 5:5-6
Purity	Eph. 5:3; I Peter 2:11
Honesty	Lev. 19:11; Acts 24:16
Faith	Heb. 11:6; Rom. 4:20-21
Good Works	Gal. 6:9-10; Matt. 5:16

**HOW TO MEDITATE ON GOD'S WORD**

*"(Those) who are always meditating on His Laws ... are like trees along a river bank bearing fruit ... they never wither and whatever they do prospers."* Ps. 1:2-3 (LB)

Meditation is \_\_\_\_\_ about a Bible verse in order to discover how I can apply its truth to my own life.

### WHY MEDITATE ON SCRIPTURE

#### 1. It is the key to becoming like Christ.

"... *Your life is shaped by your thoughts.*" Pr. 4:23 (GN)

"... *Be transformed by the **renewing** of your mind.*" Rom. 12:2

"As we ... **contemplate** the Lord's glory, we are being transformed into His likeness ..." 1 Cor. 3:18

#### 2. It is the key to answered prayer.

"If you live your life in Me, and my words live in your hearts, **you can ask for whatever you like**, and it will come true for you." John 15:7 (Ph)

#### 3. It is the key to successful living.

"... *Meditate on (the Word) day and night, so you may be careful to do everything written in it. Then you will be prosperous and successful.*" Joshua 1:8

### SIX WAYS TO MEDITATE ON A VERSE

1. **Picture it!** Visualize the scene in your mind.
2. **Pronounce it!** Say the verse aloud, each time emphasizing a different word.
3. **Paraphrase it!** Rewrite the verse in your own words.
4. **Personalize it!** Replace the pronouns or people in the verse with your own name.
5. **Pray it!** Turn the verse into a prayer and say it back to God.
6. **Probe it!** Ask the following nine questions:

### S.P.A.C.E.P.E.T.S. Questions

Is there any ...

**SIN TO CONFESS?**

**PROMISE TO CLAIM?**

**ATTITUDE TO CHANGE?**

**COMMAND TO KEEP?**

**EXAMPLE TO FOLLOW?**



**PRAYER TO PRAY?**

**ERROR TO AVOID?**

**TRUTH TO BELIEVE?**

**SOMETHING TO THANK GOD FOR?**

## **HOW TO APPLY GOD'S WORD**

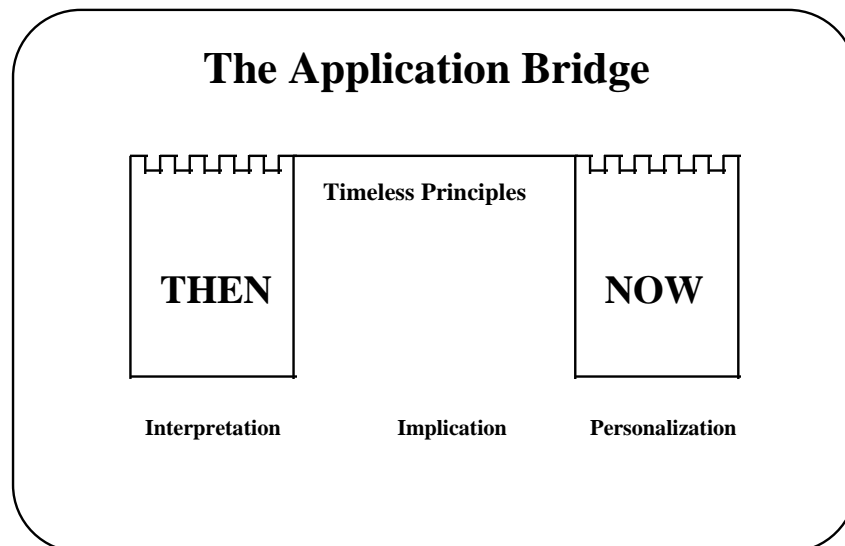
*"Do not fool yourselves by just listening to the Word. Instead, put it into practice."*

James 1:22

*"... Whoever practices and teaches these commands will be called great in the kingdom of heaven."*

Matt. 5:19

## **HOW TO APPLY SCRIPTURE**



**There are three questions to ask:**

- 1. What did it mean to the original hearers?**
- 2. What is the underlying timeless principle?**
- 3. Where or how could I practice that principle**

**Write out a sentence that describes what action you will take to apply the truth.**

#### **4 Marks of A Good Application Project**

- 1. It's**
- 2. It's**
- 3. It's**
- 4. It's**

*"Now that you know these things - **do them!** That is the path of blessing!" John 13:17 (LB)*

# ***THE HABIT OF A DAILY TIME WITH GOD***

*"The one who looks steadily at God's perfect law ... and makes that law his HABIT - not listening and then forgetting, but actively putting it into practice will be happy in all that he does."*

**James 1:25 (Ph)**

## HOW TO SPEND TIME WITH GOD

**DEFINITION:** Time with God is a daily time I set aside to be alone with God to get to know Him through the Bible and prayer.

### THE IMPORTANCE OF A DAILY QUIET TIME

Your time alone with God should be the top priority in your schedule for five reasons:

**1. We were \_\_\_\_\_ to have fellowship with God.**

*"So God created man in his own image ..." Gen. 1:27, 2:7, 3:8*

*"Look! I've been standing at the door and constantly knocking. If anyone ... opens the door, I will come in and fellowship with him and he with me." Rev. 3:20 (LB)*

**2. Jesus \_\_\_\_\_ to make a relationship to God possible.**

*"God ... has invited you into this wonderful friendship with his Son, Christ our Lord." 1 Cor. 1:9 (LB)*

**3. Personal time alone with God was Jesus' \_\_\_\_\_**

*Mark 1:35, Luke 22:39, Luke 5:16*

*"Jesus **often** withdrew to lonely places and prayed."*

**4. Every person who has been effective in \_\_\_\_\_ for God developed this habit.**

Abraham, Moses, David, Daniel, Paul, etc.

**5. You cannot be a \_\_\_\_\_ Christian without it!**

*"Man cannot live on bread alone but on every word that God speaks." Matt. 4:4 (GN)*

*"... I have treasured the words of His mouth more than my necessary food." Job 23:12 (NAS)*

*"How can a young man cleanse his way? By keeping to your Word." Ps. 119:9*

## THE PURPOSE OF A DAILY QUIET TIME

### 1. TO GIVE \_\_\_\_\_ TO GOD

*"Give to the Lord the glory due to his name. Worship the Lord in the splendor of his holiness."*  
Ps. 29:2

*"(Hezekiah) was successful, because everything he did ... he did in a spirit of complete devotion to his God."* 2 Ch. 31:21 (GN)

God deserves our devotion! (Rev. 4:11)

God desires our devotion! (John 4:23)

### 2. TO GET \_\_\_\_\_ FROM GOD

*"Show me the path where I should go, O Lord; point out the right road for me to walk. Lead me ..."* Ps. 25:4 (LB)

#### Two Things to Do In A Quiet Time

**Consider your way:** *"Ponder the path of your feet and let all your ways be established."* Pr. 4:26 (KJV)

*"In all your ways acknowledge Him, and he will direct your paths."* Pr. 3:6 (KJV)

**Commit your day:** *"Commit everything you do to the Lord. Trust him to help you do it and he will."*  
Ps. 37:5 (LB)

### 3. TO GAIN \_\_\_\_\_ IN GOD

*"Delight yourself in the Lord; and he will give you the desires of your heart."* Ps. 37:4 (KJV)

*"... (God's) presence fills me with joy and brings me pleasure."* Ps. 16:11 (GN)

**FACT:** The better I get to know Christ, the more \_\_\_\_\_.

*The objective of your Quiet Time is not to study **about** Christ, but to actually spend time with him!*

### 4. TO GROW \_\_\_\_\_ LIKE GOD

*"Jesus has the power of God, by which he has given us everything we need to live and to serve God. We have these things because we know him.... With these gifts you can share in being like God"* 2 Pet 1:4 (NCV)

*"When the council saw the boldness of Peter and John ... they were amazed and realized **what being with Jesus had done for them!**"* Acts 4:13 (LB)

## HOW TO BEGIN A DAILY QUIET TIME

### 1. SELECT A SPECIFIC TIME

The best time to have a quiet time is when I am \_\_\_\_\_!

Whatever time you set, \_\_\_\_\_.

## HOW LONG SHOULD A QUIET TIME LAST:

Three Guidelines:

### 1. CHOOSE A TIME

- a. Start with 15 minutes and let it grow
- b. Don't watch the clock
- c. Emphasize quality, not quantity

### 2. CHOOSE A SPECIAL PLACE

*"Jesus left the city and went, as he usually did, to the Mount of Olives to pray." Luke 22:39*

*"Very early in the morning, while it was still dark, Jesus got up, left the house and went to a solitary place, where he prayed." Mark 1:35*

### 3. GATHER THE RESOURCES YOU'RE GOING TO NEED

- a. A Bible with readable print
- b. A notebook to write down what the Lord speaks to you about and to keep your prayer list
- c. Worship music

### 4. BEGIN WITH THE RIGHT ATTITUDE

- a. **REVERENCE** - *"Be still, and know that I am God." Psalms 46:10*
- b. **EXPECTANCY** - *"Open my eyes to see wonderful things in your Word." Psalms 119:18*
- c. **OBEDIENCE** - *"The thing you should want most is God's kingdom and doing what God want." Matthew 6:33*

## 5. FOLLOW A SIMPLE PLAN.

### FIFTEEN MINUTES WITH GOD

(A Plan to Get You Started)

- 1) **Relax** (1 minute) Be still. Be quiet. Show down. Prepare your heart. Take two or three deep breaths and wait on God.
- 2) **Read A Verse** (4 minutes) See the section on “How to Read God’s Word”
- 3) **Reflect** on The Verse (4 minutes) See the section on “How to Meditate on God’s Word”. See the section on “How to Memorize God’s Word”.
- 4) **Record** What God Did (2 minutes) See the section on “How to Apply God’s Word”. Write out a personal application statement that is practical and measurable.
- 5) **Request** (4 minutes) See the section on “The Habit of Prayer”. Conclude your quiet time by talking to God about what He has shown you and making your requests from your prayer list.

## HOW TO OVERCOME HINDERANCES TO YOUR TIME WITH GOD

### 1. THE PROBLEM OF DISCIPLINE

Your first problem in establishing a quiet time you will face the moment you wake each morning: Am I going to get out of bed? (*"The Battle of the Blankets"*)

#### Suggestions

- 1) Go to bed \_\_\_\_\_.
- 2) Get up \_\_\_\_\_.
- 3) Be aware of quiet time \_\_\_\_\_.
- 4) Fall asleep thinking \_\_\_\_\_.
- 5) Set a prayer alarm

### 2. THE PROBLEM OF DISTRACTIONS

Satan will try to use anything to get your mind to wander during a quiet time.

#### Suggestions

- Get out of \_\_\_\_\_.
- Get thoroughly \_\_\_\_\_.
- Read and pray \_\_\_\_\_.
- \_\_\_\_\_ during your prayer time.
- Keep a \_\_\_\_\_.

### 3. THE LACK OF PRODUCTIVITY

Sometimes you will feel like you're not getting anything out of your quiet time. (*"The Battle of the Blahs"*)

**Never judge your quiet time by your \_\_\_\_\_.**

#### Possible Causes

- 1) Maybe your physical condition



- 2) Disobedience to God
- 3) Rushing your quiet time
- 4) Getting in a rut
- 5) Not sharing insights with others
- 6) Not praying to God in truth

#### 4. THE PROBLEM OF DILIGENCE

Your greatest problem will be your struggle to stay consistent.

##### Suggestions

- 1. Make a covenant or vow to God.
- 2. Schedule it on your daily calendar.
- 3. Be prepared for Satan's excuses.
- 4. Leave your Bible open at night to the passage for the next day!

##### What if I miss a day?

Don't \_\_\_\_\_.

Don't \_\_\_\_\_.

Don't \_\_\_\_\_.

**It takes \_\_\_\_\_ weeks for you to become familiar with a new task. Then it takes another \_\_\_\_\_ weeks before it becomes a comfortable habit.**

*"Let us not get tired of doing what is right, for after a while we will reap a harvest of blessing if we don't get discouraged and give up." Gal. 6:9 (LB)*

#### A PRAYER OF COMMITMENT

**"Father, I realize that I was created to have fellowship with you. Thank you for making this privilege possible through Jesus' death. I know that daily fellowship with You is to be the most important thing in my life. I now want to commit myself to spending at least some time every day with you in a quiet time of Bible reading and prayer. I'm trusting in your strength to help me be consistent. In Jesus' name, Amen."**

# ***THE HABIT OF PRAYER***

## ***Talking with God***

***"Base your happiness on your hope in Christ. When trials come, endure them patiently; steadfastly maintain THE HABIT OF PRAYER."***

**Rom. 12:12 (Ph)**

## HOW TO REVITALIZE YOUR PRAYER LIFE

### APPROACH PRAYER WITH THE RIGHT ATTITUDE

*"When you pray, do not be like the hypocrites, for they love to pray standing in the synagogues and on the street corners to be seen by men." (Matthew 6:5-8)*

**BE** \_\_\_\_\_

*"When you pray, do not be like the hypocrites, for they love to pray standing in the synagogues and on the street corners to be seen by men." (vs. 5)*

Don't try to _____ Don't try to _____
--

**BE** \_\_\_\_\_

*"But when you pray go into your room, close the door and pray to your Father who is unseen. Then your Father, who sees what is done in secret, will reward you." (vs. 6)*

**BE** \_\_\_\_\_

*"Don't recite the same prayer over and over as the heathen do, who think prayers are answered only be repeating them again and again. Remember, you Father knows exactly what you need before you ask Him! (vs. 7-8 LB)*

### USE THE MODEL JESUS GAVE US

*"This is **HOW** you should pray ..." Matt. 6:9-15*

#### THE SIX PARTS OF PRAYER

**1. PRAISE: I BEGIN BY** \_\_\_\_\_

*"Our Father in heaven, hallowed be your name ..."*

#### TWO KINDS OF PRAISE:

- "ADORATION" - Praising God for *who He is*
- "THANKSGIVING"- Praising God for *what He has done.*

*"Enter into his gates with thanksgiving, and into his courts with praise. Be **thankful** unto him, and **bless his name.**" Ps. 100:4*

## HOW TO PRAISE GOD

1st: As you read your Bible, make a list of God's character qualities that you discover and then review them when you pray. (See *Prayer Guide 1*)

Examples:

God is patient	Num. 14:18
God is merciful	Num. 14:18
God is forgiving	Num. 14.18
God knows everything	1 Sam. 2:2
God is loving	1 John 4:8

**KEY:** \_\_\_\_\_ is the basis for our boldness in making requests in prayer.

SECOND: Remind yourself and affirm the promises God has made that are contained in the meaning of his names. (See *Prayer Guide 2*)

THIRD: Make a list of all that you are thankful for and review them when you pray. (See *Prayer Guide 3*)

**2. PURPOSE: I COMMIT MYSELF** \_\_\_\_\_

*"Your kingdom come, your will be done, on earth as it is in heaven ..."*

*"Offer yourself as a living sacrifice to God, dedicated to his Service and pleasing to him. This is the true worship that you should offer."* Rom. 12:2 (GN)

**3. PROVISION: I ASK GOD TO** \_\_\_\_\_

*"Give us today our **daily** bread ..."*

**What needs can I pray about?** \_\_\_\_\_

*"God will supply **all** your needs from his riches in glory because of what Christ Jesus has done for us."* Phil. 4:19 (LB)

*"Since God did not spare even his own Son for us but gave him up for us, won't he also surely give us everything else?"* Rom. 8:32

*"You do not have ... because you don't ask God!"* James 4:2

**THE KEY:** \_\_\_\_\_

Write down your requests, with a promise you are claiming from the Bible, and expect an answer! (See *Prayer Guide 4*)

*"Don't worry about anything, but in everything, by pray and petition with thanksgiving, present your*

requests to God."

Phil. 4:6

**4. PARDON: I ASK GOD TO \_\_\_\_\_**

*"Forgive us our debts ..."*

Four Steps to Forgiveness

**1. Ask the Holy Spirit \_\_\_\_\_ every sin**

*"Examine me, O God, and know my mind; test me, and discover my thoughts. Find out if there is any evil in me".*  
Ps. 139:23-24

**2. Confess each sin \_\_\_\_\_.**

*"You will never succeed in life if you try to hide your sins. Confess them and give them up; then God will show mercy to you."* Prov. 28:13 (GN)

**3. Make \_\_\_\_\_ to others when necessary.**

*"When you remember your brother has something against you ... go at once to make peace with him, then come back and offer your gift to God."* Matt. 5:23-24 (GN)

**4. By Faith, \_\_\_\_\_ God's Forgiveness.**

*"If we confess our sins, he is faithful and just and will forgive us our sins, and purify us from all unrighteousness."*  
1 John 1:9

**5. PEOPLE: I PRAY FOR \_\_\_\_\_**

*"... as we have also forgive our debtors."*

*"Pray much for others; plead for God's mercy upon them; give thanks for all he is going to do for them."*  
1 Tim. 2:1 (LB)

If you want to know how to pray for others ...

\_\_\_\_\_  
Eph. 1:15-19, Col. 1:3-12, 1 Th. 1:2-3, 2 Th. 1:11-12

Make a prayer list of people you want to pray for. You might pray for different people on different days of the week. (See Prayer Guide #5)

**6. PROTECTION: I ASK FOR \_\_\_\_\_**

*"And lead us not into temptation but deliver us from the evil one."*  
(vs. 13)

Believers face a spiritual battle everyday and Satan wants to defeat you through temptation and fear. By praying for protection, you will have the confidence to face every situation.

*"The Spirit who is in you is more powerful than the spirit who is in those who belong to the world."*  
1 John 4:4 (GN)

**PRAYER GUIDE 1**  
**CHARACTER TRAITS OF GOD**

Faithful	II Cor. 1:20
Righteous	II Tim. 4:8
The Light	John 8:12

## **PRAYER GUIDE 2 THE NAMES OF GOD**

Did you know that God has several names? They are all in the Bible and each name describes a facet of his character. You can take each of these 8 names and focus individually on what God is really like! Pray the names of God as affirmations of praise!

### **8 HEBREW NAMES OF GOD - DECLARE WHO GOD IS**

**Jehovah-Shammah-**" God is Present with me" (Ezekial 48:35)  
You are here! I am never alone!

**Jehovah-Rohi-**" God is my Shepherd" (Psalm 23:1)  
You lead me and feed me and protect me!

**Jehovah-Jireh-** " God is my Provider" (Gen. 22:14)  
You see what I need before I even ask!

**Jehovah-Rophe-** " God is my Healer" (Exodus 15:26)  
You can heal my body, emotions, and relationships!

**Jehovah-Tsidkenu-**" God is my Righteousness" (Jer. 23:6)  
You accept me and forgive me because of Jesus!

**Jehovah-M'Kiddish-**" God is my Sanctification" (Lev. 20:8)  
You make me holy and like Jesus!

**Jehovah-Shalom-**" God is my Peace" (Judges 6:24)  
You give me peace in spite of circumstances!

**Jehovah-Nissi-**" God is my Banner" (Exodus 17:15)  
You are my victory in conflict and confrontation!

Think on the implications of these names and you'll have plenty to praise God for!





**PRAYER GUIDE 4  
MY PERSONAL REQUESTS**

**Date**

**Request**

**Promise**

**Date Answered**

**PRAYER GUIDE 5**  
**PEOPLE I'M PRAYING FOR**

Family \_\_\_\_\_

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Christian Friends \_\_\_\_\_

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Friends I'd like to see become Christians \_\_\_\_\_

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Spiritual Leaders \_\_\_\_\_

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Government Leaders \_\_\_\_\_

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Others \_\_\_\_\_

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# ***THE HABIT OF TITHING***

## ***Honoring God With My Giving***

***"On the first day of each week, set aside some of what you have earned and give it as an offering. The amount depends on how much the Lord has helped you earn."***

**1 Cor. 16:2 (LB)**

## HOW MY GIVING REVEALS MY SPIRITUAL MATURITY

*"Just as you excel in everything else... in faith, in speech, in knowledge, in complete earnestness... see that you also excel in the grace of giving."* 2 Cor. 8:7

### WHY GOD WANTS ME TO GIVE Seven Benefits to Giving

**1. GIVING MAKES ME** \_\_\_\_\_  
*God so loved the world that He gave his only Son ..."* John 3:16

**2. GIVING DRAWS ME** \_\_\_\_\_  
*"Where your treasure is, there your heart is also."* Matt.6:21

**3. GIVING IS THE ANTIDOTE TO** \_\_\_\_\_  
*"Command those who are rich in this present world not to be arrogant nor to put hope in wealth, which is so uncertain, but to put their hope in God, who richly provides us with everything for our enjoyment. Command them to be generous and willing to share. In this way they may take hold of the life that is truly Life!"* 1Tim. 6:17-19

**4. GIVING STRENGTHENS** \_\_\_\_\_  
*"Trust in the Lord with all your heart and lean not on your own understanding. Honor the Lord by giving him the first part of your income, and he will fill your barns to overflowing."* Prov.3:5,9

*"Give and it will be given to you ... For with the measure you use, it will be measured back to you."* Luke 6:38

**5. GIVING IS AN INVESTMENT** \_\_\_\_\_  
*"... Give happily to those in need, and always be ready to share whatever God has given you. By doing this, you will be storing up real treasure for yourselves in heaven - it is the only safe investment for eternity."* 1 Tim 6:18-19 (LB)

**6. GIVING BLESSES ME** \_\_\_\_\_  
*"A generous man himself will be blessed."* Prov. 22:9

*"A generous man will prosper; he who refreshes others will himself be refreshed."* Prov.11:25

*"Good will come to him who is generous ..."* Ps. 112:5

**7. GIVING** \_\_\_\_\_  
(Jesus) *"There is more happiness in giving than in receiving."* Acts 20:35

## WHAT THE BIBLE TEACHES ABOUT TITHING

### WHAT IS TITHING?

"Tithe" means "a \_\_\_\_\_ part"

## WHAT IS THE DIFFERENCE BETWEEN A "TITHE" AND AN "OFFERING"?

A "tithe" is giving \_\_\_\_\_ of my income.

An "offering" is anything I give \_\_\_\_\_ to my tithe.

## WHY SHOULD I TITHE? EIGHT REASONS FROM GOD'S WORD

**1. Because God \_\_\_\_\_.**

*"A tenth of all you produce is the Lord's, and it is holy." Lev. 27:30*

**2. Because Jesus \_\_\_\_\_.**

*"Yes, you should tithe, and you shouldn't leave the more important things undone either." Matt. 23:23*

**3. Tithing demonstrates that God has \_\_\_\_\_.**

*"The purpose of tithing is to teach you to always put God in first place in your life." Deut. 14:23 (LB)*

**4. Tithing reminds me that \_\_\_\_\_ was given to me by God!**

*"Always remember that it is the Lord your God who gives you the ability to produce wealth." Deut. 8:18*

**5. Tithing expresses my \_\_\_\_\_**

*"How can I repay the Lord for all his goodness to me?" Ps. 116:12*

*"Each of you should bring a gift in proportion to the way the Lord your God has blessed you." Deut. 16:17*

**6. God says that refusing to tithe is \_\_\_\_\_ from Him!**

*"God says 'Will a man rob God? Yet you are robbing me!' But you ask, 'How do we rob you?' God says 'In tithes and offerings ... Bring your **whole** tithe to My house.'" Mal. 3:8-10*

**7. Tithing gives God a chance to prove \_\_\_\_\_ and wants to bless you!**

*"Bring your whole tithe to My storehouse. **Test me in this**" says the Lord, "and see if I will not throw open the floodgates of heaven and pour out **so much blessing** that you won't have room enough for it! I will prevent pests from devouring your crops and the vines in your fields will be protected from plagues." Mal. 3:10*

**8. Tithing proves that I \_\_\_\_\_.**

*(Jesus) "If you really love me, do what I command." John 14:15*

*"... I want you to be leaders also in the spirit of cheerful giving ... This is one way to prove that your love is real, that it goes beyond mere words." 2 Cor. 8:7b - 8 (LB)*

## WHAT SHOULD I TITHE?

The \_\_\_\_\_ part of what I earn, not the \_\_\_\_\_

*"Honor the Lord by giving him the **first part** of all your income." Prov. 3:9-10*

## WHERE SHOULD I GIVE MY TITHE?

WHERE I \_\_\_\_\_

"Bring your *whole* tithe to My Storehouse (Temple) ..." Mal. 3:10

WHEN SHOULD I TITHE? \_\_\_\_\_

"On the first day of every week, set aside some of what you have earned and give it as an offering. The amount depends on how much the Lord has helped you earn." 1 Cor. 16:2 (LB)

### How to Remember

- Make a commitment to God to tithe
- Ask the Holy Spirit to remind you to tithe
- Make tithing apart of your weekly budget preparation
- Use electronic giving anytime and anywhere

## GIVING WITH THE RIGHT ATTITUDES

GIVE \_\_\_\_\_.

"For if the willingness is there, your gift is acceptable according to what you have, not according to what you don't have." 2Cor.9:12

"Each one should give *what he has decided in his heart to give*, not reluctantly or under pressure ..." 1 Cor. 9:7a

GIVE \_\_\_\_\_.

"... for God loves a cheerful giver!" 2 Cor. 9:7

GIVE \_\_\_\_\_.

"They gave as much as they were able, and even *beyond their ability*. Entirely on their own, they urgently pleaded with us for the privilege of sharing in this service ..." 2 Cor. 8:3-4

GIVE \_\_\_\_\_.

"Remember this: Whoever sows sparingly will also reap sparingly; and whoever sows generously will reap generously." 2 Cor. 9:6

## THE KEY TO GIVING

" ...THEY FIRST GAVE THEMSELVES TO THE LORD ... " 2 Cor. 8:5

## **A COMMITMENT PRAYER**

"Father, I know you love me and want what's best for me. I recognize that all I have, or will ever have, comes from you. I am more interested in pleasing you than in having more possessions. I want you to have first place in my life and I am willing to begin tithing as you have commanded. Out of gratitude for all you've done for me, and in expectation that you will continue to provide for me, I commit myself to returning at least the first 10% of all I earn back to you. I want to begin investing for eternity. Help me to remain faithful to this commitment. In Jesus' name, Amen."

# ***THE HABIT OF FELLOWSHIP***

## ***Participating in God's Family***

***"Let us not give up the habit of meeting together, as some are doing. Instead, let us encourage each other."***

**Heb. 10:25 (GN)**



## WHY IS FELLOWSHIP SO IMPORTANT?

### 1. I \_\_\_\_\_ IN GOD'S FAMILY WITH OTHER BELIEVERS.

*"Let us do good to all people, especially to those who **belong to the family of believers.**" Gal. 6:10*

*"You are a member of God's very own family ... and **you belong** in God's household with every other Christian." Eph. 2:19 (LB)*

*"So in Christ, we who are many form one body, and each member **belongs** to all the others!" Rom. 12:5*

### 2. I NEED \_\_\_\_\_ TO GROW SPIRITUALLY.

*"Let us think of one another and how we can encourage each other to love and do good deeds." Heb. 10:24 (Ph)*

*"Two are better off than one ... If one of them falls down, the other can help him up. But if someone is alone and falls, it's just too bad, because there is no one to help him ... Two men can resist an attack that would defeat one man alone. A rope made of three cords is hard to break." Eccl. 4:9-10,12 (GN)*

### 3. I NEED \_\_\_\_\_ TO GROW SPIRITUALLY

*"People learn from one another just as iron sharpens iron." Pr. 27:17 (GN)*

*"Every day ... keep encouraging one another so that none of you is hardened by the glamour of sin." Heb. 3:13 (JB)*

*"Brothers, if someone is trapped in some sin, you who are spiritual should **restore** him gently ... Carry each other's burdens, and in this way you will fulfill the law of Christ." Gal. 6:1-2*

### 4. CHRIST IS \_\_\_\_\_ WHEN WE FELLOWSHIP TOGETHER.

*"For wherever two or three have come together in my name, I am there, right among them!" Matt 18:20 (GN)*

### 5. THERE IS \_\_\_\_\_ WHEN PEOPLE PRAY TOGETHER.

*"Whenever two of you on earth agree about anything you pray for, it will be done for you by my Father in heaven." Matt. 18:19 (GN)*

### 6. FELLOWSHIP IS A \_\_\_\_\_ TO THE WORLD.

*"My prayer for all of them is that they will be of one heart and mind .. so the world will believe you sent me." John 17:21(LB)*

### 7. I AM \_\_\_\_\_ TO EVERY OTHER CHRISTIAN

*"God has given you some special abilities; be sure to use them to help each other ..."* 1 Peter 4:10 (LB)

*There are different kinds of service to God ... together you form the body of Christ and each one of you is a **necessary part of it.***" 1 Cor. 12:5, 27 (LB)

### The "One Anothers" of Fellowship (Partial List)

Serve one another – Galatians 5:13 Accept one another – Romans 15:7 Forgive one another-  
Colossians 3:13 Greet one another - Romans 16:16 Bear one another's burdens - Galatians 6:2 Be  
devoted to one another – Romans 12:10 Honor one another – Romans 12:10 Teach one another –  
Romans 15:14 Submit to one another – Ephesians 5:21 Encourage one another – 1 Thessalonians  
5:11

## **HOW CAN A LARGE CHURCH MAINTAIN CLOSE FRIENDSHIPS?**

*"(They met) day after day, in the **Temple courts** and from **house to house.**"* Acts 5:42

### **Two Types of Church Meetings**

Large Group:

Small Group:

*"Greet the church that meets in their home."* Rom. 16:5  
*Also Acts 2:26, 8:3, 16:40, 20:20, 1 Cor.. 16:19, Col. 4:15*

At New Light, we believe our church must ...  
grow \_\_\_\_\_ and \_\_\_\_\_ at the same time.

**WHAT IS THE PURPOSE OF OUR SMALL GROUPS?**  
**Acts 2:42-47**

**WHAT IS THE PURPOSE OF SMALL GROUPS?**

Acts 2:42-47

1. **Bible Study**

*"They devoted themselves to the apostle's teaching..."*

2. **Fellowship**

*"... And to the fellowship..."*

3. **Communion**

*"...and to the breaking of bread"*

4. **Prayer**

*"and to prayer..."*

*"Our father ... give us our daily bread. Forgive us our debts as we ..." Matthew 6:9-13*

5. **Support**

*"They gave to anyone as he had a need."*

*"You shared with me the fellowship of giving and receiving." Philippians 4:15*

6. **Social**

*"they ate together with glad and sincere hearts."*

*"get into the habit of inviting guests home for dinner or if they need lodging, for the night." Romans 12:13*

7. **Praise**

*"Praising God and enjoying the favor of all the people."*

8. **Outreach**

*"and the Lord added to their number daily those who were being saved."*

# HOW TO START AND MAINTAIN GOOD HABITS

**STEP ONE:** \_\_\_\_\_

Have the desire

**STEP TWO:** \_\_\_\_\_

Make the decision

*"If you wait for perfect conditions, you will never get anything done." Eccl. 11:4 (LB)*

**STEP THREE:** \_\_\_\_\_

*"Make vows to the Lord your God and fulfill them." Ps. 76:11*

**STEP FOUR:** \_\_\_\_\_

Never allow an exception until the new habit is securely rooted in your life. It takes seven to twenty-one repetitions to learn something. If you're going to have a quiet time, you've got to do it for about 21 days before you start getting into the sense of it. If you're going to develop the habit of tithing, get into a small group, you've got to go on a regular basis.

**STEP FIVE:** \_\_\_\_\_

Whenever you feel the slightest urge or prompting to practice this new habit – Don't wait! Seize every opportunity to reinforce your habit. Those feelings will not last, so whenever you feel inclined to perform your new habit, do so!

**STEP SIX:** \_\_\_\_\_

Get a partner who will support you and encourage you.

*"Let us consider and give attentive, continuous care to watching over each other, studying how we may stir up and stimulate each other to ... helpful deeds and noble activities." Heb. 1:25 (Amp)*

*"Two are better off than one, because together they can work more effectively. If one of them falls down, the other can help him up." Eccl. 4:9-10 (GN)*

**STEP SEVEN:** \_\_\_\_\_

Rely on God's power to help you establish the habit. Remember, Satan does not want you to develop habits that help you grow spiritually. He will do all he can to tempt you and cause you to slip or discourage you.

*"For the Spirit of God has given us ... fills us with power, love, and **self-control**." 2 Tim. 1:7 (GN)*

*"For it is God who is at work within you, giving you **the will and the power** to achieve his purpose."*  
Phil. 2:13 (Ph)

#### The Growth Covenant:

I commit to a daily time with God (personal Bible reading and prayer), a weekly tithe to God (giving the first ten percent of my income), and a committed team for God (fellowship with believers in a small group).

#### **Growth Covenant Prayer**

“Heavenly father, we thank You for these people who've come today, took time out of their schedule to spend a whole afternoon and evening with us. We thank You for Your Word. How practical and relevant it is! I pray that You would help us be committed to make these commitments that would help us grow spiritually of a daily time with You for the rest of our lives, and a weekly tithe to You and to be a part of a committed team for You. We know that when our time and our money and our relationships are under Your control then our life is really under Your control. I thank You for these who are here tonight to make this commitment. In Jesus' name. Amen.”