

Tattoo Aftercare

Your body treats a new tattoo as a burn or an infection. Treat it like one and do not use anything on it that will dry it out or push the ink out. You paid for the application of ink into your skin.

KEEP IT IN BY FOLLOWING THE INSTRUCTIONS.

- Bandage should remain on the tattoo for at least 30 minutes to 3 hours.
- Apply ointment 3 4 times daily to speed healing such as Aquaphor or Lubriderm lotion. (Do not use Neosporin it will push the ink out) Avoid swimming for 10 12 days.
- Keep the tattoo out of the sun; do not allow it to get sun burnt.
- Do not use alcohol; this will dry out the tattoo and cause cracking.
- Do not apply foreign substance, like hand or body lotions or anything with lanolin or aloe vera in it for at least 5 days, these have chemicals that can effect the tattoo and will push the ink out.
- Do not use heavy soap on the tattoo.
- Avoid picking at any scabbing that might occur on the tattoo.

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Now, you have your fresh new tattoo, and you want to take good care of it! From this point on, your artist is not responsible for any infection or problems you may have with your tattoo if you don't take proper care of it. It is very important that you follow these guidelines. A really beautiful tattoo can turn into a disaster if the proper aftercare is not taken.

Leave That Bandage Alone! Your artist took the care to cover up your new tattoo for a very good reason - to keep airborn bacteria from invading your wound. Yes, as pretty as your new tattoo is, it is still a wound. Open flesh is a breeding ground for bacteria and infection. Leave the bandage on for a minimum of thirty minutes. It is even better if you can just keep the bandage on for three hours. Excitement of having a new tattoo will make you want to remove the bandage so you can show your friends, but your friends will just have to wait until tomorrow morning. If you think you just absolutely cannot resist the temptation to show off your new possession, ask your artist if they can cover it with clear cellophane wrap, so the tattoo can be viewed without the protective layer being removed.

Wash and Treat After you remove the bandage, you will want to wash your tattoo. Use lukewarm water and antibacterial soap to gently wash away any ointment and to completely clean the area. Do not use a washcloth or anything abrasive. Your hand is your best tool in this case. Then pat (do not rub) the area firmly with a CLEAN towel or paper towel to get it completely dry. Follow with a very light application of ointment. Aquaphor would be the first choice in ointments, but if you don't have any, Lubriderm lotion or A&D vitamin enriched ointment (medical grade - not the kind used for diaper rash) is also acceptable. **Do not use Neosporin. This is a wonderful product for cuts and scrapes, but not for tattoos. Some can have an allergic reaction to the Neosporin, which causes little red bumps. When the bumps go away, so does the ink, and you end up with a polka-dotted tattoo. ** Continue this procedure at least twice a day for two or three days. After that, continue to keep it clean, but you can use lotion when needed instead of ointment, to keep the skin soft.

Scabbing and Peeling After a few days, you will notice some peeling and possibly a little scabbing. Excessive scabbing indicates a poorly-done tattoo, but a little is sometimes normal and no need to panic. You will also start to itch, just like a sunburn when it begins to heal. The advice here is, don't pick, and don't scratch! If the skin itches, slap it. If it is peeling, put lotion on it. And if it is scabbing, just leave it alone. Your tattoo is almost healed, and now is not the time to ruin it!

Protection from the sun After your tattoo is healed, from now on, you will always want to protect it from the sun's ultraviolet rays. These can fade and damage a brilliant tattoo very fast. Before spending a lot of time in excessive heat, protect your tattoo with a minimum 30SPF sun block. This will keep your tattoo vibrant for many years, and it will continue to be a source of great pride.