



Policy statement: Illness and infectious diseases

"The provider must promote the good health of the children attending the setting, They must have a procedure, discussed with parents for responding to children who are ill or infectious, take necessary steps to prevent the spread of infection, and take appropriate action if children are ill". Statutory Framework EYFS 2023 Paragraphs 3.45 - 3.52

It is Fledgling's policy to keep children safe when they are in our care, promote good health and take necessary steps to prevent the spread of infection within the setting and in the event of being off site.

Sick children

If a child becomes ill whilst in the care of Fledglings, or whom staff believe has an infectious illness or disease (for example a severe cold or stomach upset) Staff will:

- Be aware of the need for discretion and confidentiality when dealing with illnesses.
- Ensure relevant information is shared with the members of staff caring for the child.
- Contact the parents as agreed to arrange for the immediate collection of the child.
- If a child has a temperature of 38.3 or above, paracetamol can be administered if parents have given prior consent. The staff will complete a non-prescribed medicine form to record when the medication was given.
- Ensure the child is excluded from the setting until they have been well for 48 hours, or in accordance with Health Authority guidelines.
- If we believe a child is suffering from a disease or illness which requires notification, we will inform the parents/guardians of our concerns and act appropriately (details of which can be found at <https://www.gov.uk/government/publications/health-protection-in-schools-and-other-childcare-facilities>)
- We will also inform Ofsted of any action taken if necessary.
- We will make parents aware of our sickness exclusion policy and keep a record of the arrangements for the exclusion of a child should they become ill whilst in my setting.
- Expect parents to cooperate with us by not bringing children to the nursery if they have any infectious or contagious illness. Staff will also be asked not to attend work under the same circumstances.

In addition,

- Nursery will inform parents of contagious illnesses within the nursery via notices/posters with applicable further information.
- The nursery has a list of excludable diseases and current exclusion times. The full list is obtainable from: [Infectious diseases: education and childcare settings - GOV.UK \(www.gov.uk\)](https://www.gov.uk/government/publications/infectious-diseases-education-and-childcare-settings)
- If for any reason a child has been given medication before arriving at nursery e.g Calpol/cough medicine, nursery staff **must** be informed and parents should telephone by lunch time to assess how they are feeling.



Policy statement: Administration of Medicines

We have a duty to ensure that all children at our nursery are helped to stay healthy therefore we cannot care for children in nursery if they are sick. When a child is absent from nursery due to illness, parents should inform nursery as soon as possible of how their child is and when they are likely to return. Also, if the child has a specific diagnosis, parents/carers should discuss this staff. We also need to have sufficient information about the medical condition of any child with long-term medical needs.

Procedure

- We will keep a written record of a child's need for medication and ask parents to update it regularly. (Medical Alert posters are displayed in the child's room).
- We will keep electronic/written records of all medicines administered to children in our care including the time and dosage. These are countersigned by a staff witness and the child's parent/carer.
- We will store all medicines safely and strictly in accordance with the product instructions (which may require refrigeration in a sealed container away from food) and in the original container in which it was dispensed.
- We will obtain prior written permission from parents for each medicine to be administered before any medication is given.
- We will work in partnership with parents to ensure the correct medication, dosage etc is given.
- If the administration of prescription medicine requires technical/medical knowledge, then staff will attend training from a qualified health professional. The training will be specific to the child in question.
- We will only administer prescription medication to the child if it is prescribed by a doctor, dentist, nurse or pharmacist and has that child's name on the prescription label.
- We will only administer non-prescription medication such as pain & fever relief with parents' previous written consent and only when there is a health reason to do so.
- The nursery owner has made the decision not to administer non-prescribed cough or cold medicines.
- We will never administer medicines containing aspirin to a child under the age of 16 unless they have been prescribed by a doctor.
- If a dose is missed/late this will be recorded, and the parents informed. Children cannot be forced to take medication so in the event of a refusal this will be recorded, and parents will be contacted.
- If we have a child in our care with long-term medical needs, then the nursery will ensure that all staff have sufficient information about the child's medical condition and will work in partnership with parents and any other health professionals to assist the administration of any prescribed medication and the management of any other health needs such as a gastrostomy tube.



Policy: Managing Children with Allergies/Dietary Needs

"Before a child is admitted to the setting the provider must also obtain information about any special dietary requirements, preferences and food allergies that the child has" EYFS 2024 (3.55)

We promote children's good health through identifying allergies. We work with parents/carers to ensure children who have a diagnosed allergy are prevented from being in contact with the allergenic substance.

Procedure for Dealing with Children with an Allergy

- It is essential that parents inform us, in writing, of any dietary restrictions which apply to their children and that they make it clear whether an allergy is involved.
- A written food allergy diagnosis from a health professional should be shared with the nursery to ensure children are not having foods removed from their diet without a diagnosed medical need.
- All nursery staff will read the policy and procedures for dealing with a child with an allergy/dietary need.
- All staff will have in-house training on the importance of managing food allergies and the nursery cook will have training on managing food ingredients for allergy safe diets.
- Nursery menus will be adapted as appropriate for children with allergies/dietary needs, and these will be approved by the child's parents before their start date. The nursery cook will adapt recipes and prepare nutritionally complete meals for children with allergies/dietary needs.
- Children will only be able to attend nursery once full details about their child's allergy/dietary needs have been discussed with senior staff. In the event of a potentially serious known allergy, we will agree an individual care plan with you.
- If a child needs prescribed medication in the event of a reaction, a medication consent form will be completed, and all necessary medicine will be stored at nursery before a child is left for their first visit.
- Allergy alerts are displayed in both the kitchen and the room in which the child attends and these are shared with all staff within the nursery.
- Whenever a meal is produced for a child with a food allergy/dietary need, it is identified by a named plate/bowl and covered with foil and labelled before leaving the kitchen.
- Children will also be given a name card to be used at all snack and mealtimes which is colour coded to denote an allergy or dietary requirement.
- In the event of children bringing in a shop bought cake for their birthday, a suitable alternative will be provided (if necessary) for those children with allergies to the ingredients. Any homemade cakes will not be given to any children with allergies as we cannot be sure about the ingredients.