

Ambassadors of Hope and Strength's mission is to empower and equip people through education and awareness.

As ambassadors we represent a God who cares for His people. Through our education program it is our mission to limit the number of people experiencing trauma and abuse by empowering them with education about the domestic violence and equipping them with information on safety and security in their home and self-defense of their person.

Doreen Weiss, LPC, Founder
Enduring Hope Counseling

Joe Larkin, Owner
Larkin Personal Protection

ABOUT US

Doreen Weiss, a Licensed Professional Counselor, is the founder of Enduring Hope Counseling. Doreen obtained her Bachelor degree in Community Ministries from Geneva College and her Master's degree in Community Counseling from Indiana University of Pennsylvania. She is also a discipleship leader and teacher providing outreach to the local community.

In addition, Doreen is a domestic violence educator providing training and workshops on domestic violence and abuse including tools for individuals, churches, and support groups. She has been counseling women suffering from domestic violence and relationship issues for over sixteen years.

Joe Larkin is the owner and operator of Larkin Personal Protection, where he combines his experience working in martial arts and the government to provide clients with a unique approach to self-defense. He offers martial arts and security-related training, along with security assessments for women who want to learn self-defense.

Joe has conducted countless seminars for a broad range of groups, including law enforcement, the Pittsburgh Rape Center, the YWCA, the Girl Scouts, and other civic and government-sponsored events.

In addition to his martial arts experience, Joe worked as a subject matter expert in security for over 20 years at the Department of Homeland Security.

For more information about scheduling an AHS presentation contact us at 412.760.7757.



Ambassadors of Hope & Strength

Empowering and equipping to stand firm in the truth.

P: 412.760.7757 • w: enduringhopecounseling.org
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DOMESTIC VIOLENCE EDUCATION
& SELF-DEFENSE TRAINING
FOR ORGANIZATIONS

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Ambassadors of Hope & Strength (AHS) has a two-fold philosophy for improving the lives of those enduring domestic violence. One is to educate and support individuals emotionally to build up resilience and process trauma. The other is to prepare those who are in difficult situations with self-defense training information and techniques.

We are looking to partner with churches, universities, and community organizations to bring awareness and education, by equipping individuals and communities regarding domestic violence, safety, and security.

During our three-hour seminar, we:

- Empower through education with the hope of limiting the number of people experiencing trauma and abuse.
- Equip with information on safety and security in their home and self-defense of their person.
- Give knowledge allowing one to be a compassionate support of a loved one in an unsafe relationship.

Seminars for groups are provided at schools, universities, churches, and business locations. Ask about our discounted rates for charitable organizations and faith-based communities.

Participants will leave our time together:

- More aware of the prevalence, of abuse, types of abuse and coercion, and mental, emotional, spiritual and physical results on the victim, children and community.
- Able to dispell myths many believe about abuse and rooted in the truth.
- Having a firm sense of direction and resources going forward.
- Knowing the difference between safety and security and knowing how to provide both for yourself.

Additional Resources Available

AHS can support individuals after the seminar. We offer both counseling and self-defense sessions.

Doreen Weiss is an expert in counseling those in domestic violence situations. Doreen uses a biblical counseling approach and is certified in: Cognitive Behavioral Therapy, Addiction and Recovery, and Genesis Process. Doreen has specific training in trauma resolution and post-traumatic stress disorder. She is experienced in, but not limited to, depression, anxiety, crisis counseling, and victims of domestic violence and sexual abuse.

Joe Larkin is a certified international instructor, specializes in women's self-defense with strategies designed for defense of any potential threat through his company, Larkin Personal Protection. Joe is a firm believer that self-defense has multiple layers that expand well beyond an actual attack.

Contact us today to learn more.



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Types of self-defense classes we offer:

- Personal self-defense
- Martial arts instruction
 - Stress Relief
 - Opportunity to earn a black belt
- Security assessments
 - Includes onsite observation and review, personal and/or staff interview, and policy review at your home or place of business.
 - Recieve a detailed checklist and executive summary.
- Security training
 - Active shooter
 - Security awareness
 - Human trafficking

