

**BIKES  
PALYA**





# THE PROGRAM

# OUR VISION

To encourage and inspire youth into active, healthy and positive lifestyle choices through the popularity of bikes and to provide equipment and facilities to engage and benefit entire communities.

# OUR MISSION

To engage and empower disadvantaged youth and their communities to deliver improved health, education and employment outcome.

# OUR OBJECTIVES

Establish community assets (bikes, tracks, workshops) to improve access to bikes and cycling infrastructure

Promote recreational cycling and active mobility throughout South Australia

Teach individuals and communities about bike mechanics, track building and maintenance

Provide skills training to establish employment pathways to jobs in cycling industries

Use the high popularity of bikes to support and strengthen existing youth and health services

Contribute to regional development aims through supporting cycle tourism

# KEY PRINCIPLES

Tailor programs to meet local priorities

Invest in community assets, skills and capacity

Build strong relationships

Facilitate partnerships and work collaboratively

Respect rights, cultures and traditions of Aboriginal and Torres Strait Islander people

Apply continuous quality improvement processes



# FOCUS AREAS

## 01 |

### **Community development**

By adopting a community development approach, Bikes Palya projects work towards long-term sustainability of outcomes by building on strengths and collaborating with local stakeholders.

Skill-building activities engage intergenerational participation to not only build community capacity but to strengthen social bonds and collective resilience. Significant emphasis is placed on building community owned assets and local bike mechanic capacity.

Over time Bikes Palya aims to step back while providing ongoing support as required.

## 02 |

### **Schools**

Bikes Palya supports schools to increase and maintain bike assets and integrate cycling-based curriculum activities. We provide resources and guidance for establishing bike loan programs linked to increased attendance and engagement in class.

## 03 |

### **Holiday programs**

Bikes Palya works in partnership with local service providers to engage at-risk youth. We use bikes to inspire enthusiasm, activity and positive choices while working to eliminate the community scourges of boredom and antisocial behaviour. We focus on the skill development of young people and service providers in using, fixing and maintaining locally owned bike assets.



# THREE ARMS OF PROGRAM

## Youth work and mentoring

Through holiday programs, and school term delivery.

## Community projects

Developing bike tracks and BMX clubs.

## Employment and education

Skills training, local jobs and cycle tourism.



# THE STRUCTURE

## Deliver programs across areas:

Metro (term based),  
Regional and Remote (holiday)

## Health focus:

Physical, mental and social  
through: Decease prevention,  
Education and employment  
crime prevention

## Delivery partners:

Broad: SAPOL & OPAL  
Local: Schools & youth programs

## Intensive programs:

5½ days during holidays

## Extended programs:

10½ days weekly during term

## Other:

½ days spent with local worker  
building capacity

# BUSINESS MODEL

## Mixed funding

- Foundations
- State and Federal government

## Running costs

- 4 permanent staff
- Office space

## Delivery costs

- 10 staff
- 5 vehicles,
- Bike tools and consumables



# FUTURE OPPORTUNITIES

Collaborate with Dismantle in APY , Incorporate SACE modules in term program,  
Permanent training facility in Pukatja, Pilot program in Ceduna , Cycle tourism in regional/remote programs



A group of cyclists is riding on a dirt trail that winds through a hilly, grassy landscape. The terrain is rugged and appears to be a natural or semi-natural trail. The cyclists are seen from behind, moving away from the viewer. The scene is bathed in a warm, golden light, suggesting late afternoon or early morning. The background shows a steep, rocky hillside with sparse vegetation. The overall mood is adventurous and active.

# TRACK RECORD

# WHAT WE DO

Bikes Palya delivers opportunity, motivation, self-confidence and self-esteem, and achievement.

The team achieves that by delivering a program based around learning, growing, building, cooperating, healthy eating and, of course, riding.



# THE PROGRAM

Bikes Palya is not a cookie-cutter program, as the testimonials demonstrate. Programs are tailored to the individual needs of each community. Furthermore, Bikes Palya does not just teach.

The program has also built cycling tracks and facilities in various communities and, over its many years, donated hundreds of bikes, spare parts and tools to enable communities to make the most of those facilities.



# OUR TESTIMONIALS

Bikes Palya doesn't make big promises. It works hard to make the changes the community wants and they can deliver. The currency held by BP is rare - the passion and continuity of the staff that come to communities is the key to the program's success.

“

It is imperative for Bikes Palya to continue delivering benefits to Anangu communities that it supports

”

Nick Petropolis  
Former PSAS coordinator, APY Lands

“

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”

Flo Bourke  
Teacher at Ernabella School

“

With each program Bikes Palya have delivered I have found them to be successful, flexible, innovative and professional

”

Sam Adams  
Youth Development Officer, Ernabella

“

Bikes Palya exudes the feeling that nothing is impossible and so people are happy to engage and their enthusiasm is contagious

”

Rosey Vaheer  
Australia Indigenous Children and Schooling Program, APY Lands

# SUCCESS STORIES

Bikes Palya has a 15-year history of changing lives and brightening futures and communities. Don't take our word for it, listen to the leaders of the communities we have worked with time and time again because they value our people and our commitment.





# KEY WORDS

Healthier  
Happier  
Safer  
Stronger





# PROGRAM OVERVIEW

# PROGRAM SUMMARY

NAME	WHAT?	HOW?	WHY?
Holiday Program	Holiday Program	Holiday Program	Divert boredom and antisocial behaviour
Maintenance Program	Maintenance Program	Maintenance Program	To provide a different approach than mainstream learning, to engage kids into school activities
School Program	School Program	School Program	Raise school attendance rates, improve health and wellbeing
After-school Program	After-school Program	After-school Program	Create more bike awareness and teach bike skills, to increase the number of students who ride bikes
Camps	Camps	Camps	Developing social skills, building self-confidence, self-esteem and improving teamwork. Reconnection to the lands
Track building	Track building	Track building	Providing communities with recreational space and an opportunity for children to go and stay active
Community Service/Training	Community Service/Training	Community Service/Training	To increase the chance of employment for Anangu and increase program reach
Events	Events	Events	Create more bike awareness (outcomes, active lifestyle, less pollution, more active and engaged communities)

# OVERALL WHY?

To get more indigenous people riding along with better health and wellbeing, less pollution and with closer community connection.

