

How to Donate:

To donate items, simply go to one of the Blessings Boxes and place the items being donated onto one of the shelves. All items should be new, unopened, unexpired and not require refrigeration.

If you cannot get to a Blessings Box location you may arrange to drop off items with the Ohio County Family Resource Network or Soup Kitchen of Greater Wheeling.

Both organizations are also able to accept monetary donations to help support the Blessings Boxes.

Soup Kitchen: (304) 233-2992

Ohio County FRN (304) 232-5600

Ohio County Locations

Bethlehem Elementary 22 Chapel Rd, Wheeling

Elm Grove - Fire Dept. Station 11 139 E. Bethlehem Blvd.

> Elks Lodge #28 4706 Jacob St

Wheeling Firefighter's Local 12
Union Hall
30 GC & P Rd.

Valley Grove Community Center 8566 National Rd, Valley Grove, WV (In front of the Post Office)

West Liberty Volunteer Fire Dept. 1333 Van Meter Way

And at partner locations:

Garden Park - WarwoodWarwood Avenue

Soup Kitchen of Greater Wheeling 1610 Eoff St, Wheeling, WV 26003

Hygiene Closet - Laughlin Chapel 129 18th St - By appointment 304.232.2630



VOLUNTEERS

For each location, there is at least one volunteer who plays a key role in managing the Blessings Box.

Role of Volunteers:

Check the box a minimum of once a week to make sure donations are organized, **unexpired** and **unopened**

Communicate with Food Security
Team on items needed to restock
for the box

Collect items from Food Security Team organizations and replenish items as needed

> For additional information contact OhioCountyFRN@yahoo.com Follow www.facebook/OCFRN





What is a Blessings Box?

Take What You Need Leave What You Can

The idea is simple: Provide access to shelf stable food to those who are not able to get to existing food pantries. The box is well marked with the words FREE PANTRY and anyone who needs help is able to get what they need anonymously for themselves, their families, friends, and neighbors.

Blessings Boxes are supported by the community, for the community:

-Food Donations
-Monetary Donations
-Volunteers
-Grant funding for initial costs

Blessings Boxes have been made possible through
funding provided by:
Sisters of St. Joseph - Gift Committee and
Health and Wellness Foundation
Helping Hand Foundation
UniCare an Anthem Company
Southwestern Energy
Community Foundation for the Ohio Valley
Soup Kitchen of Greater Wheeling
Ohio County Family Resource Network and

donations from generous volunteers

WHAT TO DONATE All items should be new and not expired

NON-PERISHABLE FOOD ONLY NO ITEMS THAT NEED TO BE KEPT COLD

Boxed milk (non refrigerated)
Canned foods (pop top preferred)
Spices (including salt and pepper)
Tea bags/ Instant coffee
Sugar/flour
Peanut butter/jelly
Tuna/canned meats
Crackers
Cereal/cereal bars
Rice
Pasta/mac and cheese
Pasta sauce
Snacks

HOUSEHOLD CLEANING ITEMS

Dish soap
Laundry Detergent
Tissues
Ziploc bags
Trash bags
Cleaning supplies

HYGIENE ITEMS

Body wash
Deodorant
Tampons/pads
Full size shampoo and conditioner
Toothbrushes
Toothpaste