Acupuncture Consent Form

What is acupuncture?

"Acupuncture" means the stimulation of a certain point or points on or near the surface of the body by the insertion of special needles. It includes the use of electrical stimulation with acupuncture , mechanical stimulation including cupping, guasha, Tui-Na (Chinese massage), moxibustion (the therapeutic use of thermal stimulus at acupuncture points by burning artemisia alone or artemisia formulations), and nutritional counsel according to Traditional Chinese Medical theory.

The purpose of acupuncture is to prevent or modify the perception of pain and is thus a form of pain control. In addition, acupuncture can help to normalize the physiological functions of the body and therefore can serve in the treatment of certain disease or dysfunctions of the body.

Is acupuncture safe?

Acupuncture is generally very safe. Serious side effects are very rare, less than one per 10,000 treatments.'

Potential risks during treatment include - slight pain or discomfort at the site of needle insertion; bruising, minor bleeding, or infection at the site of insertion; weakness or fainting (known as needle shock, please let the practitioner know if you feel faint); nausea, possible aggravation of problematic symptoms existing prior to treatment (please notify your acupuncturist if this occurs, usually it is a good sign); drowsiness may occur after treatment, if you are affected, it is suggested that you do not drive at that time.

There is no other side effects of acupuncture apart from symptoms mentioned above, or on physical & mental body apart from sympotms mentioned here.

Once treatment is started patient can not stop or hold it voluntarily unless and until advised by Acupuncturist. If this is not followed by patient then (Freshwing wellness center: Acupuncture) does not take the responsibility or assurance of curing the pateint, Otherwise the whole treatment has to be followed from the begining as new case.

Patient shall follow the diet, exercises, daily routine advised by Accupuncturist - This is case dependent.

Also patient shall follow alternative & follow up treatment as advisable by accupunturist. Flow of treatment can not be stop or hold suddenly as per accupunture method standards, as otherwise it may lead to paining again.

During or Before or After Treatment, patient shall follow medical test & fetch reports e.g. Xrays, CT Scan etc...

Number of Treatment or seatings are case dependent as per medical history of patient & will vary as Treatment processed.

Note- Acupuncturist is not able to make a medical diagnosis of the person's disease. Therefore, if you are seeking to obtain a medical diagnosis, then you should see a physician and seek medical advice from a physician

Log on to <u>http://www.freshwing.in/faq/</u> for Acupuncture Treatments Frequently Asked Questions.

Potential benefits:

- painless relief of one's symptoms without the need for medications or invasive therapies
- improvement of bodily energies leading to the prevention of illness, or elimination of the presenting problem
- SINGLE-USE, STERILE, DISPOSABLE NEEDLES ARE USED BY ACUPUNCTURISTS

By voluntarily signing below, I agree that I have read the above consent information, have been told about the risks and benefits of acupuncture and other procedures, and have had the opportunity to ask questions or raise concerns. I understand that I have the right to consent or to refuse treatment from Freshwing Wellness Center.

Printed Name:

Signature:

Date:

Parent or Guardian Consent, as a parent or guardian of, authorize treatment of this minor by Freshwing Wellness Center

Signature:

Date:

Cancellation Policy: I understand and accept that I am expected to notify Freshwing Wellness Center: Acupuncture, 24 hours prior to any cancellations or changes to my appointment times. Freshwing Wellness Center: Acupuncture reserves the right to charge for cancellations or missed appointments without 24 hours advance notice.