



South Wonston Sustainability



Flower Seed Balls

Free Today

How to make them

You will need

1. Selection of local or UK flower seeds
2. General purpose compost
3. Cheap flour

Method:

1. Mix 1 cup of flour with water – stir with a stick or spoon until gloopy 😊
2. Mix 1-2 tablespoon of seed with 2 cups of compost/soil into a bucket /bowl
3. Add the flour and water mixture to the compost and seed and mix it all together
4. Now the balls can be formed. The mix just needs to be gently rolled in the hand to form a golf-ball sized ball
5. Place the balls in a tray or box and allow them to dry for 24 hours
6. Find a space that needs a bit of brightening up, and throw or plant the seed ball – preferably just before it is due to rain
7. Sit back and watch a little oasis of flowers grow over the next year and keep an eye out for bees and butterflies feeding on the flowers
8. Then save seed from your flowers and do the same next year 😊

Tips for Success

1. Ideally, seed balls should be made the day before rain is forecast and then cast 24 hours later – hopefully before the rain has started! If it doesn't rain then no matter, the seeds will be fine for a few days
2. Instead of the children all making round balls perhaps they could get creative and make different shapes?
3. If you are concerned that birds will eat the seeds then add a little paprika to the mix. It won't hurt them but birds don't like it!

Other recipes and instructions can be found on many websites. For example try the Wildlife Trust <https://www.wildlifetrusts.org/actions/how-make-seed-bomb>



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