

TAP GLOSSARY:

Below are theory questions for the graded tap examinations. A candidate may be asked a maximum of three questions and will be asked to demonstrate certain steps from the tap glossary and define them. The answers do not have to be explained exactly as written below but should have the same meaning. Ask yourself how many sounds does the step make, which direction, which part of the foot and what are the steps put together to make the step in question?

- STRAIGHT TAP -** Strike ground with the ball of the foot and up (ankle only).
- FORWARD TAP -** Strike ground with the ball of the foot **forward** and up (ankle only).
- BACKWARD TAP -** Strike ground with the ball of the foot **backward** and up (ankle only).
- HOP -** Stand on **one foot**, spring into the air and land lightly on the ball of the same foot.
- JUMP -** Feet together, bend knees, spring into the air & land feet together (**any direction**)
- SPRING -** Stand on **one foot**, spring into the air & land on the ball on the **other foot**.
- DROP -** Stand on **one foot**, spring into the air & drop heavily on the **ball or flat of other foot**.
- STAMP -** **Heavy** down beat onto **flat of foot**. Weight on either **supporting or working foot**.
- HEEL BEAT -** Bend knee, strike ground with heel **heavily finishing on the ground**. Can be given in **three ways**:- standing on one foot; with ball of working foot on ground; a sharp dig.
- TOE TAP -** Lift one foot, strike ground with **toe** and up sharply (**usually behind**).
- STEP -** **Transfer of weight** from one foot to the ball of the other.
- SHUFFLE -** A **forward and backward tap** given to the count of **&1 or less**.
- BALLCHANGE -** **Change of balance** from the ball of one foot to the **ball or flat** of other foot, in **any direction** to the count of **&1 or less**.
- TAP STEP -** **Forward tap** followed immediately by a **step**. Weight on **working or supporting leg**.