Jennifer Wilcox, Ph.D.
3736 North High Street
Columbus OH 43214

Psychologist License No 6526
P 614.265.2530   F 614.265.2531

CLIENT INFORMATION

Please fill out this biographical background form as completely as possible. All information is confidential as outlined in the Client Agreement and Notification form. If you do not desire to answer any question, merely write, "Prefer not to answer." Please print or write as clearly as possible.

Date: ____________________ **SS#**: ______-______-__________

Name:____ **Sex: Male** _____ **Female** _____

Date of Birth: ___________________ **Place of Birth:** ____

Years in the USA: ____**Ethnicity/Cultural Identity**:_______________**Gender/Sexual Identification**: _____________

Relationship status: ________________ Duration: _____ Live Together? Yes ___ No ___
Number of Children:______________________________**Names/Ages:**__________________________________

____

Home Address: ____

____

May I write you at your home address? Yes ___ No ___

Employer and Address: ____

____

May I write you at your work address? Yes ___ No ___

Home Phone: ____________________ O.K. to leave detailed message? Yes___ No ____

Office Phone: ____________________ O.K. to leave detailed message? Yes___ No ____

Cell Phone: ______________________ O.K. to leave detailed message? Yes___ No ____

Email: __________________________ O.K. to email you? Yes___ No ____

Education Level: ______________________________ **Occupation/Major** (former, if retired): ____________________

Referred by: ____

Psychotherapy History: (therapist name, reason for therapy, Indiv/Couple/Family/Group, duration, how it ended):

____

____

____

Are you currently seeking professional counseling/therapy elsewhere? Yes ____ No ____

If so, please explain: ____

Prior suicide attempts/When? ____

____

Prior Psychiatric Hospitalizations/When? ____

____

Please list your use of alcohol or illicit drugs, including amounts and frequency

Drug	Amount	Frequency

Have you ever been treated for chemical dependency/substance abuse? _____ If yes, when, where, and for how long? ____

Do your family or friends feel you have a problem with substance abuse? ____

____

What are your strengths/abilities? ____

____

Current Support (Friendships, Community, Spirituality): ____

____

Please indicate any individual or family history you feel may be relevant: ____

____

Please briefly describe the concerns that bring you here and your goals for therapy: ____

____

____

Please check any of the following items which concern you:

_____ Life transitions
_____ Self-esteem, self-confidence
_____ Cultural concerns
_____ Stress and coping
_____ Sleep problems
_____ Loneliness, homesickness
_____ Eating or appetite problems
_____ Health problems
_____ Procrastination/motivation problems
_____ Career/School choice or transition
_____ Stress in the workplace/school
_____ Anxiety, nervousness, fears
_____ Shyness, being assertive
_____ Physical stress (headaches, stomach pains, muscle tension, etc.)
_____ Relationship/marital concerns
_____ Physical/Sexual abuse, incest, or rape survivor
_____ Angry, hostile feelings

_____ Sexual concerns
_____ Alcohol or drug problems
_____ Traumatic experience
_____ Depression, feeling blue
_____ Suicidal feelings or behaviors
_____ Identity concerns
_____ Substance abuse
_____ Family conflict, generational differences
_____ Friendship conflicts
_____ Relationship with romantic partner
_____ Homicidal feelings or behaviors
_____ Self-control or impulse control
_____ Loss of significant person
_____ Other: ___________________________

Please list any family history of mental health problems, mental health treatment including psychiatric hospitalizations, and substance abuse/chemical dependency: ____

____

Your physical and emotional health are highly interdependent. To help me understand you and your concerns, please provide the following:

Physician's Name, Contact Information, and Date of Last Exam: ____

____

Are you currently being treated for any medical conditions? Yes ____ No ____

If yes, what are you being treated for? ____

Describe any medical conditions/health concerns/injuries/surgeries: ____

____

Do you have any difficulties sleeping? If yes, please explain: ____

Smoker: (Present) Yes____ No____ Daily amount______________How long___________
(Past) Yes____ No____ Daily amount______________ How long___________

Exercise: None_________ Some________ Frequent___________
Identify type and frequency____

Sexual Functioning: Adequate ____ Inadequate/Impaired _______
Please specify ____

Any additional pertinent health history not mentioned above: ____
Please list any prescribed or non-prescribed medications or supplements you are currently taking:

Medication/Supplement	Dosage	Condition	Prescribing Physician

Person to contact in case of emergency:

Name ____ **Relationship** __________________________________

Home/Cell Phone ______________________________ **Work Phone** ___________________________________

Signature_____________________________________ **Date**____

***Your signature will be considered your permission to contact named person in case of emergency.**