

Welcome to **Supreme Performance Athletics**....Gainesville, Florida. Congratulations on becoming a part of the Supreme Performance Athletics family! Your participation this season is essential to your overall development as an athlete. Our expectation is that you will take full advantage of the foundational training prescribed during the program. We trust that all participants will show a high level of commitment to their training and to the Supreme Performance Athletics program.

How to experience an effective season:

- Commit to the process of training and have faith in delayed results
- Be consistent with attending training sessions
- Conduct yourself in good character in and away from practice and competitions
- Set short and long term goals
- Support your teammates in their efforts
- Be vocal in a manner that motivates the team for success.

Supreme Performance Athletics has a dedicated staff of coaches and leadership personnel that are committed to the development of each child. There is an abundance of expertise within our team that ensures the best athletic experience in all events contested. Our family atmosphere will only continue to be strong as you support the team's mission.

PARENT INFORMATION:

Mandatory items: Please attend practice with a water bottle, sneakers, running spikes, practice shirts, sweats or jogging suit for colder weather, small notebook, and pen or pencil.

Uniforms: All athletes are required to compete in the team's uniform unless otherwise noted and wear warmups at track meets.

Entry Fees: Meet Entry Fees will be due 7-10 days prior to the meet day, this will ensure that every athlete attending the meet has been accounted for.

Meet Arrival: Due to the tentative schedule of most meets, we need all parents to have their athletes at the meet location when the gates open.

Staging: All athletes are required to sit and stay in the area that is designated for our team to show team unity and to make it easier to find athletes when they are needed for their events.

RECOMMENDATIONS:

Equipment: Track Spikes, cooler, water bottles, canopy, bug repellent, foldable chair, sunscreen, notebook, pencil, yoga mat, foam roller, lacrosse ball

*Missing practice means a missed opportunity to learn and improve personal skills. No Practice = No Relays.

** Practice will be held rain or shine, we typically will change practice to the University of Florida football stadium on days the weather doesn't cooperate.

***Please download the **InstaTeam** app and use team code "**UK4YRV**" and look out for notifications as almost all team updates and information will be posted on the app.

****Every kid sports will assist with registration fees up to \$150.00. If you meet the requirements. If your child receives SNAP, medicaid, or WIC Benefits. The funds can only be used for sports. The funds will be rejected if you used the funds for anything other than the sport you registered for.

Please refer to the FAQ on the site. PLEASE PASS THIS INFORMATION ON !!!

<https://everykidsports.org/every-kid-sports-pass/faq/>

Please take the time to review the packet and let us know if you have any questions. **Thank you for your interest in our program and we look forward to working with you!**

Sincerely,

Supreme Performance Athletics

Information Checklist

1. Copy of child's birth certificate
2. Registration forms
3. Fee payment methods
 - Money order, Certified check, Cashier's check
 - Cash (which should be given to team managers)
 - Cash App (\$LennyKouture), Paypal ***Sorry, no personal checks***
4. Sports Physical form done within the last year
5. Liability Waiver form

Fees are Non-Refundable and Non-Transferable

Financial Break Down:

The registration fee for the season is \$200 for new athletes. There is a \$20 discount for each additional sibling registered. The fee for returning athletes is \$150 and no discount for additional siblings. .

- AAU and USATF memberships are included in the registration fees. The registration fee may be made in payments broken down as such:
- \$16 is due within the first 2 weeks of practice
- Balance is due by Dec 15th 2023 if running indoor & outdoor. Due on Feb 15th, 2024 if running outdoor only *** (Uniforms are \$65 and the first team order will be around Nov 16th but we may be able to place individual orders before then)

Other Expenses:

In addition to the club fees, competitors may charge for parking as well as admission. Travel expenses are the athlete's responsibility.

Athlete Info Form:

Gender: Grade:
Child 1 name: Age:
Birthdate:
Medications, allergies or medical conditions:
Event Interests:
Season Goals:
Medical Insurance:
Policy Holder: Policy #:
Company:

Gender: Grade:
Child 2 name: Age:
Birthdate:
Medications, allergies or medical conditions:
Event Interests:
Season Goals:
Medical Insurance:
Policy Holder: Policy #:
Company:

Gender: Grade:
Child 3 name: Age:
Birthdate:
Medications, allergies or medical conditions:
Event Interests:
Season Goals:
Medical Insurance:
Policy Holder: Policy #:
Company:

Parent/Legal Guardian Name:
Custodial Parent: Yes ___No_ Cell Phone:
Alternate Number:
E-Mail: Address:
Emergency Contact Info: Names of people authorized to pick-up child(ren):

Liability Waiver Form

ATHLETE NAME:

RELEASE:

I acknowledge that this athlete has been examined by a physician within one (1) year and has been cleared to compete in athletic activities. I do hereby give my consent for the above athlete to participate in the Supreme Performance Athletics Track Club. I will waive and release any and all claims I may have against the Supreme Performance Athletics, coaches, agents or representatives for any and all injuries sustained in this program. I authorize the coaches of Supreme Performance Athletics to make decisions concerning the health, welfare and safety including medical treatment for this athlete during my absence.

PARENT/LEGAL GUARDIAN'S SIGNATURE:

PARENT/LEGAL GUARDIAN'S PRINTED NAME:

DATE:

WAIVER OF PHOTOGRAPHY & VIDEOGRAPHY RELEASE:

I authorize the Supreme Performance Athletics Track Club to use photos/videos, and other likeness of myself and of my child or the child whom I have legal guardianship for any promotion materials regarding Supreme Performance Athletics and service. Such likenesses will not be sold to other parties. Promotional material bearing these likeness may be distributed for free to the public and posted on the Supreme Performance Athletics website, etc. Supreme Performance Athletics reserves the right to use any photo or likeness for a time period beginning from when this form is signed and ending upon written request of the participant, parent or legal guardian.

PARENT/LEGAL GUARDIAN'S SIGNATURE:

PARENT/LEGAL GUARDIAN'S PRINTED NAME:

DATE:

Covid-19 Acknowledgement Risk and Consent Form:

The coronavirus, also known as COVID-19, has been declared a worldwide pandemic and is contagious and can be spread by person-to-person contact. As a result, federal, state and local health agencies recommend social distancing and other measures to reduce the spread of the virus. Supreme Performance Athletics is willing to conduct extracurricular activities during this time. These activities will be conducted in accordance with health and safety protocols appropriate for the activity and for the conditions at the time and as may be amended. Supreme Performance Athletics will implement plans to reduce the risk of exposure to COVID-19, however, none of these plans and mitigation efforts can guarantee complete safety, nor can they eliminate all risk of exposure. Athletes participating in the activity and programs will be required to follow these protocols and will be immediately removed from the activity or program if they do not fully comply.

I, the undersigned parent or guardian of the below named athlete, agree that the below named athlete may participate in the activities and programs despite the risk of exposure to COVID-19. The athlete will report any symptoms of illness to his or her parents, guardians, coaches, and I agree to do the same. Either I, or the athlete, shall report to the coaches if the student has any contact or exposure to COVID-19. I acknowledge that the coaches retain the right to cancel or interrupt or postpone an event, track meet, activity or a practice when in the judgment of the coaches, such an act is necessary for the health, safety and welfare of the athletes and families of Supreme Performance Athletics.

I have been advised of the risks of participation and I acknowledge and understand them. I have weighed the risks and benefits and hereby give my consent that the below named athlete may participate in track and field.

Athlete Signature:

Printed Athlete Name:

Parent/Guardian Signature:

Printed Name of Parent/Guardian:

Date Signed: