

2024-25 ACROFITNESS Schedule

TEAM CLASSES are reserved

5 student minimum requirement to hold class
CLASSES WILL RUN FOR 50 MINUTES
TENTATIVE - UPDATED 4/29/2024

MONDAY

5:00 SOPHOMORE TEAM
6:00 JUNIOR TEAM
7:00 SENIOR TEAM

5:00 mommy & me
6:00 acro combo 4-7
7:00 hip hop theater 8+

5:00 peewee ninja 4-7
6:00 advance/elite tumble
7:00 ninja/tumble 8+

TUESDAY

5:00 LITTLE SPORTS TEAM
6:00 SENIOR HIP HOP TEAM
7:00 JUNIOR HIP HOP TEAM

5:00 mommy & me
6:00 acro combo 4-7
7:00 advance tumble

5:00 ninja chicks 8+
6:00 ninja 8+
7:00 elite tumble

WEDNESDAY

5:00 tumbling tutus 4-7
6:00 FRESHMAN TEAM
7:00 advance tumble

5:00 tumble & tech 8-11
6:00 tumble & tech 12+
7:00 elite tumble

5:00 peewee ninja 4-7
6:00 ninja 8+
7:00 ALLSTAR TEAM
8:00 twisters

THURSDAY

5:00 acro combo 4-7
6:00 MINI HOP TEAM
7:00 elite tumble

5:00 hip hop 4-7
6:00 dance fitness
7:00 advance tumble

5:00 peewee ninja 4-7
6:00 ninja 8+
7:00 BOYS TEAM

*Private lessons are available Monday-Thursday at 4:30pm. By appointment only.