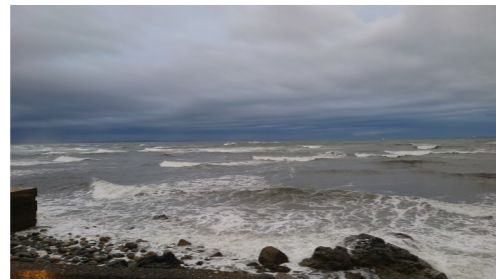


Clare 'CHOC' Howell ~ *Adventuress*

When I sold my house and purchased a motorhome in 2022 I had a vision ~ to roam freely, with no plans, no intentions and immerse myself in the landscapes I passed through....sketching and painting along the way.

This exhibition marks the start of a 'download' of my experiences so far, from memories to paper and canvas.



My first adventure took me to Ireland, in August and September 2022

Arriving in Enniskillen on night one, I met a man who said: *"well, if you are an artist, you must go to Donegal"*.

Taking this advice on board, I drove to the coast and joined the **'Wild Atlantic Way'** at Coolmore, County Donegal.

I simply couldn't get enough of the untamed coastline, hugging the extremities of this stunning island, more or less, to the border with Northern Ireland, where I continued onto the **'Causeway Coastal Route'** through Derry, Antrim and County Down, ending my Irish journey on the **'Mourne Coastal Route'** at Belfast.

My art is inspired by those desolate places, where the sea meets the sky and I can absorb the wonders of nature in all its glorious guises.

The views on this journey morphed from crashing waves and towering cliffs to seaweed covered, rocky coves, shallow turquoise bays and huge expanses of flat, empty beach.

I was inspired at every turn of the road....

