



Fitness 365 Dance Studio Time Table - May 2023

Time/Day	Sunday	Monday	Tuesday	Wednesday	Thursday	Saturday
9:00-10:00am	BollyZumba with Raka (Ladies Only)	Bollywood Dance Workout/ Zumba with Venky	BollyZumba with Raka (Ladies Only)	Bollywood Dance Workout/ Zumba with Venky		
9:45-10:45am						Special needs classes
10:00- 11:00am	Bellydance with Romy (Ladies Only)		Bellydance with Romy (Ladies Only)	BollyZumba with Raka (Ladies Only)		Special needs classes
4:00-5:00pm		Capoeira with Hassan Kids 4-7 yrs		Capoeira with Hassan Kids 4-7 yrs	Kids Dance Class with Venky	
5:00-6:00pm	Kids Dance Class with Venky	Capoeira with Hassan Kids 8-12 yrs		Capoeira with Hassan Kids 8-12 yrs		
5:45-6:45pm			Tik Tok Kids Dance class with Ash			
6:00-7:00pm		Bellydance with Romy (Ladies Only)		Kids Dance Class with Venky		
6:45-7:45pm	BollyZumba with Raka (Ladies Only)					
7:00-8:00pm			Bollywood Dance Workout/ Zumba with Venky			
7:00-8:30pm		Capoeira with Hassan Adults		Capoeira with Hassan Adults		Capoeira with Hassan Adults