

## **MISSION TRIP GUIDELINES**

Thank you allowing us to host your mission trip. Our goal is to make this a memorable experience, if at any time you have any questions, concerns, or input please forward that information to your team leader who will act as a liaison between your group and the Project Ruth DR representative(s). Below are a few guidelines and information that we feel will enhance your trip.

\*A 50% deposit is due 30 days before your scheduled trip. This becomes a non-refundable deposit 10 days prior to your trip. Exceptions may be made on a case-by-case basis but not guaranteed.

During the first day of your trip, we will arrange for a brief meeting to discuss the trip objectives and expectations, this is an excellent time to let us know what you would like to accomplish during your visit, individually and as a group. We will also set aside time for a follow-up session before your return home, a time to let us know if your expectations were met and to share with us and your group your trip highlights.

- Notify your team leader of any allergies, food or otherwise or sensitivity issues prior to your trip.
- Check with your cellular phone carrier for information on phone settings to avoid unwanted charges. Generally, leave your phone on airplane mode, turn on Wi-Fi after your phone is in airplane mode, turn off data. You will need to turn data back on once you return to the United States.
- The weather in the Dominican Republic is hot and humid, comparable to south Florida.
- In general, we recommend no open toe shoes or sandals. Your trip includes a visit to our Project Ruth site in La Florida; sturdy, comfortable hiking shoes are recommended.
- Pack sunscreen and mosquito repellant, use them often.
- Do not drink the tap water, use bottled water to rinse your toothbrush.
- Unless the ice is made from filtered water avoid ice. Vegetables and lettuce are not always washed with filtered water. We strive to utilize only filtered water at the Project Ruth DR facilities for food preparation as well as ice made with filtered water.
- The wastewater and septic systems are different than in the United States. No paper products should enter the wastewater/septic system.
- Dominican Republic electricity is similar to the United States, no outlet adapters required.
- There may be limited, or no internet availability during your trip. WhatsApp and Signal are useful apps for when you are able to connect to the internet.
- Quiet hours for team members are 10:00pm to 7:00am

Your Project Ruth DR trip representative(s) are/is:	
Contact phone number for your trip:(Also available on WhatsApp or Signal)	
Contact email for your trip:	