

# How To: Celebrate Yourself

The things I've moved through, the mountains I've climbed:  
always arriving, somehow, right "on time."

The moments I haven't acknowledged as much:  
the changes I made, the lives that I've touched.

And then there are, all the things I do daily—  
the trying, the habits, the health—  
any ways that I am becoming, all I ever wanted for myself.