









FOR OUR PATIENTS: *SPEAK UP* TO KEEP YOURSELF SAFE

Our hospital staff wants to ensure your safety as a patient.
Learn how you can help us keep you safe.

-  Ask doctors, nurses and other staff if they have washed their hands when they enter your room. **Insist that visitors wash their hands also.** Use the alcohol hand sanitizer (wall units) or soap and water. You are an important part of infection prevention so clean your hands as well.
-  Before any type of care is provided to you, all hospital staff should check your name and date of birth; **if they don't, insist that they do.**
-  Provide your nurse or doctor with a list of medications you take; include vitamins, supplements, and over the counter medications.
-  If any type of catheter is used, ask daily if that catheter can be removed. Catheters can cause infections.
-  Insist that blood and other samples taken from your body are labeled in front of you.
-  Always request help before you get out of bed, and wear non-skid footwear to prevent falls.
-  Keep the nurse call bell, eyeglasses, hearing aids, and other items within reach.
-  **Talk about your care with doctors and nurses. Be sure to get your questions answered and please *SPEAK UP!***