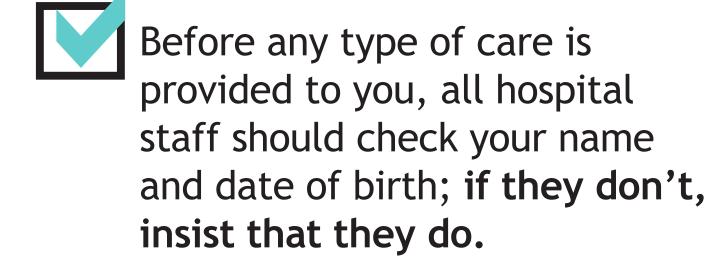
FOR OUR PATIENTS: SPEAKUP TO KEEP YOURSELF SAFE

Our hospital staff wants to ensure your safety as a patient. Learn how you can help us keep you safe.

Ask doctors, nurses and other staff if they have washed their hands when they enter your room. Insist that visitors wash their hands also. Use the alcohol hand sanitizer (wall units) or soap and water. You are an important part of infection prevention so clean your hands as well.



Provide your nurse or doctor with a list of medications you take; include vitamins, supplements, and over the counter medications.



If any type of catheter is used, ask daily if that catheter can be removed. Catheters can cause infections.



Insist that blood and other samples taken from your body are labeled in front of you.



Always request help before you get out of bed, and wear non-skid footwear to prevent falls.



Keep the nurse call bell, eyeglasses, hearing aids, and other items within reach.

Talk about your care with doctors and nurses. Be sure to get your questions answered and please SPEAK UP!

