

A Gut Feeling Mango Coconut Energy Balls

INGREDIENTS

- 2 cups cooked quinoa
- 1/2 cup unsweetened toasted shredded coconut
- 1/2 cup plus 2 tbsp natural almond butter
- 2/3 cup flax seeds ground
- 2 tbsp honey
- 1/3 cup dried mango minced
- Pinch salt
- Additional toasted unsweetened shredded coconut for sprinkling (if desired)

INSTRUCTIONS

1. Mix together the quinoa, coconut, almond butter, flax, honey, mango and a pinch of salt. Roll into 32 balls..

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