

A Gut Feeling Spinach Pesto Chicken Burger

INGREDIENTS

- For the pesto:
- 3 cups organic spinach
- 5 large basil leaves
- juice from 1 large lemon
- 2 tablespoons olive oil
- 1 tablespoon pine nuts or roasted almonds
- 2 tablespoons grated parmesan cheese (or Go Veggie Dairy Free Parmesan)
- 2 garlic cloves, peeled
- 1 tablespoon water, to thin pesto
- Freshly ground salt and pepper, to taste

For the burgers:

- 1 pound ground chicken
 - 1/4 teaspoon salt
 - 1/4 teaspoon freshly ground pepper
 - 4 slices Go Veggie Lactose Free Mozzarella slices
 - 4 whole grain, gluten free buns or lettuce wraps
- Optional add-ons for burgers: tomato slices, onion slices, avocado slices and buns of choice