

2019 Jim McDonnell Lake Swims
EVENT DATE: 05/26/2019
SANCTION NUMBER: 109-W001
SANCTIONING LMSC: Potomac Valley LMSC
SPONSORING ORG: Reston Masters Swim Team
EVENT DIRECTOR: Laurence Paulson (laurence.paulson@gmail.com)
LOCATION: Lake Audubon, Reston, VA

RESULTS

1M-CAT I

Women: 18-24 (1M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Williams, Beatrice	21	AKMS	5691-E2HEP	32:30	26	58
2	Dooley, Madeline	23	L4S	129F-0A26N	33:05	29	61
3	Blake, Courtland	19	OEVT		35:28	33	73
4	Collins, Shelley	22	OEVT		38:03	42	88
Women: 25-29 (1M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Wei, Laurie	25	DCTC	109Y-0AACD	25:14	3	8
2	Witham, Shelby	28	UC09	0992-0A5HJ	25:54	8	15
3	Olbum, Orly	25	UC10	109T-09YM6	26:57	11	24
4	Sorna, Cassie	27	OEVT		27:55	13	29
5	Thorson, Sarah	25	OEVT		32:35	27	59
Women: 30-34 (1M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Greene, Shannon	34	1693	1299-07CD8	23:03	1	1
2	Rose, Laura	33	UMAC	109C-0AM4E	25:17	4	9
3	Wittsack, Hayley	34	1693	129V-0675S	25:30	5	12
4	Godesky, Alyssa	34	ETM	129F-UUR5P	25:42	6	13
5	Miller, Leslie	34	RMST	109N-052T6	25:50	7	14
6	Olscamp, Kate	31	OEVT		33:49	31	66
7	Offutt, Carolyn	34	MASH	109W-A81WD	37:30	40	85
8	Howington, Jazzmyn	30	OEVT		37:38	41	87
9	Grinsteins, Gabriela	32	UC10	109G-09CGX	45:08	48	102
10	Noll, Jennifer	30	ANCM	109P-052V6	47:51	50	104
Women: 35-39 (1M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Nelson, Cindy	38	OEVT		27:29	12	27
2	Rainey, Allison	39	OEVT		29:21	17	36
3	Kasimer, Susan	37	WAV1	109G-036U6	32:01	25	56
4	Pinkney, Ekaterina	36	OEVT		36:03	36	77

Women: 40-44 (1M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Mercer, Ingrid	44	NAMI	1098-02J4K	28:56	15	34
2	Maguire, Shannon	42	OEVT		31:02	22	50
3	Osborne, Connie	40	GMUP	109W-1F2JQ	31:34	24	54
4	Boyle, Elizabeth	41	OEVT		38:32	45	92
Women: 45-49 (1M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Maguire, Colleen	46	OEVT		36:38	37	79
Women: 50-54 (1M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Tilley, Anne	54	UC11	1198-033X1	26:07	9	17
2	Clifford, Barbara	53	GMUP	109U-036E0	29:18	16	35
3	Shuford, Carol	53	L4S	1093-039UF	29:52	18	39
4	Lecerf, Patricia	50	ARMS	1091-09AFR	33:07	30	62
5	Core, Heather	51	UC12	1291-DXZXR	35:33	34	74
6	Williams, Maureen	53	L4S	1098-07BP0	35:38	35	75
Women: 55-59 (1M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Becker, Marlene	55	L4S	1097-07J1P	26:20	10	20
2	Dewing, Maria	56	RIPM	109D-02J6B	30:25	19	44
3	Clifford, Patricia	59	ANCM	1097-036JD	30:48	21	47
4	Smith, Andrea	57	OEVT		31:31	23	52
5	Williams, Beverley	56	AKMS	5699-01PCK	36:38	38	80
6	Adams, Allyson	55	UMAC	1094-01VT9	38:19	43	89
6	Burnett, Catherine	56	UC12	129S-0B8E9	38:19	43	89
8	Gload, Diane	57	OEVT		41:17	46	97
	Sugg, Stephanie	56	ANCM	1092-038G4	DQ-303.8.3**		
Women: 60-64 (1M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Perfall, Betty	62	L4S	109K-038SG	28:54	14	33
2	Auer, Margie	61	L4S	1090-071JY	32:48	28	60
3	Bruner, Cheryl	60	L4S	109V-03688	33:52	32	67
4	Kelly, Susan	64	UC10	109J-037WP	36:49	39	82
5	Coleman, Pamela	63	L4S	1095-039VH	41:18	47	98
Women: 65-69 (1M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Loftus-charley, Shirley	68	VMST	129X-WATER	24:27	2	5
2	Maline, Beth	66	NAMI	109A-0998T	30:47	20	46
3	Quinby, Barbara	67	UC08	089X-0BA7D	45:33	49	103
Men: 18-24 (1M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Makkad, Nakul	24	OEVT		30:15	23	41
2	Smith, Peter	20	OEVT		39:39	48	93

Men: 25-29 (1M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Johnson, Adam	27	UC10	109H-YK2K3	28:28	18	31
2	Bayly, Matthew	25	OEVT		28:48	19	32
3	Zhigunov, Dmitriy	25	OEVT		30:21	25	43
Men: 30-34 (1M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Boone, Lee	31	COLU	0998-Z8GYB	29:21	20	37
Men: 35-39 (1M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Crosnick, Mark	36	UC10	109K-0BAMG	24:43	4	6
Men: 40-44 (1M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Lehman, Brian	42	OEVT		23:03	1	1
2	Thatcher, Matthew	41	OEVT		25:17	6	9
3	Salsgiver, Michael	40	OEVT		30:19	24	42
4	Cassidy, Scott	43	OEVT		31:31	30	53
5	Fehd, Todd	43	OEVT		33:28	34	64
6	Gilmore, Thomas	43	OEVT		34:44	37	69
7	Russo, Sam	43	OEVT		34:49	38	70
8	Raut, Anant	44	OEVT		35:20	40	72
Men: 45-49 (1M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Joubert, Kevin	47	MERR	099W-01VD7	23:52	3	4
2	Bingaman, Cory	45	ALEX	1091-09SPE	25:23	7	11
3	Whiteside, Rob	45	OEVT		26:04	8	16
4	Yutesler, Bernhard	46	COLU	0996-0AH4Y	27:41	16	28
5	Ford, Charles	47	OEVT		33:43	35	65
6	Pendry, Joseph	49	OEVT		37:30	46	86
7	Kirstetter, Axel	46	OEVT		40:17	49	94
Men: 50-54 (1M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Roddin, Jeffrey	50	ANCM	1090-0361N	23:14	2	3
2	Kirol, Keith	52	UC09	0991-007PV	26:46	13	23
3	Thorson, Paul	54	OEVT		27:18	14	25
4	Oreilly, Keith	51	BB	099Y-062DP	32:14	32	57
5	Zhigunov, Sergey	53	OEVT		36:47	43	81
6	Purcell, Frank	53	L4S	109B-071NW	36:54	44	83
7	Core, Steve	53	OEVT		42:43	52	99
8	Fitzpatrick, Shawn	53	OEVT		43:46	54	101

Men: 55-59 (1M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Scoggin, Sam	58	RMST	109T-038PR	26:44	12	22
2	Ingholt, Paul	59	UC10	109W-037CB	28:08	17	30
3	Cura, Michael	59	OEVT		30:50	27	48
4	Broderick, Tom	59	UC12	129C-GF9T2	33:22	33	63
	Smith, Stephen	57	OEVT		DQ-303.8.4***		
Men: 60-64 (1M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Beatty, Chuck	60	O*H*	189R-085KM	24:55	5	7
2	Olbum, Jon	62	UC11	1193-068AU	26:13	10	19
3	Watson, Jon	62	RWW	109U-0944F	26:27	11	21
4	Bales, Paul	61	ALEX	109N-07BJR	27:28	15	26
5	Ahlers, Stephen	63	UC10	1096-0370V	29:40	21	38
6	Collins, Sean	61	UC10	109F-037DZ	30:07	22	40
7	Thorson, Eric	60	OEVT		31:00	28	49
8	Katz, Ronald	62	OEVT		35:09	39	71
9	Scott, Evan	61	UC08	089A-022RX	35:56	41	76
10	Dillon, David	61	OEVT		40:55	51	96
	Dooley, Kevin	63	L4S	129A-0B8C0	DQ-303.8.2*		
Men: 65-69 (1M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Hahne, Reg	66	COLU	099N-01VTA	26:11	9	18
2	Tenhoor, Stuart	65	COLU	099Y-06N9E	31:28	29	51
3	Barter, James	68	MSSC	109Y-0AAVW	34:04	36	68
4	Gentry, Paul	69	UC12	129D-09U5S	36:30	42	78
5	Lang, Gordon	68	UC10	1094-09JM7	38:22	47	91
Men: 70-74 (1M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Sleeper, Russell	74	UC09	099S-0ATBP	30:28	26	45
2	Funk, Max	70	OEVT		31:43	31	55
3	Paulson, Laurence	70	RMST	109Z-037R2	37:29	45	84
4	Minoff, Iles	72	OEVT		40:48	50	95
	Wallace, Richard	72	GSM	079A-01Y27	DQ-303.8.2*		
Men: 80+ (1M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Nobbe, Nick	81	RMST	109H-02K1E	42:49	53	100

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LOCATION: Lake Audubon, Reston, VA

RESULTS

1M-CAT II

Women: 25-29 (1M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Coyle, Emily	29	COLU	099Y-SDZM0	33:57	15	50
2	Staines, Isabelle	26	UC10	109W-E2Y7K	39:28	27	73
Women: 30-34 (1M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Osborn-gustavson, Anne	34	1ST	089Y-FORN6	25:28	1	8
Women: 35-39 (1M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Sprinkel, Katie	39	L4S	109A-0AA35	31:48	10	38
2	Stettner, Samantha	39	RMST	109Y-A1F61	32:37	13	42
	Noonan, Holly	36	RMST	1090-0B80W	DQ-303.8.3**		
Women: 40-44 (1M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Stroiney, Debra	40	OEVT		39:05	25	71
2	Brock, Kristine	40	OEVT		43:53	33	82
3	Luo, Shiwei	44	RMST	109S-0B3VA	44:38	34	83
	Denis, Stephanie	44	OEVT		DQ-303.8.2*		
Women: 45-49 (1M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Melton, Angela	49	L4S	109B-0A1C9	27:25	2	18
2	Baranano, Kristin	45	MBKM	099R-P1U64	37:17	22	65
3	Croy, Suzanne	45	L4S	109P-08DFK	37:40	23	66
4	Underwood, Laura	47	OEVT		43:37	31	80
	Santos, Susan	46	OEVT		DQ-303.8.3**		

Women: 50-54 (1M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Wilcox, Mary	52	OEVT		28:45	3	22
2	Wrobel, Anna	50	TRI3	109B-0B71T	29:49	7	31
3	Hughes, Lisa	53	OEVT		30:31	9	36
4	Dipietro, Nancy	53	TRI3	1092-095EU	31:48	11	39
5	Belanich, James	53	OEVT		32:05	12	40
6	Collins, Patricia	50	L4S	109A-037N2	35:01	17	56
7	Murrell, Christy	50	RIPM	1095-09AP1	36:30	20	61
8	Anderson, Jodi Hope	54	UC10	109K-06NFX	36:53	21	64
9	Carlisle, Lisa	53	UC12	129M-06WW1	41:52	28	76
10	Peters, Dollie	52	PEAK	0992-5D8HD	46:07	35	84
Women: 55-59 (1M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Brown, Ann	57	MERR	099E-0759J	29:36	4	26
2	Shoop, Kimberly	57	OEVT		29:44	5	29
3	Braun, Carol	56	OEVT		34:03	16	52
4	Dowling, Kate	56	UC10	109C-0933E	36:22	19	59
5	Kidd, Sally	58	RMST	109D-05S58	38:25	24	70
6	Hayden, Shirley	59	PEAK	099A-0AVDH	43:46	32	81
Women: 60-64 (1M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Subar, Amy	64	UC10	1097-SVS5Z	29:48	6	30
2	Friedland, Wendy	62	PSM	369V-036VU	29:54	8	32
3	Baumgarten, Elizabeth	63	TRI3	109D-052T0	33:33	14	47
4	Margraff, Deborah	61	OEVT		47:20	36	86
Women: 70-74 (1M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Doswell, Kathleen	70	VMST	129S-08BJ5	35:13	18	58
2	Hamilton, Ruth	72	OEVT		39:20	26	72
3	Schreckengost, Kathy	71	UC11	1195-0863A	41:56	29	77
Men: 18-24 (1M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Greenhalgh, Andrew	24	1693	129U-0BAKR	18:58	1	1
Men: 30-34 (1M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Kim, Chris	32	ALEX	109S-G1XEA	32:48	30	43
2	Krause, Cory	32	OEVT		33:49	35	49
3	Perlov, Mikhail	32	OEVT		36:51	43	63
Men: 35-39 (1M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Palavecino, Matias	38	ALEX	1097-038F9	22:22	3	3
2	Morin, Joshua	37	UC10	1096-08D3X	27:06	15	16

Men: 40-44 (1M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Bell, David	44	1693	129X-0383F	22:15	2	2
2	Bower, Matthew	44	L4S	109S-0B3FY	23:33	6	6
3	Hodges-fulton, George	44	OEVT		28:00	19	21
4	Dennison-gibby, Aaron	41	OEVT		29:37	23	27
5	Brody, Loren	44	OEVT		29:40	24	28
6	Takeguchi, Kevin	41	L4S	1097-037ME	43:00	49	78
Men: 45-49 (1M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Anthes, Peter	49	L4S	109Y-036DB	24:02	7	7
2	Garthwaite, Jonathan	48	OEVT		26:57	13	14
3	Wynes, Anthony	49	RMST	109A-099XF	28:49	21	24
4	Schmidt, John	47	NAMI	109K-09ZJ9	30:28	27	35
5	Jock, Timothy	47	COLU	099A-0AU5A	31:30	28	37
6	Ruiz, Walter	49	ARMS	109Y-09PTE	37:42	44	67
7	Karandikar, Jaydeep	46	UC12	129Y-0B4UJ	41:29	48	75
Men: 50-54 (1M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Murray, James	51	ALEX	109S-DFPTC	22:35	4	4
2	Covino, Daniel	51	ANCM	109V-6C15F	26:20	12	13
3	Jacobs, Jay	52	GMUP	109A-039WS	26:59	14	15
4	Bajoghli, Amir	50	RMST	109R-06VE0	32:56	31	44
5	Phillips, Maxwell	54	L4S	109Y-09B66	33:02	32	45
6	Bard, Larry	54	OEVT		33:46	34	48
7	Horvitz, Eric	53	TRI3	109B-09HTK	36:24	41	60
8	Watanabe, Luis	54	OEVT		47:04	50	85
	Caron, Donald	53	OEVT		DQ-303.8.3**		
Men: 55-59 (1M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Young, Mark	56	GERM	109S-036KS	23:17	5	5
2	Tober, Alan	58	UC10	109N-052KF	25:57	8	9
3	Nelson, Greg	59	GERM	1092-06VF3	26:06	10	11
4	Quinn, Kevin	59	OEVT		27:49	17	19
5	Givens, David	59	UC10	1090-038J5	34:11	37	53
6	Henne, Carl	59	UC10	109A-P3GU8	34:12	38	54
7	Klinger, Adam	56	UC10	109B-09NEP	35:08	40	57
8	Berry, David	55	DCTC	1099-0ACV8	41:06	47	74
9	Noll, Douglas	58	ANCM	109Z-038YU	47:53	51	87

Men: 60-64 (1M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Willett, Michael	61	OEVT		26:01	9	10
2	Williams, Thomas	62	L4S	1090-037KP	27:25	16	17
3	Colburn, Rob	64	UC12	1297-06NSR	27:49	18	20
4	Rickard, Alan	62	RIPM	109Y-02JXC	29:28	22	25
5	Jones, Daniel	62	OEVT		34:49	39	55
6	Bockman, Richard	62	L4S	109C-069WC	36:33	42	62
Men: 65-69 (1M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Thomas, Charles	66	KAST	0891-08A4Z	26:19	11	12
2	Isbister, John	66	MARY	0990-01Vfy	28:48	20	23
3	Kampf, Allen	69	COLU	099E-01V9P	32:26	29	41
4	Kasimer, Joseph	69	JCCN	1095-0362B	33:59	36	51
5	Baer, Mitch	68	OEVT		38:23	45	68
6	Schofield, Larry	68	OEVT		50:19	52	88
Men: 70-74 (1M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Leimkuhler, James	74	OEVT		29:58	25	33
1	Shub, Daniel	70	MBKM	0991-064S4	29:58	25	33
3	Hozik, James	74	OEVT		38:25	46	69
Men: 75-79 (1M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Robinson, David	76	GERM	1092-038J7	33:17	33	46

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LOCATION: Lake Audubon, Reston, VA

RESULTS

2M-CAT I

Women: 18-24 (2M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Deuser, Kelly	21	OEVT		58:52	30	61
Women: 25-29 (2M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Wei, Laurie	25	DCTC	109Y-0AACD	52:03	5	14
2	Smith, Katherine	29	ALEX	1094-095XW	53:04	8	17
3	Witham, Shelby	28	UC09	0992-0A5HJ	54:04	12	26
4	Simon, Alison	28	L4S	109R-0B8CS	54:13	14	28
5	Olbum, Orly	25	UC10	109T-09YM6	54:58	18	34
Women: 30-34 (2M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Greene, Shannon	34	1693	1299-07CD8	47:16	2	4
2	Godesky, Alyssa	34	ETM	129F-UUR5P	53:23	9	18
3	Osborn-gustavson, Anne	34	1ST	089Y-FORN6	54:03	11	25
4	Wakeman, Kay	32	VMST	129B-074ZM	54:14	15	29
5	Hom, Melani	34	OEVT		1:02:11	33	67
Women: 35-39 (2M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Nickou, Melanie	35	OEVT		49:40	4	11
2	Di Silvio, Francesca	38	DCRP	109G-0381W	52:26	6	15
3	Yang, Xi "jessie"	35	COLU	0991-0B1UD	54:56	17	33
4	Van Horn, Alaina	38	L4S	1097-037UM	55:59	22	43
5	Harburg, Michelle	37	OEVT		1:00:30	32	64
6	Daniell, Sarah	39	MARY	099M-07T95	1:03:03	36	70
7	Kasimer, Susan	37	WAV1	109G-036U6	1:06:13	46	85
8	Wardlaw, Hanna	37	OEVT		1:08:48	50	91

Women: 40-44 (2M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Roddin, Julie	43	ANCM	109P-037AZ	46:20	1	2
2	Christensen, Mary	43	ANCM	109G-0B1AH	56:35	24	46
3	Kramer, Kimberly	42	L4S	1092-06TWJ	56:37	25	47
4	Mercer, Ingrid	44	NAMI	1098-02J4K	58:35	29	59
5	Tacheny, Erin	41	OEVT		1:02:27	35	69
6	Maguire, Shannon	42	OEVT		1:04:38	40	76
7	Basista, Carolyn	41	OEVT		1:08:05	49	89
8	Chamoun, Caroline	42	ANCM	1098-0A7XG	1:11:25	56	99
9	Poffenberger, Amanda	41	TRI3	1094-09FSD	1:18:55	60	112
	Mccoy Roslof, Lara	41	UC10	109C-0B0EA	DQ-303.8.2*		
	Reinders, Carrie	43	TRI3	109T-M8A99	DQ-303.8.2*		
Women: 45-49 (2M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Desousa, Juliette-marie	49	DCRP	109K-0372V	52:50	7	16
2	Collins, Maryann	47	MARY	0993-01VE0	57:27	26	52
3	Hauser, Jennifer	46	OEVT		58:30	28	58
4	Melton, Angela	49	L4S	109B-0A1C9	1:04:29	39	75
5	Reed, Colleen	49	UC10	1095-090ZK	1:04:51	41	78
6	Malinowski, Elizabeth	45	OEVT		1:05:50	44	83
7	Mroz, Kelly	47	OEVT		1:11:03	55	98
8	Brown, Elizabeth	49	SRMHW	1290-08BC0	1:24:17	61	115
Women: 50-54 (2M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Tilley, Anne	54	UC11	1198-033X1	53:31	10	21
2	Gainor, Cathy	52	ANCM	109K-037TJ	54:06	13	27
3	Dombay, Denise	53	GERM	109N-036EM	55:31	20	39
4	Bradbery, Angela	54	DCRP	109P-0374T	55:38	21	41
5	Core, Heather	51	UC12	1291-DXZXR	1:02:26	34	68
6	Shuford, Carol	53	L4S	1093-039UF	1:03:18	37	71
7	Mitchell, Catherine	50	OEVT		1:05:46	43	81
8	Lecerf, Patricia	50	ARMS	1091-09AFR	1:09:25	52	93
9	Flynn, Tara	52	L4S	1096-0A1WJ	1:09:42	53	95
10	Shumway, Kirsten	53	L4S	109N-038AF	1:10:04	54	96
11	Williams, Maureen	53	L4S	1098-07BP0	1:13:21	57	102
12	Necheles, Anna	54	OEVT		1:18:06	59	111

Women: 55-59 (2M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Moyer, Michelle	57	RMST	109M-036FR	56:31	23	45
2	Armstrong, Kay	58	NMMS	429M-04F1P	57:54	27	54
3	Brown, Ann	57	MERR	099E-0759J	59:07	31	62
4	Dewing, Maria	56	RIPM	109D-02J6B	1:04:20	38	73
5	Dwinnell, Laura	55	OEVT		1:06:01	45	84
6	Moreno, Amy	58	UC12	1293-07NZV	1:07:22	48	87
7	Snyder-charlip, Catherine	56	L4S	109U-05HUK	1:09:02	51	92
8	Beach, Susan	58	L4S	1092-05HUP	1:14:55	58	106
Women: 60-64 (2M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Moore, Laura	60	OEVT		55:07	19	37
2	Auer, Margie	61	L4S	1090-071JY	1:07:21	47	86
Women: 65-69 (2M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Loftus-charley, Shirley	68	VMST	129X-WATER	48:57	3	8
2	Mattson, Janice	67	UC09	0998-04REE	54:47	16	32
3	Maline, Beth	66	NAMI	109A-0998T	1:04:52	42	79
Men: 25-29 (2M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Kuhn, James	26	OEVT		1:14:31	48	105
Men: 30-34 (2M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Donohue, Brian	32	L4S	1091-07PPZ	49:12	6	9
Men: 35-39 (2M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Fox, Brandon	35	UC12	129M-WVZDU	53:43	14	24
2	Stone, Jonathan	38	UC12	129J-039V2	54:44	16	31
3	Cantwell, Andrew	38	L4S	109R-06NBP	1:05:08	38	80
4	Kennedy, Luke	37	OEVT		1:05:47	39	82
Men: 40-44 (2M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Lehman, Brian	42	OEVT		46:55	2	3
2	Gottlieb, Geoff	43	OEVT		47:18	3	5
3	Titoura, Andrei	43	COLU	099Z-07YU4	47:20	4	6
4	Adams, Chris	43	OEVT		48:10	5	7
5	Ahlgren, Kyle	44	1693	129S-07XDE	53:38	12	22
6	Sande, Tyler	40	OEVT		53:43	13	23
7	Mccarthy, Mike	43	ARMS	109A-M49G8	55:08	19	38
8	Salsgiver, Michael	40	OEVT		1:03:24	35	72
9	Bauer, Jay	43	OEVT		1:13:53	47	104
10	Padiernos, Emerson	41	UC10	109K-0826R	1:16:55	51	109

Men: 45-49 (2M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Joubert, Kevin	47	MERR	099W-01VD7	54:58	17	35
2	Anthes, Peter	49	L4S	109Y-036DB	55:00	18	36
3	Yutesler, Bernhard	46	COLU	0996-0AH4Y	57:04	26	51
4	Wynes, Anthony	49	RMST	109A-099XF	1:04:40	37	77
5	Noe Fellows, Gregory	47	OEVT		1:08:41	41	90
6	Moses, Todd	45	ANCM	1099-07ZZ6	1:16:54	50	108
	Lotz, Robin	48	UC12	129N-06PZ7	DQ-303.8.2*		
Men: 50-54 (2M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Murray, James	51	ALEX	109S-DFPTC	49:23	7	10
2	Geiszler, Andrew	51	L4S	109E-0369W	51:02	9	13
3	Kirol, Keith	52	UC09	0991-007PV	53:27	10	19
4	Eisenberg, Alan	50	OEVT		1:00:55	33	65
5	Purcell, Frank	53	L4S	109B-071NW	1:17:45	52	110
6	Faytik, Kenneth	50	OEVT		1:22:59	54	114
Men: 55-59 (2M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Shackley, David	57	L4S	389M-SHACK	44:52	1	1
2	Grecco, Paul	58	GMUP	109J-03BB0	53:27	11	20
3	Zolper, John	59	UC10	109R-06B8C	56:38	23	48
4	Decosse, Philip	57	L4S	109T-099EN	56:53	25	50
5	Sloan, Jonathan	57	UC09	0996-06XV5	58:20	29	56
6	Reilly, Patrick	58	UC12	129A-02JS8	58:26	30	57
7	Ingholt, Paul	59	UC10	109W-037CB	1:01:05	34	66
8	Young, Garry	56	L4S	109S-07NZZS	1:15:28	49	107
Men: 60-64 (2M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Beatty, Chuck	60	O*H*	189R-085KM	50:48	8	12
2	Ryan, Pat	61	OEVT		55:35	20	40
3	Olbum, Jon	62	UC11	1193-068AU	55:51	21	42
4	Watson, Jon	62	RWW	109U-0944F	56:19	22	44
5	Bales, Paul	61	ALEX	109N-07BJR	56:44	24	49
6	Charles, Cleveland	60	MASH	109F-034ZK	58:02	28	55
7	Mcmullin, Joseph	64	DCM	109T-0367V	58:50	31	60
8	Hamal, Cliff	62	L4S	109R-07CR8	1:04:28	36	74
9	Aucoin, Joseph	62	OEVT		1:10:49	43	97
10	Khorshide, Sam	61	L4S	1094-0377E	1:13:42	46	103

Men: 65-69 (2M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Mandour, Saleh	65	MERR	0996-04RGD	54:21	15	30
2	Hahne, Reg	66	COLU	099N-01VTA	57:39	27	53
3	Mclaughlin, Rich	67	1776	089J-07A1H	1:09:32	42	94
4	Szramiak, John	69	UC07	079S-0ACAE	1:11:40	45	101
Men: 70-74 (2M-CAT I)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Post, John	72	VMST	1296-02HK0	59:54	32	63
2	Funk, Max	70	OEVT		1:08:02	40	88
3	Snowwhite, Larry	73	RMST	1096-036NF	1:11:31	44	100
4	Paulson, Laurence	70	RMST	109Z-037R2	1:21:12	53	113

2019 Jim McDonnell Lake Swims
EVENT DATE: 05/26/2019
SANCTION NUMBER: 109-W001
SANCTIONING LMSC: Potomac Valley LMSC
SPONSORING ORG: Reston Masters Swim Team
EVENT DIRECTOR: Laurence Paulson (laurence.paulson@gmail.com)
LOCATION: Lake Audubon, Reston, VA

RESULTS

2M-CAT II

Women: 30-34 (2M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Bregman, Jana	31	OEVT		52:35	3	13
2	Young, Tracy	30	OEVT		59:04	6	35
Women: 35-39 (2M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Orton, Jillian	39	RMST	109Z-039V6	54:05	4	19
2	Frost, Abigail	37	L4S	109M-08FG4	1:04:20	10	47
3	Maddux, Kathryn	38	OEVT		1:07:45	12	59
4	Sprinkel, Katie	39	L4S	109A-0AA35	1:08:09	13	62
5	Brealey, Stephanie	39	OEVT		1:12:07	18	75
Women: 40-44 (2M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Clark, Emily	41	RMST	109B-078HK	47:55	1	8
2	Palavecino, Katie	41	ALEX	1091-037H5	49:28	2	10
3	Murach, Cecilia	41	OEVT		1:08:16	14	63
4	Dunnigan, Maureen	43	L4S	1099-07XHC	1:09:34	16	70
Women: 45-49 (2M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Miller, Christie	48	FST	0897-0AXUA	59:18	7	38
2	Mechanic, Leah	47	UC09	099G-09UG0	1:04:36	11	49
3	Gaines, Mindy	49	UC10	1099-0365J	1:09:47	17	71
4	Linck, Tracey	47	MARY	099N-DTFGV	1:13:10	19	76
5	Morton, Leilani	45	OEVT		1:16:36	21	79
Women: 50-54 (2M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Norouzi, Maryam	52	OEVT		1:02:44	9	43
2	Dela Ossa, Marisol	51	ANCM	109S-0ACH4	1:20:24	24	83
3	Lane, Laura	52	TRI3	109D-7CPZM	1:26:24	26	87
	Sherrill, Emily	54	HRBM	1297-09X0V	DQ-303.8.2*		

Women: 55-59 (2M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Gilgore, Deborah	59	GERM	1095-081NS	57:34	5	29
2	Glassberg, Abby	59	CMYM	099J-01VM9	1:08:36	15	64
3	Dowling, Kate	56	UC10	109C-0933E	1:16:13	20	78
4	Dowdall, Theresa	57	UC09	0998-SKJ9R	1:18:25	22	80
5	Kidd, Sally	58	RMST	109D-05S58	1:24:39	25	86
	Bennett, Karen	59	OEVT		DQ-303.8.2*		
Women: 60-64 (2M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Friedland, Wendy	62	PSM	369V-036VU	1:02:12	8	40
2	Dickey, Karen	60	UC09	099D-0AE35	1:18:46	23	81
	Jacobson, Connie	61	L4S	109P-09GUW	DQ-303.8.2*		
Men: 18-24 (2M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Greenhalgh, Andrew	24	1693	129U-0BAKR	37:11	1	1
2	Hughes, Collin	19	OEVT		41:24	2	2
Men: 25-29 (2M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Ault, Colin	25	OEVT		46:53	6	6
2	Henderson, Stephen	29	COLU	099P-0A4ZG	47:21	7	7
3	Gibson, Justin	26	GMUP	109S-0BA8F	53:02	12	15
4	Parada, Bryan	28	OEVT		59:06	31	37
Men: 30-34 (2M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Laplante, Brett	31	UMAC	1099-0AWJ0	45:33	4	4
2	Rudiger, Ryan	32	OEVT		51:07	9	11
3	West, Andrew	34	TRI3	109E-0B3ZW	58:22	27	32
4	Cauley, Henry	32	OEVT		1:06:30	43	54
Men: 35-39 (2M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Morin, Joshua	37	UC10	1096-08D3X	54:58	17	21
2	Gibbons, Jp	39	L4S	109D-BY85N	1:07:30	46	57
3	Staszkiwicz, Zak	39	OEVT		1:07:34	47	58
4	Murach, Brad	37	OEVT		1:07:48	48	60
5	Lee, Alexander	38	OEVT		1:09:05	53	68
	Shepherd, Joshua	37	UC12	129C-09YHH	DQ-303.8.2*		

Men: 40-44 (2M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Dowell, Noah	41	UMAC	1091-0029F	52:35	11	14
2	Hodges-fulton, George	44	OEVT		56:28	21	25
3	Loschiavo, Matthew	40	TRI3	109S-0AVNB	57:39	25	30
4	Wolf, Greg	42	OEVT		58:40	28	33
5	Martin, Morgan	43	L4S	109W-0B0HY	58:55	29	34
6	Trujillo, Lorenzo	40	OEVT		1:08:37	50	65
7	Gvozdoz, Pavel	40	OEVT		1:10:08	56	73
Men: 45-49 (2M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Dhunjishah, Michael	47	OEVT		55:10	18	22
2	Garthwaite, Jonathan	48	OEVT		55:50	20	24
3	Crabb, Gregory	48	OEVT		56:29	22	26
4	Schmidt, John	47	NAMI	109K-09ZJ9	1:04:08	37	46
5	Maahs, Gordon	45	OEVT		1:05:03	39	50
6	Brennan, Robert	49	DCTC	109G-036HX	1:06:34	44	55
Men: 50-54 (2M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Jacobson, Michael	51	CMYM	099E-01V74	51:46	10	12
2	Covino, Daniel	51	ANCM	109V-6C15F	53:45	15	18
3	Jacobs, Jay	52	GMUP	109A-039WS	54:18	16	20
4	Lang, Steven	52	JCCN	109P-0AXNX	1:03:01	35	44
5	Bard, Larry	54	OEVT		1:08:03	49	61
6	Phillips, Maxwell	54	L4S	109Y-09B66	1:08:55	52	67
7	Lane, Greg	53	TRI3	109B-0A6Y4	1:09:33	54	69
8	Minesinger, Charles	51	OEVT		1:09:57	55	72
9	Mccabe, Andrew	51	OEVT		1:11:13	57	74
10	Mitchell, Lance	50	OEVT		1:14:40	58	77
11	Ryan, Dennis	50	OEVT		1:22:59	61	85
	Benitez, Lester	50	OEVT		DQ-303.8.2*		
	Fitzpatrick, Shawn	53	OEVT		DQ-303.8.2*		
Men: 55-59 (2M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Appleton, Charles	59	L4S	109V-0855C	44:22	3	3
2	Higdon, Dave	56	UC12	129F-04F3Z	46:45	5	5
3	Young, Mark	56	GERM	109S-036KS	48:13	8	9
4	Tober, Alan	58	UC10	109N-052KF	53:10	13	16
5	Berry, Joe	56	OEVT		55:27	19	23
6	Wilson, Paris	57	OEVT		56:40	23	27
7	Berry, David	55	DCTC	1099-0ACV8	1:29:06	62	88

Men: 60-64 (2M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Rickard, Alan	62	RIPM	109Y-02JXC	53:32	14	17
2	Colburn, Rob	64	UC12	1297-06NSR	57:30	24	28
3	Williams, Thomas	62	L4S	1090-037KP	58:06	26	31
4	Cummings, Charles	60	OEVT		1:02:24	34	42
5	Byer, Martin	63	OEVT		1:04:34	38	48
6	Loman, Jeffrey	62	ANCM	109H-05F04	1:05:16	40	51
7	Ernst, David	63	1693	129G-0ABVT	1:08:49	51	66
8	Defranco, Laurence	60	OEVT		1:19:37	59	82
9	Kennedy, Ed	62	OEVT		1:20:24	60	84
Men: 65-69 (2M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Isbister, John	66	MARY	0990-01Vfy	59:04	30	36
2	Haywood, Carlton	67	COLU	099E-037J6	1:02:21	33	41
Men: 70-74 (2M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Leimkuhler, James	74	OEVT		1:01:46	32	39
2	Shub, Daniel	70	MBKM	0991-064S4	1:04:08	36	45
3	Griffith, Lee	71	RIPM	109P-09HK3	1:05:38	41	52
Men: 75-79 (2M-CAT II)		Age	Team	USMS#	Official Time	Gender Plc	Overall Plc
1	Weinberg, Kenneth	75	RMST	1092-0366X	1:06:05	42	53
2	Medoff, Neil	76	RMST	109N-036FP	1:07:06	45	56

USMS INFRACTION CODE DESCRIPTIONS

303.9.2* - Failed to complete the prescribed course

303.9.3** - Failed to complete the prescribed course within the preannounced time

303.9.4*** - Failed to follow rules of the swim