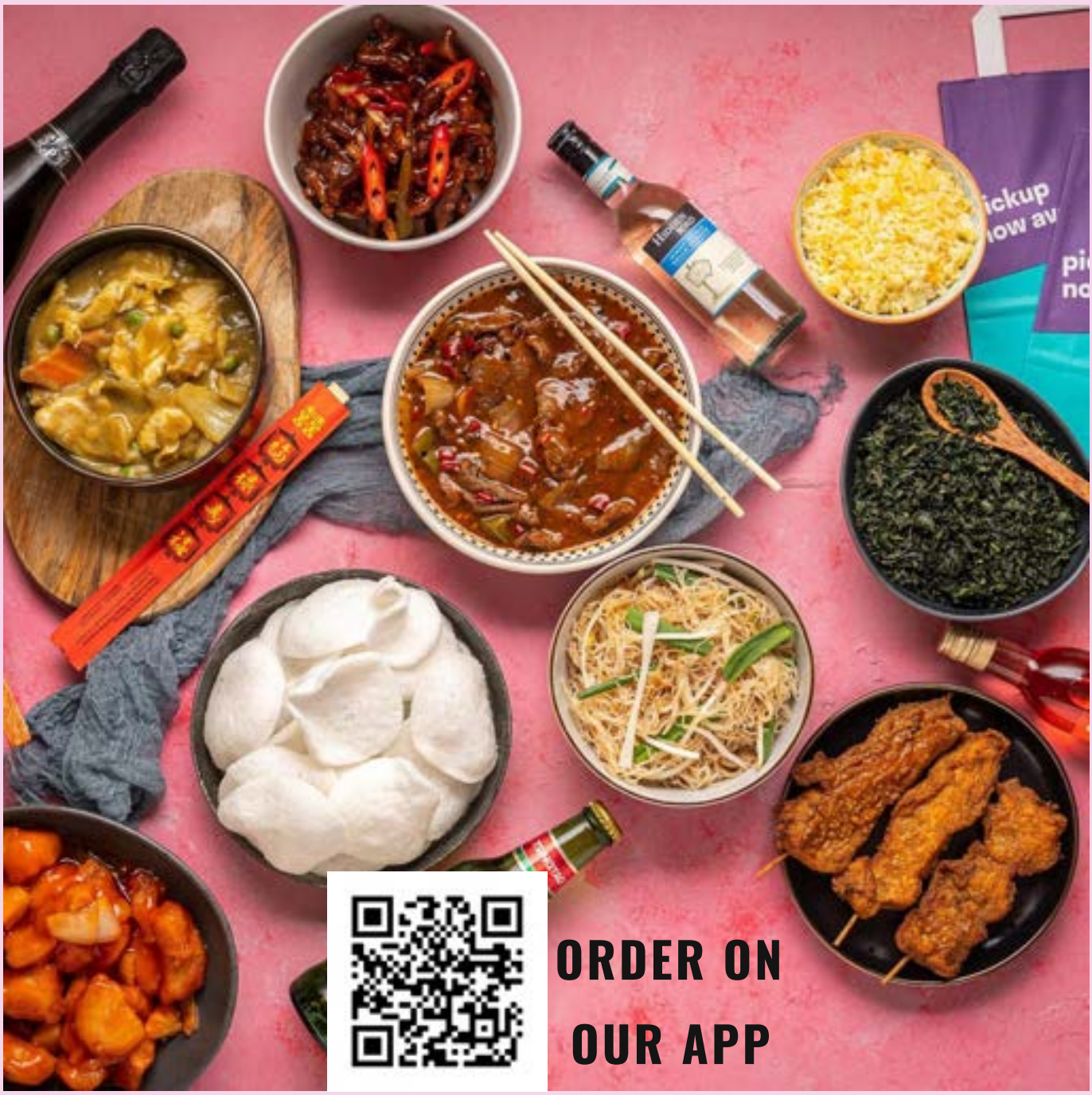
Sweet Mandarin

GLUTEN FREE MENU



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Dinner for Two £45

Gluten Free Vegetable Spring Rolls

Salt & Pepper Chicken Wings

Sweet & Sour Chicken

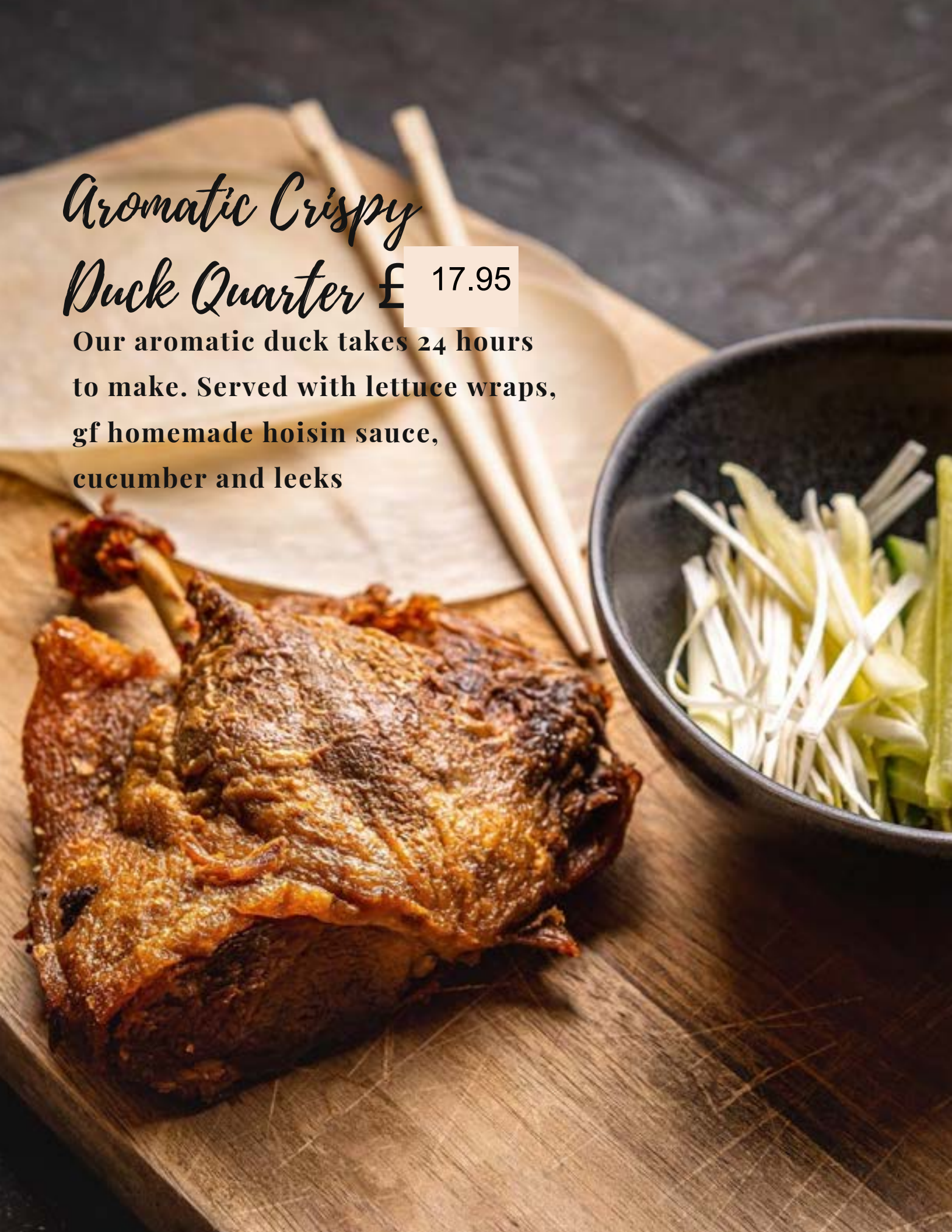
Crispy Sichuan Beef

Egg Fried Rice (E)

Salt & Pepper Chips

These dishes are all served together and non changeable.

Allergens Guide: G - gluten, S - soya. Se - sesame oil,
C - crustaceans, Su - sulphites, P- peanut, N - nuts
E - eggs, M - molluscs, C - celery
Mu - mustard, F - fish, L - lupin Mi - milk


Aromatic Crispy
Duck Quarter £ 17.95
Our aromatic duck takes 24 hours
to make. Served with lettuce wraps,
gf homemade hoisin sauce,
cucumber and leeks

Salt n Pepper Munchie Box

£15.95

For salt n pepper lovers. We wok toss a big portion of salt n pepper chips, chicken balls & chicken wings

Soups £5.95

GF1. Hot & Sour Soup (with prawns & chicken) (C,E,Se)

GF3. Chicken & Sweetcorn Soup (with egg) (E,Se)

Dim Sum & Starters £7.95

GF6. Prawn Crackers (C) £4.50

GF7. Crispy Seaweed £8.00

GF8. Sesame Prawn Toast (C,Se) (4 pieces)

GF12. Vegetable Spring Rolls (Se) (3 pieces)

GF18. Salt & Pepper Chicken Wings (4 pieces)

GF18SQ. Salt & Pepper Squid (M,E) (6 pieces)

GF18M Salt & Pepper Mushrooms

GF18T Salt & Pepper Chilli Tofu

Pad Thai, Rice, Noodles from £12.95

GF6K. King Prawn Pad Thai (C) £16.95

GF66. Pad Thai with Pawns & Chicken

GF66C. Chicken Pad Thai (S,Se)

GF Noodles (Mains)

GF61S. Special Chow Mein noodles (chicken, king prawn, beef) (S,Se) £15.95

GF63 Gluten free Chicken Chow Mein

GF65. Singapore Vermicelli (Spicy) contains slithers of chicken & baby prawns (S,Se)

Fried Rice (Mains)

GF61SFR. Special Fried Rice £15.95
(chicken, king prawn, beef) (E, S, Se) +£3

GF71. Chicken Fried Rice (chicken, egg, peas) (E)

Gluten Free Chicken Dishes £13.95

GF37Lily. Kwok's Chicken Curry (M)
GF18C Salt & Pepper Chicken Balls
GF37T Jungle Green Curry (Su,M)

GF30 Lemon Chicken
GF35 Sweet & Sour Chicken
GF32. Chicken Green Pepper Black Bean (S, Se)

GF71. Chicken Fried Rice (S,E)
GF.CFY. Chicken Foo Young (E)
GF47C Sweet Chilli Chicken +£1

Beef Dish £14.95

GF38. Crispy Sichuan Beef

GF39 Green Peppers Blackbean

King Prawn Dishes £18.95

GF47. Sweet Chilli King Prawn (C,E)

GF50. Sweet and Sour King Prawns (C,E)

GF72. Peking King Prawns (C,E)

Vegetarian Dishes

£12.95

GF57. Mabel's Vegetarian Tofu Casserole (S,Su)

GF58. Sweet & Sour Tofu (Su)

GF39TVEG Blackbean Vegetables (S,Se)

GF61. Vegetable Chow Mein (S,Se)

GF65V. Spicy Vermicelli with Vegetables (Se, S)

GF37TV Jungle Green Vegetable Curry

GF37TVTOFU Jungle Green Tofu Curry (Su)

GF Side Dishes from £3.95

GFFR. Fragrant Egg Fried Rice (E)

GFBR. Boiled Rice

GF84. Noodles and Beansprouts (S,Se) +£2

GF85. Cheeky chips

GF96. Salt and Pepper Chips +£1

GF112. Sichuan Spicy Potatoes – these are the best potatoes ever! +£4

GF Homemade Sauces & Dips

GF92. Lily Kwok's GF Curry Sauce (Mu) £3.99

Tub of GF Dip choose from:

OK

Sweet & Sour

Sweet Chilli

£2.50 each

About Sweet Mandarin 甜甜

Sweet Mandarin's recipes are passed down from generation to generation. We offer a banquet of family stories that take us from a small Chinese village to cosmopolitan Hong Kong and urban Manchester.

Along the way, the ingredients of special dishes and a rich life are added: a homemade stock of hard life, a pound of tragedy, a spoonful of daring, a dash of curses, and dollop after dollop of sheer will.

Behind this restaurant is a family memoir of survival and victories, luck and determination, and perpetual mounds of dirty dishes waiting to be washed.

Our family