

# NEW GLOW MEDICAL

10651 Riverside Drive, Toluca Lake, CA 91602

## BEFORE YOUR IPL TREATMENT

One month before your IPL treatment:

- Avoid sun exposure and tanning beds for four weeks before your treatment.
- Use SPF 30 or higher sunscreen daily and re-apply every two hours when outdoors or while driving.

One week before your IPL treatment:

- Avoid skin care which may cause irritation to your skin including scrubs and products containing: tretinoin, retinol, benzoyl peroxide, glycolic acid and salicylic acid (AHAs and BHAs), astringents or vitamin C.
- Do not wax, tweeze or use a depilatory on the treatment area.
- Excessive hair on the treatment area can be shaved or trimmed from a few days up to the night before your treatment.
- Some medications increase the risk of complications from IPL. Please inform us of any new medications you are taking before your treatment.
- Notify your provider if you have semi-permanent foundation, microblading, lip blush, or any tattoos on or near the treatment area.

Day of your IPL treatment:

- Do not wear makeup to your appointment. Moisturizer and sunscreen are okay but must be removed before the treatment begins.
- Please be aware that your skin may appear irritated for the first several days after treatment and that we advise you not to wear makeup for 72 hours.