

## NEW GLOW

10651 Riverside Drive, Toluca Lake, CA 91602

[www.New-Glow.com](http://www.New-Glow.com)

Office: (818) 747-2470 | Mobile: (818) 570-7990

NewGlow@yahoo.com

After Hours Emergency: (818) 570-7970

### **POST-TREATMENT INSTRUCTIONS for IPL**

After your IPL treatment:

- Avoid sun exposure and tanning beds for four weeks after your treatment and four weeks before your next treatment.
- Use SPF 30 or higher sunscreen daily and re-apply every two hours when outdoors or while driving.
- Avoid skin care which may cause irritation to your skin including scrubs and products containing: tretinoin, retinol, benzoyl peroxide, glycolic acid and salicylic acid (AHAs and BHAs), astringents or vitamin C for one week.
- Do not wax, tweeze or use a depilatory on the treatment area for one week.
- If skin appears irritated, avoid wearing makeup for 72 hours following treatment.
- Treated areas should be kept clean and moist between treatments. Use of mild soap or non-irritating cleanser is recommended.
- Cool packs can be used following treatment to reduce discomfort if skin feel hot or irritated. Do not apply chemical cold packs or anything frozen directly to skin.

What to expect:

- Irritation, itching, or a sensation similar to sunburn may occur within 48 hours following treatment.
- Redness and swelling may occur with 24 hours following treatment and usually subsides within one week.
- Bruising may occur and last up to two weeks.
- When treating prominent blood vessels, vessel collapse is expected followed by an immediate clearance/ brightening.
- When treating pigmented lesions, an immediate darkening of the lesion is expected.
- Pigmented areas may darken after treatment and crusting may occur within a few days. This usually resolves within one to three weeks. A topical antibiotic may be applied if significant crusting occurs. Allow skin to slough naturally, avoid rubbing, exfoliating, pulling or peeling skin.
- Contact our office if significant scabbing occurs.
- A series of three treatments spaced three to four weeks apart is usually recommended but more treatments may be necessary.