

NEW GLOW

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POST-TREATMENT INSTRUCTIONS for NEUROMODULATORS BOTOX | DYSPORT | XEOMIN | JEUVEAU | DAXXIFY

Here are recommendations for a few simple guidelines after your procedure. These can make the difference between a good result and a fantastic one.

- Avoid facials and saunas on the day of treatment.
- Try to use the injected muscles for the first 1-2 hours after treatment: practice frowning, raising your eyebrows, and squinting. This helps work Botox into your muscles. Although this is thought to help, this will not impact your treatment negatively if you forget.
- Do not touch or rub the injected site for 6 hours following treatment.
- Avoid exercise and sweating for the remainder of the day.
- No lying down or leaning forward for 4 hours after treatment.
- There can be a slight chance of bruising at the treated site, this is temporary. Be assured that any tiny bumps or marks will go away within a few hours of treatment.
- An immediate headache is common especially if it is your first Botox treatment.
- Avoid any type of facial, microdermabrasion, or massage for 14 days after treatment.
- Avoid Ibuprofen, Advil, or Motrin, Tylenol is acceptable to take if experiencing discomfort (if not contraindicated).

Your satisfaction is important to us! We would like you to return to the office in 2 weeks for a follow-up assessment appointment, especially after your first treatment. This will ensure we can see how your facial muscles react to your treatment. If you require additional Botox to fine-tune/adjust your treatment results, there will be additional charges at the regular rate.