

BABY CAFÉ



Learning to breastfeed can be hard at first. We can help you and your baby succeed!

Mondays • 10:00 a.m. - Noon

Monticello Community Center – Conference Room
505 Walnut Street, Monticello

babycafé



Public Health

The Baby Café supports all aspects of breastfeeding/pumping — from before baby is born to weaning to mom's return to work.

Share your experiences and learn how others are adjusting to the demands of motherhood.

You can expect:

- A relaxed, child-friendly environment with open-forum discussions and a chance to meet other moms.
- Up-to-date information from knowledgeable staff at no cost to you.
- To learn breastfeeding techniques with a “hands-off” approach (or with staff working over your hands, if needed).



No appointment or Community Center membership needed for the Baby Café. If schools are not in session or cancelled, the baby café will be cancelled. If you have questions, call **763-271-2218**.