



A free, family-friendly drop-in center
for pregnant and breastfeeding moms

Baby Café offers information and support to help you reach your breastfeeding goals.

You can get help with breastfeeding – or just talk – with a certified lactation consultant from Buffalo Hospital and other moms, like you.

Get answers to your questions in an informal, comfortable setting:

- I'm pregnant and wondering, "How will I feed my baby?"
- I'm having a few problems with breastfeeding.
- How can I continue to breastfeed after I go back to work?
- How/when do I start solid foods?

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Baby Café location and details

- Every Wednesday, 10 a.m. to 12 p.m.
- Wright County Historical Society 2001 MN-25, Buffalo, MN 55313
- Scale available for weighing your baby.
- Enjoy a free beverage and a snack.

You don't need to have given birth at Buffalo Hospital to go to Baby Café. It's sponsored by Buffalo Hospital and Wright County as a community service.

Questions? Call Baby Café at **763-684-7630**.

