

Get in Touch

We want our home to become your home, where you can look forward to the next stage of your life in a homely and comfortable environment.

We warmly welcome you to visit The Cedars whenever you would like, no appointment is necessary. However, if you let us know when you would like to visit, we can be sure to give you as much personal attention as you need to have a proper look around and ask all your questions.

We are happy to consider any personal requirement, whether it relates to personal preference or physical and mental needs. Tell us about your care requirements and we will be happy to discuss with you how we can help.



Location



**The Cedars at
Stinchcombe Manor
Echo Lane, Dursley
Gloucestershire GL11 6BQ**

**Tel: 01453 549162
email: info@sm-care.co.uk**



Nestled in the beautiful Cotswold country side, The Cedars is situated on the outskirts of the ancient village of Stinchcombe which sits just on the border of South Gloucestershire and Gloucestershire. The Cedars is only a 30 minute drive from both Bristol and Gloucester.



Personalised residential care
supporting adults with
complex needs



The Cedars at Stinchcombe offers personalised care for those who with complex care and support needs, in spacious and welcoming surroundings.

"I love life here. I walk a lot because that is what I like doing. There are plenty of shops close by and a great café that serves great food."

DA



Personalised complex residential care

Set in 3 acres of established grounds in the village of Stinchcombe on the outskirts of the old market town of Dursley in Gloucestershire, The Cedars at Stinchcombe Manor is part of a beautiful country home which provides personalised complex care for up to 19 people. We support clients who are both working age and older adults.

The home blends its character and traditional past with modern refurbishment to deliver the highest standards of care. With skilled staff, delicious meals, spacious accommodation and a friendly, homely environment. The Cedars is a welcoming, relaxed and peaceful place to live.

Being a former country residence, each of our rooms are individual with their own unique charm and personality. You are sure to find something to suit your taste. We encourage you to bring cherished possessions, such as personal items, photographs, and small pieces of furniture, to really make you to feel at home.

Most of our well-appointed rooms have en-suite facilities and they all feature a 'state of the art' nurse call system and TV socket.

A Warm welcome awaits

The Cedars at Stinchcombe oozes character, which begins with the beautiful Cotswold stone construction and the striking wood panelled reception area. Original features continue throughout, with fireplaces, high ceilings and large sash windows. The spacious accommodation offers a traditional, homely environment so you can be comfortable wherever and with whomever you choose to spend your time.

You can enjoy views of the beautiful lawned gardens from our lounge. The 'Café style' dining room within the conservatory opens out on to our enclosed patio area, where residents can sit and relax in a peaceful place, or try some gardening in either of the two large raised beds. These bright and airy rooms are focal points for many of the social activities which take place. The gardens to the rear are home to our resident chickens, that provide our very own free range eggs.

Our highly skilled, motivated and committed staff work as a close-knit team with a shared goal of giving each of our clients the best possible quality of life. We pride ourselves on providing care that is discreet and delivered with dignity, compassion and respect. When it comes to care, only the highest standards will do.

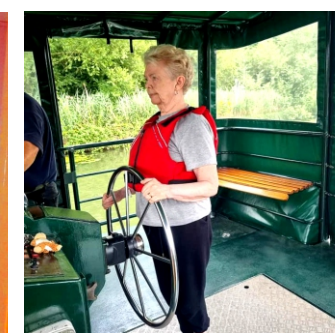
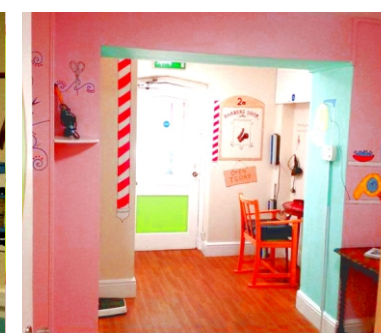
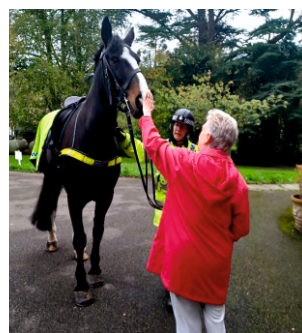


We are wholly committed towards care

The staff at The Cedars are wholly committed to providing outstanding personalised tailored care to meet the individual needs and wishes of every client

Our services at a glance

- **Mental Health Support**
 - Learning Disabilities
 - Acquired Brain Injury
 - Dementia care
- **Cognitive Impairment**





Delicious, nutritious meals, prepared & served with care

Meal times are vital for healthy social interaction and building friendships. Here at The Cedars, our aim is that everyone should receive nutritionally balanced, tasty meals and really enjoy their food. Residents are always encouraged to dine together, not only with other residents, but staff as well.

The Cedars provide a great variety of delicious and well-presented home-cooked meals, using fresh ingredients which are locally sourced whenever possible. The menu is not only created with input from the clients, but also in the preparation, after all it is their home. We encompass a blend of traditional cooking with some exciting ethnic dishes too. We are always on hand to cater for special diets and personal preferences, and love nothing more than celebrating birthdays & other special occasions, such as Christmas and Easter.

The Gatehouse tea room is a place where individual independence is promoted and encouraged. Clients can make their own snacks and drinks whenever they like.

.For breakfast residents have a choice of fruit, cereal including 'proper porridge' toast or a cooked breakfast, served with a choice of hot and cold drinks. At lunchtime, there's always a choice of two cooked meals and dessert. An alternative is always available. A light supper is served every evening. A variety of snacks and drinks are available throughout the day, with home-baked cakes and fruit on offer on serving dishes throughout the home.

Most of our clients choose to eat their meals in our 'Café style' dining room, although for those who prefer to dine in the comfort of their own room, we are more than happy to accommodate this.



Relax or enjoy enriching social activities

Social occupation plays a really big part of life at The Cedars. Keeping active and engaged is one of the best ways to maintain well being, so we aim to create a thriving and friendly social environment, that is individually and collectively personalised towards each resident.

All staff use their energy, ideas and considerable experience to deliver a busy programme which is designed around a persons' individual interests and abilities. Most clients thoroughly enjoy taking part in our events, activities and entertainment, and always have the choice to do as much (or as little) as they wish.

The social care programme on offer, is varied, interesting and engaging, chosen by our clients and tailored towards their wishes. Whatever your particular interests, we're certain there is something that will appeal to you.

The long list of activities includes themed lunches, arts and crafts sessions, games and quizzes, making seasonal decorations, movement to music, picnics, 'pets as therapy' visits, reminiscence, ball games, skittles, card making, baking, charity events, hand massage, cooking and tasting sessions.

The home has its own vehicle which facilitates days out to access the community. Trips to the beach, park, garden centre and shops are some of the top choices from the clients. We usually finish off the day sitting down with fish & chips, ice cream & cappuccino.

It's the **little** things that make a **big** difference!

“Did you know?”

Did you know, a person who is living with dementia, as the condition worsens, their visualisation and distinguishing of contrasting colours can diminish.

Memory Lane



Take a trip down Memory Lane

When you enter The Cedars, the first thing that will strike you is the vivid decor. We use exceptionally bright colours and contrasts as an aid for our clients to support them as they move around from room to room. Throughout the home you will see pinks, oranges and yellows. The banisters and steps are heavily contrasted with the surrounding hues to make movement as simplistic as possible.

Around every corridor the walls are decorated with murals and pictures. These provoking murals provide the opportunity to stimulate conversation and interaction between clients and staff. Many of the designs are interactive and tactile, which help conjure up points of discussion and further heighten the senses. The bedrooms themselves all have their own charm and identity. Each room has a unique name, such as 'The Spinning Wheel' or 'The Railway Cottage'.



Technology lends its part

To support our care team and ensure the clients well-being at all times, we utilise a range of industry-leading technologies at The Cedars.

Electronic care and medication management software efficiently records key information at the point of delivery. These innovations allow our care team to spend more quality time with our residents, improve analysis, create alerts and allow information to be shared with loved ones. Every room has its' own individual nurse call system, complete with pressure sensitive bed site mat linked to a universal alarm which continually monitors any movement out of bed, day or night.

For the convenience of our clients and visitors, there are direct dial telephones available throughout the home.



Our Values

The 8 core values are the binding standards we, as a team, have set in place which impact on every aspect of life at here at The Cedars

PERSON CENTRED	INNOVATION
TRAINING & EXCELLENCE	COMMUNICATION
INTEGRITY & ACCOUNTABILITY	LEADERSHIP & TEAMWORK
EQUALITY	DEDICATION

Our Philosophy

Our philosophy is based on the belief that our clients have the right to be treated as individuals.

Individuals needs are carefully catered for and each client is encouraged to retain their own freedom of choice and independence. Our home is professionally managed and staff support is always available.

Clients are encouraged to retain their personal dignity and independence regardless of the severity of their diagnosis. Social, emotional, religious, cultural, political and sexual preferences are embraced and respected.

There will be identified levels of care with a clear pathway which commences after a comprehensive assessment has taken place. Clients will then have an individual and bespoke care plan created.

The initial focus will be on achieving a stable and secure environment where residents retain their social skills through an ongoing process of client empowerment.

The Team

We are very proud of The Cedars at Stinchcombe Manor, but without our truly amazing team it is just a building and not a home.

We have carefully selected a fantastic group of people who share our values and are dedicated to providing our clients with a high quality of life. They have been chosen for their professionalism, compassion and attention to detail. An in depth induction and training package means that the team are equipped with the right tools to meet the clients needs. Courses include safeguarding, MCA, DoLS and PBS. Many of these provided by in house train the trainer.

For us, the happiness and well-being of our staff is paramount, and because of this we offer an engaging workplace, development opportunities with continual mentoring and support from our highly experienced and dedicated management team.

Our Mission Statement

“Our mission is to compassionately provide and holistically enhance the quality of life of our residents and their families by offering the highest levels of personalised care, within a respectful, safe, independence promoting environment, bound together with a community spirit where we will be dedicated to encourage feelings of love, security and friendship.”

Our Vision Statement

“Our vision is not only to become an outstanding care home in its own right, but also for The Cedars to be instantly recognised as a Company renowned for providing the best possible care toward people living with dementia and diagnosed mental health.”

Our home is regularly inspected by the **Care Quality Commission (CQC)** which regulate and inspect health and social care service in England. We have a commitment to maintain high standards of care, accommodation and service.