

IF YOU SUFFER FROM ANY OF THE FOLLOWING, IDD THERAPY REHAB MAY BE RIGHT FOR YOU:

- > ACUTE OR CHRONIC BACK PAIN
- > RADIATING PAIN IN THE LEGS, THIGHS, OR HIPS
- > HERNIATED DISCS
- > DEGENERATIVE DISC DISEASE
- > PINCHING (IMPINGEMENT) IN THE BACK, HIPS, OR LEGS
- > PELVIC, THIGH, OR LEG PAIN
- > EXTREME LOWER BACK DISCOMFORT OR TUGGING
- > SCIATICA
- > POSTERIOR FACET SYNDROME

If you thought surgery, ordinary physical therapy, or painful injections were your only choices for back-pain treatment... think again.



# IDD Therapy®

It's hard to argue with success in treating back pain.\*


Drugs...  
27%

Surgery...  
47%

IDD Therapy...  
92%

\*For the sources of these statistics, visit [iddtherapy.com](http://iddtherapy.com).

To learn more about whether IDD Therapy® is right for you, contact:

 North American Medical

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# Put Back Pain Behind You.



"For years I had degenerative disc pain with arthritis and was feeling hopeless. At forty I was told to accept it as part of growing old—then I found the IDD THERAPY® regimen! Now I remember what it is like to feel 100% pain-free."

—Anna Ragghianti  
Atlanta, GA

In a recent clinical study, 92% of surgical candidates avoided surgery and reported a 50% or greater decrease in pain after undergoing IDD Therapy treatment.\* This same study found that patients who reported initial success with IDD Therapy treatment continued to have a significant reduction in pain at the time of follow-up—anywhere from two months to two full years after completing treatment.

These highly promising results suggest that one full course of IDD Therapy treatment promotes long-term healing, letting you get back to the business of living your life!

\*Dennis McClure and Bethany Farris, "Intervertebral Differential Dynamics Therapy: A New Direction for the Initial Treatment of Low Back Pain." *European Musculoskeletal Review* 2006, 45-48.

## What is IDD Therapy®?

Intervertebral Differential Dynamics (IDD) Therapy is a gentle, computer-controlled treatment which promotes the natural healing of degenerative discs, stimulating the hydration and renewal of damaged tissue. During therapy, the patient lies on the IDD Therapy table for approximately 30 minutes per visit. The treatment gently manipulates the patient's offending spinal segments. Through the therapy, the vertebrae are distracted, unloading intra-discal pressures. As normal spinal function is restored, so is the patient's mobility and relief.



Sgt. James J. Murray  
Norwich, CT

*Meet one of the thousands of IDD Therapy spinal rehab success stories.*

"After years of doctor's visits, I've finally found a real solution. My back no longer restricts my life.

"As head of my department's dive team, I suffered the effect of my job: a disc bulge, degenerative disc disease, and a herniation from lifting my scuba gear. Then a neurosurgeon prescribed IDD Therapy treatment. The sessions were very comfortable, not strenuous like most physical therapy.

"Now I can plan physical activities without worry, and thanks to IDD Therapy treatment..."

***"I've finally gotten my life back!"***

Developed by a team of medical doctors that includes neurosurgeons, neurologists, and orthopedic surgeons, IDD Therapy rehabilitation is different from other treatments because it's:

### > **NON-SURGICAL**

IDD Therapy treatment has no side effects and requires no recovery time.

### > **PROVEN EFFECTIVE**

Even when drugs, epidurals, and surgery have failed, IDD Therapy treatment has shown dramatic results.

### > **GENTLE**

Treatment is comfortable, even relaxing.

### > **AFFORDABLE**

The total cost of a full treatment regimen is typically much less than your co-pay for surgery.

And easy pay plans are also available.

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