

# **STEPPING OUT WITH PURPOSE**

**BE YOUR  
AUTHENTIC  
SELF**

**PROGRAM  
OFFERINGS**

**DR. VALARIE WILLIAMS HARRIS**

**[WWW.STEPPINGOUTWITHPURPOSE.COM](http://WWW.STEPPINGOUTWITHPURPOSE.COM)**

# About me



Valarie is an author, certified Life Empowerment Coach, leadership consultant, educator, and speaker who loves working with people, particularly with other women in leadership roles and entrepreneurs who engage in coaching, consulting, and course creation WORLDWIDE. Indeed, she attracts those who authentically love serving individuals who need support to step out of their comfort zone. It allows her to use her educational training and technical abilities to offer them the confidence they need to walk in the purpose God intended them to pursue in their daily lives.

Stepping Out With Purpose, LLC is a faith-based program that supports women leaders and entrepreneurs who must focus on the clarity of their Purpose, Vision, Values, Personal Growth, and Holistic Health. This program equips its clients to walk through the steps of defining who they are by empowering them to become clear on going in the right direction and preparing clients to create a plan of action to reach their goals. We offer tools, resources, and expertise to help our clients achieve their dreams to lead successful lives.



*Be Your  
Authentic Self!*

# Your Transformational Journey to Success

I AM COMMITTED TO HELPING WOMEN IN LEADERSHIP AND ENTREPRENEURS TO BUILD A BUSINESS THAT WILL CREATE FINANCIAL FREEDOM , A HEALTHY LIFESTYLE AND LEAVE A LEGACY.

## SERVICES OFFERED

01

### STEPPING OUT COACHING ACADEMY

- Master Certified Coaching Program
- Group Coaching
- 1:1 Coaching

02

### BUSINESS CONSULTING

- Business Structure
- Marketing
- Graphic Design

03

### LEADERSHIP DEVELOPMENT

- Webinars
- Workshops
- Conferences/Summits/Retreats

04

### GLOBAL PUBLISHING NETWORK

- Book Collaboration
- Magazine Publication

05

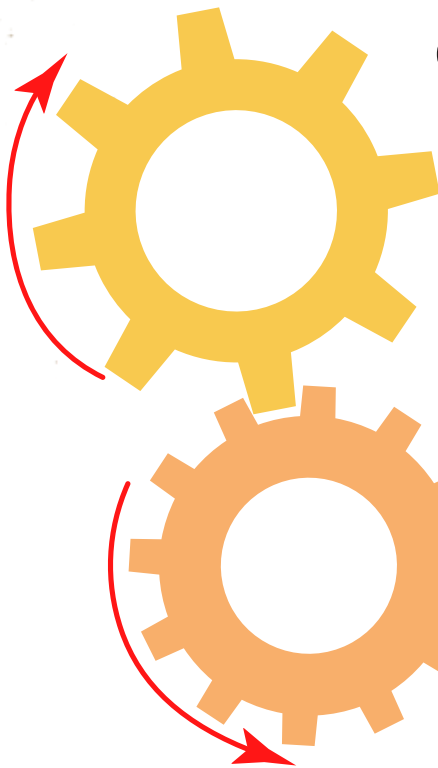
### MEDIA

- Weekly Real Talk Show
- Friday Chat with TalkTimeVal

# STEPPING OUT WITH PURPOSE

*"Confidence happens when you are intentional about stepping out of your comfort zone."*

by Valarie W. Harris



## OUR MISSION

TO EMPOWER WOMEN IN LEADERSHIP AND ENTREPRENEURS TO BUILD A BUSINESS THAT WILL CREATE FINANCIAL FREEDOM, A HEALTHY LIFESTYLE AND LEAVE A LEGACY.

## OUR VISION

To support women globally to create a life of purpose, live out their God-given vision, and fulfill their potential.

## STEPPING OUT WITH PURPOSE

It's time to do all that God has called you to do in the world!

## MAKE A BOLD MOVE AND STEP UP & STEP OUT OF YOUR COMFORT ZONE

It's time to do all that God has called you to do in the world!

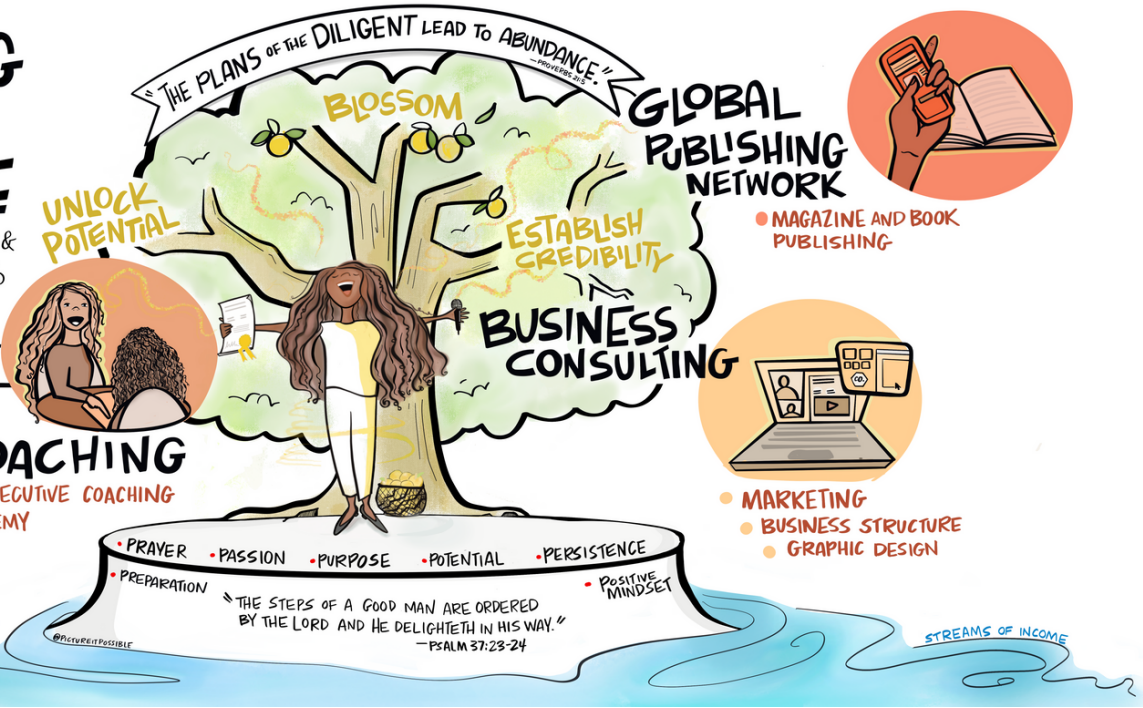


# STEPPING OUT WITH PURPOSE

## STEPPING OUT with PURPOSE

TO EMPOWER WOMEN IN LEADERSHIP & ENTREPRENEURSHIP, CREATE FINANCIAL FREEDOM AND A HEALTHY LIFESTYLE, AND LEAVE A LEGACY

A JOURNEY OF TRANSFORMATION



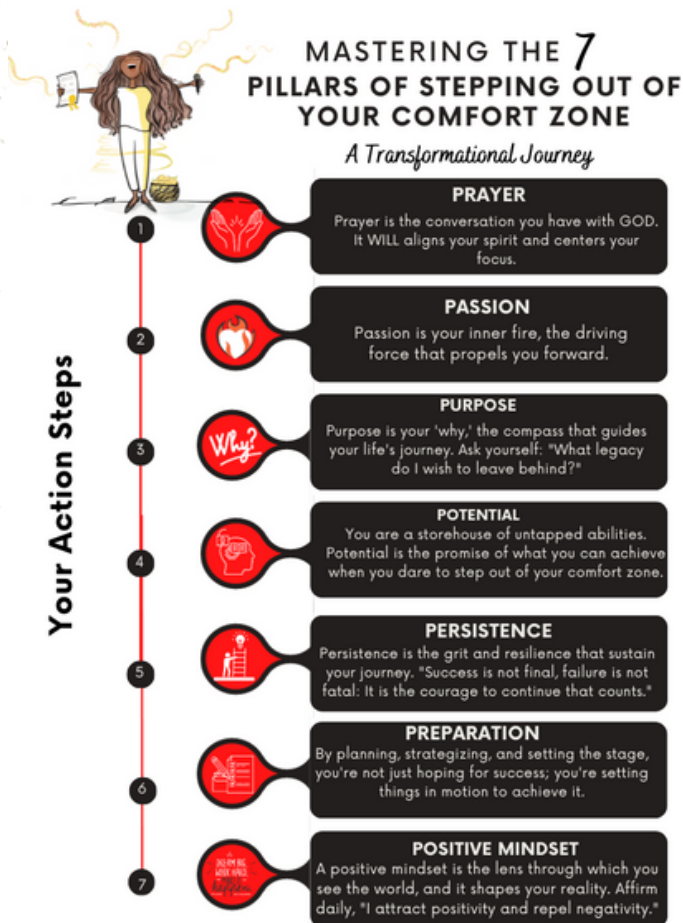
## IT'S YOUR TIME

## HERE'S THE KEY....

You must BELIEVE and have FAITH in what God has called you to do!

It's time to do all that God has called you to do in the world!

# STEPPING OUT WITH PURPOSE



As we embrace these seven pillars, let's remember: Transformation isn't an event; it's a process. And that process begins now, in this very moment.

*Dr. Valarie Williams Harris*



## MASTER THE 7 PILLARS OF STEPPING OUT OF YOUR COMFORT ZONE

*Seize the moment to fulfill the divine purpose that awaits you in this world!*

# What has been holding you back from your dreams?

I've heard things like.....  
I just feel stuck!

I AM AFRAID

I DON'T KNOW HOW TO GET STARTED

I FEEL TIME IS RUNNING OUT

FEAR OF FAILURE

FEAR OF SUCCESS

I DON'T HAVE TIME

## ASK YOURSELF.....

Would you like accountability for achieving your goals?

Are you ready to create the life you desire?

Are you ready to invest in yourself?

Are you ready to create financial freedom?

Are you ready to create a healthy lifestyle?

Are you ready to leave a legacy?

**DON'T ALLOW FEAR TO STOP YOUR DREAMS AND DESIRES  
WHAT IS FEAR? FEAR IS FALSE EVIDENCE APPEARING REAL**



## My Journey

I know what it feels like to experience the feeling of being:

- Unfulfilled
- Lacking self-confidence
- Feeling unworthy of my worth
- Feeling stuck, not knowing what to do or how to do it
- Afraid to step out of my comfort zone
- The fear that my ideas would be rejected
- Fear that I was not good enough



## THIS PROGRAM WORKS .....

If you implement what I share with you during any of my programs, you will have actionable strategies to move forward to unlock your hidden potential that will lead to increased income.





## What to do.....

*If you have experienced rejection and pain in your life that has caused you to struggle by feeling unfilled and not knowing how to step out of your comfort zone and if you say "Yes" to any of these statements, you need to enroll in one of the Stepping Up and Stepping Out Programs.*



1. *Are you looking for clear directions of where you want to go in your life?*
2. *Do you have the desire to feel fulfilled in your career or business?*
3. *Do you desire to have some excitement about what you are doing right now?*
4. *Do you struggle to find clarity in your business?*
5. *Do you have a difficult time stepping out of your comfort zone?*
6. *Do you have a hard time setting or fulfilling your goals?*



*Do You Want To Step Up and Step Out with Purpose?  
It Can Start Right Here!*

“

### *Testimonial*

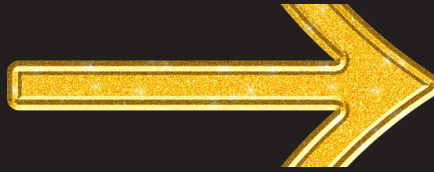
Dr. Harris' energy and enthusiasm made the webinar very enjoyable. She provided an environment where all attendees felt comfortable enough to share their thoughts. Her knowledge of the subject matter was very spot on and I like how she incorporated the video from Dr. Myles Munroe in order to provide even deeper insight into the subject matter. I am looking forward to attending more of her webinars and working with her.

~Marilyn S.~

# WHAT HAPPENS DURING THE PROCESS

## CLARITY

Shift your MINDSET and attitude about your purpose, self-confidence, and goal-setting strategies.



## CULTIVATE

Personalized your professional, personal, and business development.

## UNLOCK

YOUR  
HIDDEN  
POTENTIAL

## PRAYER

Explore Scripture References, Renew Your Mind Daily, Exercise Journaling Practices

## BELIEVE IN YOURSELF

Take the Brakes off Your Limitations by Stepping Out of Your Comfort Zone.

## STEPPING OUT FIVE-STEP FRAMEWORK

## IDENTIFY YOUR PURPOSE, PASSION AND POTENTIAL

Know Your WHY, WHO You Are, WHAT you are Called to DO

## GOAL SETTING

Develop three attainable SMART Goals

## MAKE A PLAN

Write a Plan of Action  
Explore Goals  
Vision Board



# *Stepping Out with Purpose Academy Offerings*

**Stepping Up & Stepping Out is an Empowerment Program for women leaders & entrepreneurs to take their businesses and careers to the next level with boldness, clarity & confidence.**

## *Signature Programs*

### *Stepping Up and Stepping Out 90 Day Program*

- *2-60 min coaching sessions monthly*
- *2 Followup/Accountability Zoom meetings/phone calls*
- *10 hours of text/email support*
- *Journal Activities*
- *Worksheets*
- *Action Plan, etc.*

### *Stepping Up and Stepping Out Academy 9 Months Program*

- *Life Empowerment Master Coaching Certification*
- *Book Collaboration*
- *Live Video Demonstrations*

### *Other Options*

*A Transformational Journey is Waiting On YOU*

- *Join our 12 Month Inner Circle*
- *Join our Book Collaboration/Magazine*



# Testimonials



“

I had the privilege to attend a Boot Camp offered called Unlocking Your Hidden Potential, which encouraged me to Step Up and Step Out of my comfort zone. I saw myself differently as the class was going on. It was amazing. I commended Dr. Val on how she could pull out of me what was inside of me to do. It was terrific, too, to witness how she dealt with each individual. By the time class was finished, I was energized and motivated to get up and move out of my comfort zone, to better my life situation, and do what the Lord has invested in me. To stop procrastinating and putting off, and moving too slowly. Not allowing what people may say or do to hinder me. It just made me more aware of myself. It was just what I needed to encourage me to move forward, motivated and excited in the process.

~Dr. Glory M.~



“

The boot camp held in November was an eye-opener for me. I enjoyed the conversations with the other ladies. Knowing that I am not the only one who has doubts about their leadership qualities and purpose eased my mind. The boot camp asked very specific questions to help one determine their purpose. One point that stuck out to me was the idea of writing your vision and purposes down and or creating a vision board.

Thank you, Dr. Harris, for all the time and effort you poured into this boot camp.

~Belinda R.~





# Testimonials



“

Dr. Val was absolutely AMAZING!! Since taking her webinar “Unlocking Your Hidden Potential” I’ve been seriously thinking about what’s really holding me back and I realize that it is me. I appreciated the reference to scriptures, her ability to be transparent with her own journey, and her overall enthusiasm to see others thrive. This woman obviously knows her stuff and truly is walking IN purpose and ON purpose through the services she provides.

Felicia T.

“

I recently attended Dr. Val's boot camp, “Unlocking Your Potential.” I gained a lot of insight from her boot camp. She guided us through several exercises to clarify the purpose of our lives. She helped us identify our obstacles to leading purpose-driven lives. I had a breakthrough during the boot camp. I discovered I was undervaluing my gifts, talents, and leadership skills. I realized that my self-limiting beliefs were the reason for my self-doubts. In another assessment, I discovered I was neglecting some areas of life (such as self-care and leisure activities).

~Irene G.~



**ITS TIME TO USE YOUR CREATIVE IMAGINATION**

**Now is the time!**

*Let's work*  
**TOGETHER**  
**YOUR CAN DO THIS**

**Psalm 37:23**

**The LORD makes firm the steps of the one who  
delights in him;**

**STEPPING** OUT WITH TALKTIMEVAL

**WORK WITH ME**

## CONTACT INFORMATION



**SCAN THIS BAR  
CODE TO SCHEDULE  
A CONSULTATION**

*I LOOK FORWARD TO  
HEARING FROM YOU*





# Are You Ready to Invest in Yourself!



## OUR COMPANY SERVICES

### LEADERSHIP DEVELOPMENT SERVICES

**COACHING & CONSULTING** to build and grow your leadership skills. Give advice, guidance, and support in strategy development, finance, marketing, resources, and technology. Other services include training programs, workshops, one-on-one/group coaching, and assessments to identify strengths in areas for improvement.



### COACHING SERVICES

**CLARITY** with a changed MINDSET about your purpose, self-confidence, and goal-setting strategies.



### BOOK PUBLISHING

**Create** and publish books and book collaboration, including manuscript development, editing, design, printing, and distribution.



### CONSULTING SERVICES

**CULTIVATE** personalized professional and personal development, organizational structure, culture, and strategy to improve overall leadership effectiveness.



### MEDIA SERVICES

Providing training on live Video streaming, utilizing various media platforms, and technology training.



*ALL RIGHT, IT'S TIME TO.....*

---

## **SET SOME SMART GOAL**

S- BE SPECIFIC

M- MEASURABLE

A- ATTAINABLE

R- REALISTIC

T- TIME BOUND

*WE WANT TO WELCOME YOU TO JOIN  
ANY OF OUR PROGRAMS!*