## SAA Junior Olympic Program Rules for Safety and Courtesy

Bows and arrows are weapons and must be handled very carefully. Safety rules are strict. To participate in JOP all archers, coaches, parents and spectators must follow the rules.

**NEVER** point your bow and arrow at a person. Only aim at a target.

**NEVER** carry a bow with an arrow in place. **Do not** put an arrow in your bow until you have checked that there is no one between you and the targets.

**NEVER** shoot your bow if there is someone standing in an area in front of you (even if you have an ALL CLEAR signal).

**NEVER** dry fire a bow or shoot a damaged arrow.

**NEVER** stand in an area in front of an archer shooting a bow.

**NEVER** run to the targets. **NEVER** run with an arrow in your hand.

Only shooters and coaches are allowed on the line (during competitions coaches are not allowed on the line). You must stay behind the shooting line when you are not shooting. Parents and spectators must also stay behind your club's designated safety line.

**Do not get your arrows** until everyone is done shooting. If you are shooting with a timer or lights wait for the ALL CLEAR signal.

**Do not talk on the line** to other archers or to yourself (and yes, this includes the groans and big sighs you make after a bad shot). On the line be careful to **keep your arrows and bow close** to you so you don't bump another archer.

**Before you leave the line -** when you are finished shooting your last arrow stay in your stance until you have checked the archer in front and behind you. If there is an archer at full draw wait quietly until they have finished their shot and then leave the line.

**Before you pull your arrows** from the target check that the area behind you is clear. Keep one hand on the target if you can. Carry your arrows safely.

Do not touch or handle another archer's bow or arrows without asking permission.

**NOTE TO PARENTS:** Only coaches are allowed at the line while the youth are shooting. Ask permission from coaches if you want to go to the target with your child. Coaches may ask for help with supervision, timing, scoring, etc. and your participation will be appreciated. If your child has special needs let the coaches know.