

ALONE AT HOME PET SERVICES

WHERE DROOL IS COOL!

March 2024

HOW TO KNOW IF YOUR DOG TRUSTS YOU



Without trust, there is no true relationship.
This is true among humans and the dogs who share our lives.
So what are the signs your dog trusts you?

The Signs Your Dog Really Trusts You

- >> **They Sleep with You.** Dogs only sleep where they feel safe and trusted especially if they roll onto their back!
- >> **They Give You Eye Contact.** When your dog gives you direct eye contact that means they trust you and are bonding with you.
- >> **They Learn and Follow Your Routine.** They understand and follow your routine of feeding them, walking them and going to bed with them.
- >> **They Choose YOU!** When your dog chooses YOU even when there are other people, pets or distractions, that's trust!
- >> **They Communicate through Body Language.** When you appropriately respond to their body language, whether they lean in or away, it strengthens the trust between you.

Trust: The 3-3-3 Rule

When you first adopt or rescue a puppy or adult dog, give them plenty of time and space to acclimate to their new home, people and environment using the 3-3-3 rule below.

- >> **First 3 Days:** your puppy/dog will feel overwhelmed and nervous.
- >> **First 3 Weeks:** your puppy/dog will begin settling in.
- >> **First 3 Months:** your puppy/dog will learn to trust and bond with you.

During this time, offer your dog plenty of patience and space.
NEVER FORCE THEM to do or learn anything. By taking the time and patience to carefully lay this foundation, it will serve you and your dog for the rest of their lives **so never rush it!**

UNUSUAL FACTS ABOUT THE DOGS WE LOVE



Some dogs and breeds are smarter than others.
But how smart is your dog?

According to [LiveScience.com](https://www.livescience.com),
"the average dog has the mental abilities of a 2-year-old child."

A typical dog and a 2-year-old child understand approximately
165 words (including signals and gestures).
Dogs in the top 20% of K9 intelligence can learn **250 words!**

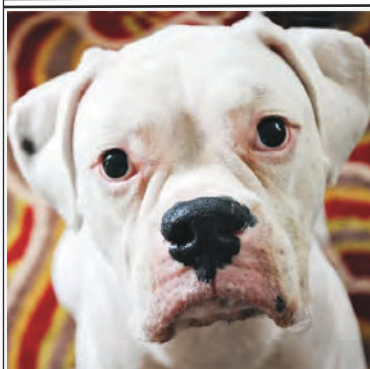
According to Stanley Coren, a canine expert, places the **Border Collie**, **Poodle** and **German Shepherd** (in that order) among the most intelligent dog breeds!

[Click Here for 13 Simple Ways to Tell if Your Dog is Smart!](#)

Alone at Home Pet Services

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Disclaimer: This information does not constitute professional veterinary advice. **Always** work with your regular licensed vet when it comes to **your** dog and their specific medical history, overall condition, age and breed.



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Certified Veterinary Technician & Certified Professional Pet Sitter

NATIONAL K9 VETERANS DAY HISTORY

National K9 Veterans Day is celebrated on March 13th, the official birthday of the US Army K9 Corps in 1942. Joseph White, a retired military working dog trainer, originated the idea for the day.

MARCH 13: THANK A K9 VETERAN!

HOW TO OBSERVE NATIONAL K9 VETERANS DAY

- ★ **VOLUNTEER/SUPPORT K9 VETERAN'S ORGANIZATIONS.**
- ★ **RECOGNIZE AND CELEBRATE A K9 VETERAN.**
- ★ **USE #NATIONALK9VETERANSDAY TO POST ON SOCIAL MEDIA.**
- ★ **ATTEND A CEREMONY HONORING MILITARY AND OTHER WORKING DOGS ACROSS THE COUNTRY.**
- ★ **LEARN MORE ABOUT THEIR SERVICE, HISTORY AND SPECIALIZED TRAINING.**

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COOL STUFF FOR THE DOG LOVER BANISH DOG BOREDOM WITH THIS DOG PUZZLE TOY!

Interactive and engaging dog puzzles can help reduce your dog's boredom (and potentially destructive behaviors), stimulate and exercise their mental abilities, relieve stress and anxiety and create a happy, tired dog!

Meet Kubatis, a company dedicated to **making life more fun for your pet!** Offering a variety of puzzle and interactive toys for small, medium and large dogs, their food-dispensing toys promise engaging fun for pups of all ages!

The Dog Puzzle Toy pictured to the right offers a **slow feeder** for meal time, **6 flip-type lids** where treats are dispensed from the transparent top when your dog presses it down **plus 2 sliding lids** to reward your dog!

The puzzle feeder is made from food-grade heavy-duty material to stand up to daily use and chewing. The bottom non-slip pad also ensures the puzzle stays in place when your dog plays with it. In addition, it's easy to clean by hand.

CHECK OUT THE KUBATIS DOG INTERACTIVE TOYS ON AMAZON TODAY!



The Kubatis Dog Puzzle Toy



**INJURED DOG?
KNOW HOW TO
BE SAFE FIRST!**

Your dog has been injured; do you know what to do to protect yourself? It may seem like a good idea to hug and comfort your hurt dog. But even the gentlest of dogs can become unpredictable when hurt, afraid or confused. So avoid hugging your dog. Also, keep your face away from your dog's mouth and apply a muzzle if your dog seems like they want to bite. (Source: [AVMA.org](https://www.avma.org))



What could be better than easy-to-make AND healthy dog treats?!

Check out this recipe from [DamnDelicious.net](https://damndelicious.net) for your furry best friend! Not only are they easy to mix up, but they are also packed FULL of healthy, nutritious ingredients!

Preheat your oven to 350 degrees F. Line a baking sheet with parchment paper (or a silicone baking mat) and set aside.

1 cup pumpkin puree
¼ cup peanut butter (**xylitol-free** only!)
2 large eggs
½ cup old-fashioned oats
3 cups whole wheat flour (or more, as needed)
1 carrot, peeled and shredded
1 zucchini, shredded
1 cup baby spinach, chopped

Using an electric mixer, with a paddle attachment, beat pumpkin puree, peanut butter and eggs on medium-high until well combined, about 1-2 minutes.

Gradually add the oats and 2-1/2 cups flour at low speed, beating just until incorporated. Add a 1/4 cup flour at a time until the dough is no longer sticky. Add carrot, zucchini and spinach, beating just until incorporated.

Working on a lightly floured surface, knead the dough 3-4 times until it comes together. Using a rolling pin, roll the dough to 1/4-inch thickness. Using cookie cutters, cut out desired shapes and place them onto the prepared baking sheet.

Place in the oven and bake until the edges are golden brown, about 20-25 minutes. (**Baking times** will vary depending on the size and thickness of your treats; the same for **serving size**.) Let cool completely before feeding to your dog.

Disclaimer: This information does not constitute professional veterinary advice. **Always** work with your regular licensed vet when it comes to **your dog** and their specific medical history, overall condition, age and breed.



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Certified Veterinary Technician & Certified Professional Pet Sitter