



Supporting
Team Excellence
with Patients
SOCIETY



Orchard's Walk
MEDICAL CLINIC

April 24, 2023

Dear Patient,

It has been a pleasure to serve you as your family physician over the last six years. Recently, my circumstances have changed, and I will be relocating to be close to my family this summer. It is with great sadness that I must provide this notice and release you as a patient on July 31, 2023.

You will be able to continue to book appointments until **July 31, 2023**. This was not an easy decision. Unfortunately, STEPS does not have any physician or NP capacity to take on any more patients at this time. If STEPS can recruit a family physician to take you on as a patient in the future, STEPS will be in contact with you directly. Your chart will remain with STEPS and is available for transfer to a new provider if you secure one.

We recommend calling 811 Health link BC to add your name to the waitlist for a family physician or nurse practitioner. Please also see the attached list of options for you to access care following July 31, 2023.

Also, STEPS is a not-for-profit society with a volunteer Board of Directors trying to make a positive difference in our community for us all. We will continue to advocate and make a positive difference for a better health care system for our region. If you have any recommendations for the STEPS team to consider or share, please go to our website "stepshealth.ca" and send STEPS a message through our "Contact the CEO or Board" webpage.

Sincerely,

A handwritten signature in black ink, appearing to read "Laila", written over a horizontal line. The signature is fluid and cursive.

Dr. Laila Ayoub, Family Physician

Kamloops Walk In Clinics & Virtual Appointments Kinetic Energy Medical Clinic

<https://www.kamloopskineticenergy.com>

207-450 Lansdowne Street
Mon-Fri 8am – 3pm
250-828-6637 (call clinic starting @ 7am and leave message to book)

Kamloops Urgent Primary Care and Learning Centre

<https://www.interiorhealth.ca/locations>

Royal Inland Hospital 311 Columbia Street
Must Call to Book Appointment 250-314-2256 (starting at 10am) - No Walk Ins

Kipp-Mallery Landmark (Pharmacy Telemedicine)

<https://kippmallery.ca/imedicine>

Walk-ins are welcome or you can book an appointment that fits your schedule. For any questions regarding iMedicine or to book an appointment call 236-425-0025.

207-755 McGill Road
Hours: Monday - Friday 9am - Noon

iMedicine Clinic @ Kleo's Pharmacy

<https://medimap.ca/Clinics/Walk-In-Clinics/BC/Kamloops/iMedicine-Clinic-at-Kleos-Pharmacy>

90B - 1967 Trans Canada Hwy E
Hours: Mon, Tues, Wed, Fri 9am - 4pm and Thursday 9am - Noon 778-765-1444

Virtual Clinic

<https://eqvirtual.com>

1-888-547-5575



Telus Health MyCare

<https://www.telus.com/en/personal-health/my-care>

– download the app to see a doctor virtually.

STEPS Women's and Sexual Health Services

Stepshealth.ca

For Contraceptive Options including PAPS, IUDs, and Implants. STI Testing

778-362-1582