



Painting by Katerina Mertikas

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SBC Newsletter

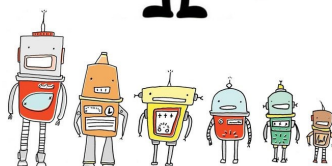
Monthly Themes

April- Hockey
May - Earth and Spring
June- Technology

Agency Closure

Victoria Day: Monday, May 21

Please remember to make the appropriate changes with your transportation bookings for this closure.



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Spring and Summer Activity Outings

We want everyone to enjoy the beautiful weather that accompanies the warmer months of the year. Springboard Centre has some necessary precautions in place to ensure our Clients' safety.

1. If the outdoor temperature is +27 degrees Celsius or higher, the planned activity outing will be relocated to an indoor venue.
2. To attend outings at parks and other outdoor venues, Clients must wear sunscreen. Sunscreen can be sent to Springboard Centre and kept on location for the season. Springboard Centre recommends a water resistant, broad-spectrum protection sun screen with a SPF of 30 or higher. **If a Client does not have sunscreen, they will not be participating in outdoor activities. In-house activities will be offered instead.**
3. Other recommended items that Clients can bring to help beat the heat and pests of summer are sunhats, sunglasses, water bottles and insect repellent.





Welcome Note from the Board Chair

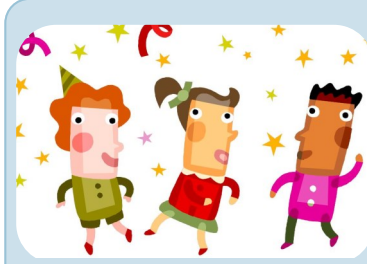
As Chairperson of the Board of Directors of Springboard Centre for Adults with Disabilities, it is my pleasure to announce that effective April 18, 2018, Kathryn Melrose will become the Chief Executive Officer of this organization.

Kathryn has extensive experience in the non-profit sector and will be a great addition to Springboard Centre.

On behalf of the Board of Directors and myself, I again wish Ann Sims, the retiring CEO all the best in the future and thank her for 12 years of exceptional service to Springboard Centre.

Yours truly,

*J.W. Blair
(signed)
Chair, Springboard Centre*



SBC Staff Anniversaries

- | | | | |
|------------|---------|------------|----------|
| • Mandy | 1 year | • Diane | 6 years |
| • Jasmeen | 1 year | • Jennifer | 6 years |
| • Martee | 2 years | • Marites | 7 years |
| • Anesie | 2 years | • Jonas | 8 years |
| • Ismatu | 3 years | • Chalene | 10 years |
| • Martin R | 4 years | • Edina | 12 years |
| • Coco | 5 years | • Ron | 23years |

What's new at SBC

The new Spring and Summer Activity Schedule will begin on Monday, May 7th. Clients of Springboard have had the opportunity to build their own individual schedules by choosing their preferred activities. Clients will have opportunities to work on their goals through their activities.

Individual client schedules will be sent out in mid April. If you have any questions about the upcoming Spring and Summer Activity schedule or an individual's schedule, please contact Springboard Centre.

Reminder

Everyone loves a holiday! Please let SBC know of any upcoming spring or summer absences. Refer to the Policy Statement on page 3 for info on extended absences.



Around Town

- **Calgary Comic and Entertainment Expo**, April 26—29 at BMO Centre. A pop culture paradise, this event is packed with actors, writers, artists, panel discussions, vendors, entertainment and activities. More information can be found at www.calgaryexpo.com
- **DogFest Spring Fling 2018**, Saturday, May 12 from 10am to 4pm at Triwood Arena 2244 Chicoutimi Dr NW, free admission. There will be a fun indoor and outdoor doggy event that includes professional portraits (additional cost), prizes and raffle items and center stage with fun activities like: Pooch and their People Look-alike, Doggy Fashion Show, Pet First Aid, Ask-A-Trainer and Ask-A-Vet.
- **Largest YMCA in the World** - The Shane Homes YMCA at Rocky Ridge boasts typical health and fitness offerings like pools, ice rinks, gymnasiums, running track, climbing wall, and exciting extras including a 250-seat theatre, art-making spaces and even an express library. This is located at 11300 Rocky Ridge Rd NW Calgary and is open Monday to Friday from 5:30am - 10:30pm, Weekends and Holidays from 7am - 8:30pm.

POLICY STATEMENT

Client Services—CS0009

Effective Date: September 22, 2009

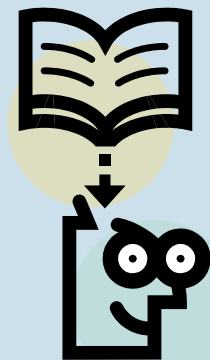
Replaces: Policy 2.10

Rationale:

The Society recognizes that everybody has the right to take time off for personal reasons.

Policy Statement:

Clients who plan to be absent from Springboard Centre programs for a period in excess of one (1) month should provide written notice indicating anticipated date of return. Any leaves extending past a one month period may affect the individual's funding by Persons with Developmental Disabilities.





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WE'RE ON THE WEB!
WWW.SPRINGBOARDCENTRE.CA

SBC's Board of Directors

Bill Blair

Carol Allan

Donna Crawford

Nathan Graham

Martin Hoornaert

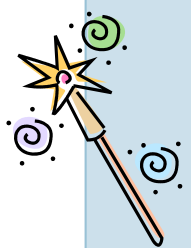
Christopher Rappel

George Roberts

Roxy Schmidt

Ken Taub

Gord Hoffman



Did You know that SBC is a charitable organization? If you or anyone you know wishes to make a donation, please contact us at 403-248-7071.

The Springboard Board Centre (SBC) for Adults with Disabilities is a program designed for individuals with moderate to severe developmental disabilities. SBC offers our clientele the opportunity to develop confidence in their skills, participate in meaningful activities, and have the opportunity to become an inclusive member of their community. SBC utilizes community facilities and services readily available to the public to assist our clients in developing community awareness, life skills and personal interests.

Mission Statement:

SBC will assist adults with developmental disabilities to achieve meaning in their lives.

Vision Statement:

Springboard Centre is committed to assisting the individuals we serve in achieving community integration to the fullest extent of their interests and abilities.

Donations:

The Government of Alberta, through Persons with Developmental Disabilities as part of the Ministry of Human Services, provides the majority of our funding. Our organization is also dependent on fundraising to ensure that we offer quality programs in a safe environment. There are many ways that you can easily contribute. Here are some of them:

One Time Donation

This can be done by either mailing a cheque or on our website at www.springboardcentre.ca through CanadaHelps.org

Monthly Giving

This can be done by either mailing post dated cheques or on our website through CanadaHelps.org where you can set up a donation plan.

Vehicle Donations

Springboard Centre is part of Donate-A-Car Canada. Every vehicle donated gives you a charitable receipt, with the proceeds going to Springboard Centre.

Planned Giving and Donating Securities

Endowments, charitable trusts, life insurance, stocks, bonds, and mutual funds are other ways that donations can occur. Please see our website for more information .