



# Montgomery Cardiology

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## Nuclear Stress Test

### Fasting

- No Food 4 hours** prior to test  
 **No Food 2 hours** prior to test (diabetics)

### Caffeine

**Absolutely NO CAFFEINE for 24 hours prior to test!**  
(This means NO coffee, tea, chai, soda, chocolate, Excedrin)

### Medications

**If you take a beta blocker, DO NOT take it the evening before or the day of your test**  
(Bring it with you to the appointment)

If you take nitroglycerin or wear a nitroglycerin patch, do not take the medication or wear the patch on the day of your test, but please bring it with you to the appointment

### Additional

**This is a 4-to-5 hour test**  
Wear comfortable exercise clothes & sneakers

Your test is scheduled for \_\_\_\_ / \_\_\_\_ / \_\_\_\_ at \_\_\_\_

**There will be a \$200.00 fee for appointments that are canceled or rescheduled without 24-hour notice. Additionally, this fee applies to no-shows. This fee will not be waived.**

Tests scheduled for Monday must be canceled or rescheduled by the preceding Friday by 11:00 AM, or the \$200.00 cancellation fee will apply. This fee will not be waived.

**Failure to follow these pre-test instructions will result in a \$200 fee and having to reschedule the test. This fee will not be waived.**

By signing below, you acknowledge that you understand these instructions, including the cancellation, reschedule, and no-show policy outlined above, and the applicable fees.

Print Patient Name \_\_\_\_\_

Patient Signature \_\_\_\_\_

Date \_\_\_\_\_