

Carol Brill Counseling, LLC

Specializing in Teen Counseling & Educational Services

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Services for Teens:

Executive Function Skills (ADD/HD, Autism, Services Placement, Possible Insurance Coverage)

1. Impulse Control
2. Shifting Focus and Attention/problem solving
3. Emotional Control
4. Self-monitoring and Awareness of Social Behavior
5. Initiation of tasks, activity and ideas
6. Working Memory and completion of tasks
7. Planning and Organizing in a systematic manner; understanding main ideas and steps, anticipating changes and future events; setting realistic goals
8. Task Monitoring and performance assessment within goals
9. Organization of Materials in workspace, home and school
10. Screening and Detailed Assessment, **BRIEF2** by PAR, with parent, teacher and self-report forms for medical and school coordination (with or without medication)

Special Needs for High School and College Transition Services:

Facilitation/Advocacy of/for services needed to be successful – Special Education, 504, Disability Services in College, Louisiana Rehabilitation Services, Testing Accommodations, IEP and SBLC Meeting Support for Parents

General Educational Services (Not Covered by Insurance):

1. Personality and Communication Styles and Application
2. Learning Styles Inventory
3. Screen for Foundational Academic Concerns and Evaluation Referral
4. Detailed Study Skills Inventory, Strategies and Monitoring of Outcomes
5. Organization – Personal & School
6. Time Management & Scheduling
7. Activities and Social Interaction – Leadership, Teamwork and College Readiness
8. Class Scheduling for Appropriate College Track
9. Comprehensive College Planning
10. Detailed Career Assessment with Applicable Resources, **Holland Self-Directed Search** by PARiConnect

Note:

With certain diagnoses your insurance should pay, depending on coverage, treatment, and deductible (SuperBill provided)

In-Network with BCBS of LA – Out-of-Network with other providers (payment assigned to parent after full month)

Monthly Fee due at first of month or 4-week period

I can diagnose with appropriate assessment, but I prefer a medical diagnosis for ADD/HD and SMI

Detailed Assessments may require an additional fee and/or session. Formal appraisal is not connected to regular services.

There is no “quick fix” where your teen is concerned. A minimum of six months is strongly suggested for optimal results.

Extra - Focus Group 😊 to learn effective social skills and deal with common adolescent issues (family, independence vs isolation, bullying, frustration and anger, anxiety, coping techniques, mindfulness, relaxation, friends and peer relationships, goal setting, effective communication, outside activities, managing distractions, failure, the future, college expectations and realistic personal assets, fears and temptations, building a personal support system, honesty, respect, careers, helping others) No cost for those on a monthly (\$500 - \$800) contract covering 6 months; \$200/month for others – participants must have minimal individual services and be appropriate for group – as decided by the facilitator.